

GEEST SPALDING SPRINT TRIATHLON

POS.	NAME	SURNAME	CAT	SEX	CLUB	SWIM		BIKE		RUN		FINISH
1	CARL	PHILLIPS	20-29	M	TFN	0:05:45	1	0:32:36	3	0:15:52	1	0:54:13
2	MARK	REDWOOD	30-39	M	TFN	0:06:00	4	0:31:20	2	0:17:07	4	0:54:27
3	MATHEW	STEPHENSON	30-39	M	RAF TRI	0:06:33	10	0:32:36	4	0:17:11	5	0:56:20
4	MATT	HAMMERTON	20-29	M	SBR	0:06:48	19	0:33:42	9	0:16:41	3	0:57:11
5	DAN	STAITE	30-39	M		0:09:29	114	0:30:56	1	0:17:33	10	0:57:58
6	CHRISTINE	PAYNE	TEAM		TEAM WONKYSTUFF.COM	0:07:50	43	0:33:19	6	0:17:25	8	0:58:34
7	STEVE	KAYE	40-49	M	PACTRAC	0:07:14	31	0:33:19	5	0:18:15	19	0:58:48
8	MARK	POWELL	20-29	M		0:06:45	17	0:36:08	28	0:16:06	2	0:58:59
9	SARAH	LOUTH	TEAM		GIBBINS CYLCE AND SPORTS	0:08:19	62	0:33:41	8	0:17:20	6	0:59:20
10	MITCH	POULTON	20-29	M		0:05:50	3	0:35:16	20	0:18:15	20	0:59:21
11	ROD	LEIGH	30-39	M	1485 TRI	0:07:20	32	0:34:04	11	0:18:16	21	0:59:40
12	PHIL	WESTMORLAND	20-29	M	SBR	0:06:39	14	0:34:28	13	0:18:46	24	0:59:53
13	PAUL	KING	U20	M		0:07:45	40	0:34:11	12	0:18:21	22	1:00:17
14	JAMES	McMAHON	20-29	M	SBR	0:06:39	12	0:34:51	16	0:19:03	27	1:00:33
15	MALCOLM	JOHNSON	30-39	M		0:06:21	8	0:36:25	31	0:17:47	13	1:00:33
16	ALAN	SEAMER	40-49	M	DERBY TRI	0:08:33	70	0:35:03	17	0:17:25	7	1:01:01
17	ROB	HIPKIN	40-49	M		0:07:07	28	0:36:01	27	0:18:14	17	1:01:22
18	CHRIS	McMAHON	U20	M	LOUGHBOROUGH STUD	0:06:37	11	0:35:28	21	0:19:21	32	1:01:26
19	THOMAS	CURTIS	U20	M	LOUGHBOROUGH STUD	0:06:39	13	0:36:27	32	0:18:29	23	1:01:35
20	MELANIE	HAYWARD	30-39	F	BARRACUDA	0:08:10	53	0:35:59	25	0:17:48	14	1:01:57
21	WILLIAM	KAYE	30-39	M		0:07:49	42	0:36:27	33	0:17:43	11	1:01:59
22	JULIAN	LEWIS	30-39	M	SHEFFIELD TRI	0:07:03	26	0:36:11	30	0:18:55	26	1:02:09
23	SIMON	COOKE	40-49	M	TRI ANGLIA	0:08:16	59	0:34:04	10	0:20:03	54	1:02:23
24	ANDREW	SHAW	20-29	M	ADWICK TRI	0:06:54	24	0:34:37	14	0:21:00	79	1:02:31
25	MARK	NEWNHAM	30-39	M	TRI ANGLIA	0:06:58	25	0:35:31	22	0:20:02	53	1:02:31
26	SIMON	FANOUS	U20	M		0:06:18	6	0:35:07	18	0:17:31	9	1:02:56
27	ADAM	ELLIS	30-39	M	SPALDING CC	0:09:15	102	0:33:41	7	0:20:30	67	1:03:26
28	CLIFFORD	HOGG	40-49	M		0:08:12	57	0:35:09	19	0:20:07	55	1:03:28
29	CHRIS	JORDAN	50-59	M	PACTRAC	0:07:09	29	0:35:42	24	0:20:39	70	1:03:30
30	PAUL	BATTERBURY	40-49	M	WORKSOP COLLAGE	0:06:46	18	0:37:14	44	0:19:43	41	1:03:43
31	NICK	GRIMER	30-39	M	NENE VALLEY H	0:08:15	58	0:37:26	51	0:18:08	15	1:03:49
32	PAUL	BENSTEAD	30-39	M	ADWICK TRI	0:07:05	27	0:37:13	43	0:19:34	36	1:03:52
