



SOUTHWELL SPRINT TRIATHLON 2010 - ENTRY FORM

INDIVIDUAL & TEAM EVENT

MIDLANDS SPRINT SERIES - RACE NO. 2

SUNDAY 30TH MAY 2010

SOUTHWELL LEISURE CENTRE, NOTTINGHAM

400 METRE POOL SWIM - 19.3KM CYCLE - 5KM RUN

PLEASE COMPLETE THIS ENTRY FORM NEATLY IN BOLD CAPITALS

EVENT DETAILS

NAME SURNAME
DATE OF BIRTH AGE
GENDER MALE FEMALE (PLEASE DELETE)
ARE YOU A MEMBER OF THE BRITISH TRIATHLON? YES / NO. IF YES BRITISH TRIATHLON NO.:
ORGANISATION/CLUB:
IF ENTERING A TEAM PLEASE COMPLETE TEAM NAME:
T-SHIRT SIZE: SMALL MEDIUM LARGE EXTRA LARGE (PLEASE CIRCLE)
WILL THIS BE YOUR FIRST TRIATHLON?
ADDRESS
POSTCODE
EMAIL TELEPHONE
APPROX. 400 METRE SWIM TIME:..... (MINS) (SECS - REQUIRED TO ENABLE US TO SEED YOUR START TIME)
HOW DID YOU HEAR ABOUT THIS EVENT?
DO YOU HAVE ANY MEDICAL CONDITIONS OR DISABILITIES?
EMERGENCY NAME & CONTACT DETAILS:

ENTRY FEES - PLEASE TICK

- TEAM ENTRY = £42.00 PER TEAM + BRITISH TRIATHLON DAY LICENCES @ £5.00 PER NON BRITISH TRIATHLON MEMBER
 I AM NOT A MEMBER OF BRITISH TRIATHLON & REQUIRE A BRITISH TRIATHLON DAY LICENCE = £37.00
 I AM A MEMBER OF BRITISH TRIATHLON = £32.00
 I AM ENTERING AFTER MAY 20TH & HAVE ADDED £5.00 LATE ENTRY FEE

FREE TRAINING DAYS - PLEASE TICK

- Qualified Triathlon Coaches are providing a ****FREE**** training session on the 2nd May for novices at Southwell Leisure Centre in the run up to the Southwell Triathlon. (Please tick if you would like further details)

I (on behalf of the above team) declare that I/we will abide by the rules of BRITISH TRIATHLON and accept that One Step Beyond Promotions and their friends and associates are not liable for any loss, damage claim or expense which may arise in consequence of my participation in the event, no matter how caused. All athletes must obey the Highway Code. I have read & agree to abide to the **Terms & Conditions of Entry**. (Please tick the box if you would prefer us not to share your details with our industry related product and service partners)

Signed:

Date:

Please make cheques payable to: **One Step Beyond Promotions Ltd**

Send completed entry form & cheque to:

Southwell Triathlon, One Step Beyond Promotions Ltd - White House Farm, Maltkiln Road, Fenton, Lincs. LN1 2EW

Tel: 01427 71 88 88 Email southwell@onestepbeyond.org.uk

*NB. Only the first 500 complete entries received are guaranteed a place in the event

DATE RECEIVED	SAE'S	£	SIGNED	NOTES