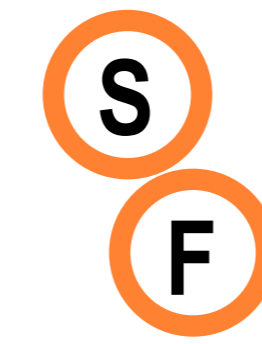


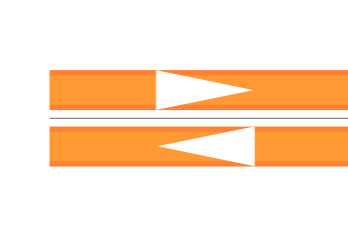
OUTLAW TRIATHLON

NOTTINGHAM, UK 26.2M RUN COURSE

MAP KEY



START AND FINISH MARKERS



RUN COURSE WITH DIRECTION ARROWS



LAKE TO RIVER



LIVE BAND



RUN START

RUN FINISH

RUN TURN

COURSE DIRECTIONS

LOOP ONE - 10.7 MILES

ANTI-CLOCKWISE CIRCUIT OF LAKE EXITING ONTO TRAIL PATH, OUT AND BACK BETWEEN HOLME PIERREPONT REGATTA LAKE AND THE COUNTY HALL FOLLOWED BY A COMPLETE CLOCKWISE CIRCUIT OF LAKE.

LOOP TWO - 7.9 MILES

OUT AND BACK BETWEEN HOLME PIERREPONT REGATTA LAKE AND THE COUNTY HALL, THEN COMPLETE CLOCKWISE CIRCUIT OF LAKE.

LOOP THREE - 7.6 MILES

OUT AND BACK BETWEEN HOLME PIERREPONT REGATTA LAKE AND THE COUNTY HALL FOLLOWED BY A THREE QUARTER CLOCKWISE CIRCUIT OF LAKE FINISHING IN FRONT OF GRANDSTAND.

INTERACTIVE RUN MAP COMING SOON