33	RICHARD	DRAYTON	20-29	M		0:07:39	39	0:37:20	47	0:19:20	31	1:04:19
34	STEVE	SAUNDERS	40-49	M	NEWARK TRI	0:08:50	82	0:37:21	48	0:18:09	16	1:04:20
35	KEVIN	SUTCLIFFE	20-29	M		0:08:34	71	0:38:04	64	0:17:44	12	1:04:22
36	ANDREW	WILDING	20-29	M	SUSSEX UNI TRI	0:05:50	2	0:36:01	26	0:22:33	138	1:04:24
37	JAMES	HUNT	30-39	M	SHEFFIELD TRI	0:09:02	91	0:36:08	29	0:20:08	56	1:05:18
38	MARK	LUCAS	40-49	M		0:08:10	54	0:37:54	61	0:19:16	29	1:05:20
39	DAVID	GRIFFITHS	30-39	M		0:07:21	33	0:38:05	67	0:19:56	51	1:05:22
40	ALASTAIR	ETCHELLS	40-49	M	PACTRAC	0:09:03	93	0:37:16	45	0:19:13	28	1:05:32
41	TONY	HAMSHAW	U20	M	YELLO VELO	0:06:42	16	0:37:13	42	0:21:37	105	1:05:32
42	NIGEL	MEE	30-39	M	PETERBOROUGH SPORT TEAM	0:07:54	46	0:34:41	15	0:23:01	159	1:05:36
43	DARREN	JACKSON	20-29	M		0:06:50	22	0:38:02	63	0:20:51	72	1:05:43
44	DAVE	SOUTHBY	30-39	M		0:08:09	52	0:36:45	36	0:20:52	73	1:05:46
45	ADAM	LOCKTON	20-29	M	LOUGHBOROUGH STUD	0:07:34	38	0:37:58	62	0:20:21	63	1:05:53
46	JAN	ROGERS	30-39	F	PACTRAC	0:07:14	30	0:37:31	54	0:21:13	91	1:05:58
47	JIM	KEEBLE	40-49	M	TRI ANGLIA	0:08:18	61	0:36:52	37	0:21:01	81	1:06:11
48	DOUGLAS	EKE	40-49	M		0:08:17	60	0:38:04	65	0:19:52	47	1:06:13
49	EMMA	SMALLMAN	20-29	F	PACTRAC	0:06:49	20	0:39:17	88	0:20:14	60	1:06:20
50	IAN	JOHNSON	40-49	M	BOSTON AC	0:09:01	90	0:37:38	55	0:19:46	44	1:06:25
51	STEVE	HOPE	40-49	M	PACTRAC	0:08:25	64	0:36:40	34	0:21:27	102	1:06:32
52	MALCOLM	SULLIVAN	30-39	M		0:08:32	69	0:37:23	50	0:20:38	69	1:06:33
53	DAVID	STEED	20-29	M		0:07:23	34	0:38:18	69	0:20:55	76	1:06:36
54	REG	MOORE	50-59	M		0:08:47	78	0:36:43	35	0:21:10	89	1:06:40
55	TERRY	KING	40-49	M		0:08:03	48	0:37:27	52	0:21:13	92	1:06:43
56	JOHN	DARWIN	30-39	M	PRISON SERVICE RTI	0:07:26	35	0:35:39	23	0:23:50	180	1:06:55
57	GRAHAME	FLANAGAN	30-39	M		0:09:31	117	0:37:08	40	0:20:17	62	1:06:56
58	LUCY	NELL	U20	F	TOTAL FITNESS TC	0:06:20	7	0:39:34	97	0:21:05	85	1:06:59
59	GRAHAM	WALLIS	30-39	M		0:09:20	104	0:37:51	60	0:19:56	52	1:07:07
60	PETER	LANE	40-49	M		0:08:42	74	0:38:39	76	0:19:54	50	1:07:15
61	TONY	DONALDSON	30-39	M	ILKESTON RC	0:09:26	111	0:39:01	83	0:18:49	25	1:07:16
62	TOM	PICKWELL	U20	M	CLEETHORPES AC	0:09:05	97	0:37:22	49	0:20:55	75	1:07:22
63	CHRIS	KELLY	20-29	M		0:08:48	79	0:36:56	38	0:21:50	113	1:07:34
64	ANDREW	JOHNSON	30-39	M		0:06:26	9	0:39:39	99	0:21:41	107	1:07:46
65	PATRICK	THORPE	40-49	M		0:09:35	123	0:38:05	66	0:20:13	59	1:07:53
