



THE LAST MINUTE SPRINT TRIATHLON 2010 - ENTRY FORM

INDIVIDUAL & TEAM EVENT
SUNDAY 19TH SEPTEMBER 2010
SOUTHWELL LEISURE CENTRE, NOTTINGHAM
400 METRE POOL SWIM - 19.3KM CYCLE - 5KM RUN

PLEASE COMPLETE THIS ENTRY FORM NEATLY IN BOLD CAPITALS

EVENT DETAILS

NAME SURNAME

DATE OF BIRTH AGE

GENDER MALE FEMALE (PLEASE DELETE)

ARE YOU A MEMBER OF THE BRITISH TRIATHLON? YES / NO. IF YES BRITISH TRIATHLON NO.:

ORGANISATION/CLUB:

IF ENTERING A TEAM PLEASE COMPLETE TEAM NAME:

T-SHIRT SIZE: SMALL MEDIUM LARGE EXTRA LARGE (PLEASE CIRCLE)

WILL THIS BE YOUR FIRST TRIATHLON?

ADDRESS

POSTCODE

EMAIL TELEPHONE

APPROX. 400 METRE SWIM TIME:..... (MINS) (SECS - REQUIRED TO ENABLE US TO SEED YOUR START TIME)

HOW DID YOU HEAR ABOUT THIS EVENT?

DO YOU HAVE ANY MEDICAL CONDITIONS OR DISABILITIES?

EMERGENCY NAME & CONTACT DETAILS:

ENTRY FEES - PLEASE TICK

- TEAM ENTRY = £42.00 PER TEAM + BRITISH TRIATHLON DAY LICENCES @ £5 PER NON BRITISH TRIATHLON MEMBER
- I AM NOT A MEMBER OF BRITISH TRIATHLON & REQUIRE A BRITISH TRIATHLON DAY MEMBERSHIP = £37.00
- I AM A MEMBER OF BRITISH TRIATHLON = £32.00
- I AM ENTERING AFTER SEPTEMBER 9TH & HAVE ADDED £5.00 LATE ENTRY FEE

I (on behalf of the above team) declare that I/we will abide by the rules of BRITISH TRIATHLON and accept that One Step Beyond Promotions and their friends and associates are not liable for any loss, damage claim or expense which may arise in consequence of my participation in the event, no matter how caused. All athletes must obey the Highway Code. I have read & agree to abide to the **Terms & Conditions of Entry**.

(Please tick the box if you would prefer us not to share your details with our industry related product and service partners)

Signed:

Date:

Please make cheques payable to: **One Step Beyond Promotions Ltd**

Send completed entry form & cheque to:

The Esendex Last Minute Sprint Triathlon, One Step Beyond Promotions Ltd

White House Farm, Maltkiln Road, Fenton, Lincs. LN1 2EW

Tel/Fax . 01427 71 8888 Email lastminute@onestepbeyond.org.uk

*NB. Only the first 600 complete entries received are guaranteed a place in the event

DATE RECEIVED	SAE'S	£	SIGNED	NOTES