66	PHILIP	CONNOLY	U20	M		0:07:45	41	0:40:01	104	0:20:10	58	1:07:56
67	NIK	APPLEYARD	30-39	M	ADWICK TRI	0:09:08	99	0:37:27	53	0:21:23	101	1:07:58
68	DANIEL	COOPER	30-39	M	FEATHERSTONE RR	0:10:56	192	0:37:45	58	0:19:23	33	1:08:04
69	KEVIN	HUMPHREYS	40-49	M	TFN	0:09:23	108	0:36:59	39	0:21:43	108	1:08:05
70	ALEX	WADE	TEAM	M	SPALDING CC	0:06:12	5	0:41:52	149	0:20:15	61	1:08:19
71	RICHARD	ELLIS	20-29	M		0:09:23	107	0:38:49	77	0:20:24	64	1:08:36
72	WAYNE	DELAHOY	40-49	M		0:08:23	63	0:39:23	94	0:21:01	80	1:08:47
73	TIM	HULLEY	30-39	M	SHEFFIELD TRI	0:09:29	113	0:37:40	56	0:21:38	106	1:08:47

2 MINS

GEEST SPALDING SPRINT TRIATHLON

74	GARETH	OSBORNE	20-29	M		0:08:57	87	0:40:22	116	0:19:41	39	1:09:00
75	JOHN	BURTON	40-49	M	TRI ANGLIA	0:07:27	36	0:38:27	74	0:23:09	161	1:09:03
76	CHRISTOPHER	BROWN	40-49	M	BOSTON AC	0:09:00	89	0:40:11	111	0:19:53	48	1:09:04
77	MELVYN	HEYWOOD	40-49	M		0:08:10	55	0:41:16	136	0:19:39	38	1:09:05
78	NINA MAY	MESSENGER	20-29	F	CHARNSOOD AC	0:08:49	81	0:40:08	110	0:20:08	57	1:09:05
79	WENDY	GREAVES	20-29	F	LOUGHBOROUGH STUD	0:06:53	23	0:40:20	115	0:21:54	115	1:09:07
80	ROBERT	DYKE	20-29	M		0:08:07	51	0:37:40	57	0:23:29	167	1:09:16
81	DAVE	SMITH	50-59	M	HINCKLEY CC	0:10:18	167	0:39:13	87	0:19:48	45	1:09:19
82	WAYNE	KEW	40-49	M	ALFORD WHEELERS	0:11:03	196	0:38:26	73	0:19:53	49	1:09:22
83	TIM	DUNNE	30-39	M		0:08:11	56	0:38:23	72	0:22:52	150	1:09:26
84	ANDREW	McPARTLIN	30-39	M		0:08:37	73	0:39:07	84	0:21:45	110	1:09:29
85	NICOLA	HAWKES	40-49	F	TRI ANGLIA	0:07:51	44	0:40:36	118	0:21:05	84	1:09:32
86	COLIN	BLACKLEY	20-29	M	PETERBOROUGH SPORT TEAM	0:09:49	134	0:40:05	107	0:19:48	46	1:09:42
87	CLIVE	BUSH	40-49	M	FIRE SERIVE	0:09:05	98	0:38:38	75	0:22:04	123	1:09:47
88	PHIL	GATLEY	40-49	M	RUGBY TRI	0:09:48	133	0:38:49	78	0:21:32	103	1:10:09
89	SIMON	NASH	30-39	M	REDHILL RR	0:11:13	203	0:39:23	93	0:19:35	37	1:10:11
90	MARCUS	PELL	40-49	M		0:09:26	112	0:38:49	79	0:22:03	121	1:10:18
91	PAUL	WARD	30-39	M		0:09:15	101	0:39:33	96	0:21:34	104	1:10:22
92	TOM	MASTERS	TEAM			0:06:40	15	0:42:20	155	0:21:22	100	1:10:22
93	PHILIP	EDGLEY	U20	M		0:09:10	100	0:41:31	143	0:19:43	42	1:10:24
94	STUART	MATTHEWS	30-39	M		0:09:31	116	0:38:55	81	0:22:15	128	1:10:41
95	MIKE	PICKWELL	50-59	M	CLEETHORPES AC	0:10:26	174	0:40:44	122	0:19:33	35	1:10:43
96	CAROL	SMALLMAN	40-49	F	PACTRAC	0:08:54	84	0:39:21	91	0:22:36	139	1:10:51
97	NIGEL	WHITFIELD	30-39	M	DERBY TRI	0:11:37	215	0:37:18	46	0:21:57	118	1:10:52
98	MARK	SMITH HUGHES	30-39	M	SOUTH LINC SWIM	0:10:03	149	0:38:59	82	0:21:58	119	1:11:00
99	ARTHUR	SMALLMAN	40-49	M	PACTRAC	0:08:05	49	0:37:47	59	0:25:13	214	1:11:05
100	ADRIAN	BREMNER	30-39	M		0:08:44	76	0:38:50	80	0:23:32	170	1:11:06
101	DAVID	THURSTON	40-49	M		0:10:30	178	0:39:23	92	0:21:17	96	1:11:10
102	JON	PIPES	40-49	M		0:09:25	110	0:39:09	85	0:22:43	143	1:11:17
103	KEVIN	HAYWARD	40-49	M	BEVERLEY AC	0:11:25	210	0:39:17	89	0:20:35	68	1:11:17
104	GARY	HAGUE	40-49	M		0:10:55	191	0:41:04	132	0:19:20	30	1:11:19
105	MATTHEW	HEMSLEY	20-29	M	REDHILL RR	0:11:13	204	0:40:40	119	0:19:27	34	1:11:20
106	TIM	JOHNSTONE	30-39	M		0:11:04	199	0:38:14	68	0:22:03	120	1:11:21
107	STEPHEN	COATES	30-39	M	BARRACUDA	0:09:52	137	0:41:03	131	0:20:27	66	1:11:22
108	RICHARD	BRIGGS	30-39	M	TFN	0:08:29	66	0:40:12	112	0:22:45	146	1:11:26
109	BRIAN	SHAW	50-59	M	ADWICK TRI	0:09:22	106	0:39:12	86	0:22:53	153	1:11:27
110	JOHN	ELWELL	20-29	M		0:08:45	77	0:40:57	128	0:21:54	116	1:11:36
111	IAN	HERDMAN	30-39	M	W.W WHEELERS	0:10:57	193	0:38:23	71	0:22:20	131	1:11:40
112	ANNA	DAVISON	30-39	F	NEWARK TRI	0:08:28	65	0:41:31	144	0:21:49	112	1:11:48
113	KELLY	MCCARTHY	20-29	F		0:09:33	118	0:41:13	135	0:21:04	83	1:11:50
114	CHARLES	AUGER	50-59	M	EA.CC	0:10:16	164	0:38:19	70	0:23:28	166	1:12:03
115	NEIL	KEAR	40-49	M		0:09:59	144	0:40:56	127	0:21:11	90	1:12:06
116	FIONA	GIBSON	20-29	F		0:08:49	80	0:42:39	161	0:20:55	77	1:12:23
117	MIKE	HANKIN	30-39	M	MANSFIELD TRI	0:09:43	129	0:37:12	41	0:25:39	227	1:12:34
118	DR SORAB	SHAVAKSHA	20-29	M		0:10:07	153	0:39:32	95	0:22:57	156	1:12:36
119	DARREN	SCHLOSSER	30-39	M	THE TRI COACH.COM	0:09:30	115	0:40:15	113	0:22:55	154	1:12:40
120	TRACY	GORMAN	30-39	F		0:09:04	94	0:43:57	189	0:19:41	40	1:12:42
121	DAVID	PULFORD	30-39	M		0:11:30	213	0:40:20	114	0:21:08	87	1:12:58
122	MARTIN	HALIFAX	40-49	M		0:09:02	92	0:39:57	103	0:24:03	187	1:13:02
123	CLAYTON	GILKS	30-39	M		0:10:16	165	0:40:04	106	0:22:42	142	1:13:02
124	JANET	CUSTANCE	30-39	F	AZ TRI	0:08:44	75	0:41:06	134	0:23:13	164	1:13:03
125	RICHARD	SHELDRAKE	30-39	M	NEWARK TRI	0:10:08	154	0:40:47	123	0:22:11	126	1:13:06
126	JOHN	BARNETT	40-49	M		0:09:40	125	0:41:05	133	0:22:25	134	1:13:10
127	JOHN	LARGE	40-49	M	TFN	0:08:29	67	0:42:51	167	0:21:56	117	1:13:16
128	MICK	BROOK	40-49	M	SHEFFIELD TRI	0:08:59	88	0:39:40	100	0:24:56	209	1:13:35
129	WILLIAM	JONES	20-29	M		0:06:49	21	0:43:11	173	0:23:36	173	1:13:36
130	HANNAH	BROWN	20-29	F		0:09:56	140	0:41:01	129	0:22:45	147	1:13:42
131	MARK	BOOTH	20-29	M		0:09:35	121	0:40:01	105	0:24:06	192	1:13:42
132	JAN	JOHNSON	40-49	F	DERBY TRI	0:08:57	86	0:40:44	121	0:24:04	190	1:13:45
133	GARETH	WILLIAMS	20-29	M		0:09:45	130	0:43:16	177	0:21:08	88	1:14:09
134	ANDREW	PRIEST	30-39	M		0:10:20	168	0:40:55	126	0:23:00	158	1:14:15
135	NICK	BAKER	40-49	M		0:12:45	245	0:41:52	150	0:19:45	43	1:14:22
136	STEPHEN	JONES	40-49	M	PETERBOROUGH SPORT TEAM	0:11:59	229	0:39:20	90	0:23:09	162	1:14:28
137	DANNY	KINGMAN	20-29	M		0:10:23	170	0:42:32	157	0:21:51	114	1:14:46
138	WILLIAM	KNIGHTS	30-39	M		0:09:52	138	0:41:02	130	0:23:55	185	1:14:49
139	JACKIE	ROBSON	30-39	F	SUTTON IN ASHFIELD AC	0:09:49	135	0:44:21	198	0:20:40	71	1:14:50
140	PHILLIP	REID	20-29	M		0:09:46	131	0:42:51	168	0:22:27	136	1:15:04
141	NEIL	SMITH	20-29	M		0:09:35	122	0:42:37	159	0:22:57	157	1:15:09
142	ANDY	PEEL	30-39	M		0:10:09	156	0:42:15	153	0:22:46	148	1:15:10
143	MARK	McMARTNEY	30-39	M		0:11:26	211	0:41:27	142	0:22:18	129	1:15:11
144	RONA	MACLENZIE	20-29	F		0:09:18	103	0:43:14	175	0:22:51	149	1:15:23
145	JANET	EVANS	40-49	F		0:11:03	195	0:41:46	147	0:22:40	141	1:15:29
146	ALAN	BILZON	30-39	M	MANSFIELD TRI	0:10:08	155	0:41:37	145	0:23:47	177	1:15:32
147	KEVIN	TOWNSEND	20-29	M		0:09:57	142	0:43:18	178	0:22:22	132	1:15:37

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148	SIMON	TAYLOR	20-29	M		0:09:42	127	0:43:14	176	0:22:44	145	1:15:40
149	DAVID	RUSSELL	20-29	M		0:11:10	200	0:43:30	182	0:21:03	82	1:15:43
150	BRIAN	BENTLEY	50-59	M	PACTRAC	0:11:15	207	0:40:24	117	0:24:04	189	1:15:43
151	PETER	WALTON	30-39	M		0:10:23	171	0:41:52	148	0:23:29	168	1:15:44
152	LUCY	ALLEN	20-29	F		0:09:04	95	0:43:03	172	0:23:39	175	1:15:46
153	MARK	DAVIES	30-39	M		0:09:56	139	0:41:27	141	0:24:26	198	1:15:49
154	RUSSELL	CLARKE	30-39	M	FORMULA ONE	0:11:28	212	0:39:39	98	0:24:49	208	1:15:56
155	PETER	BRETAN	40-49	M		0:11:39	217	0:41:41	146	0:22:37	140	1:15:57
156	DAMIAN	SALES	50-59	M		0:10:30	177	0:41:23	140	0:24:12	195	1:16:05
157	DAVID	RICE	30-39	M		0:10:04	150	0:42:21	156	0:23:49	178	1:16:14
158	JOANNE	NELL	40-49	F		0:10:14	160	0:41:22	138	0:24:38	204	1:16:14
159	SIMON	CRAFT	40-49	M		0:11:38	216	0:41:19	137	0:21:17	95	1:16:14
160	STEVE	HANDLEY	40-49	M		0:10:51	189	0:40:49	125	0:24:43	205	1:16:23
161	GEORGINA	GARDINER	50-59	F	PACTRAC	0:10:13	159	0:39:53	102	0:26:25	242	1:16:31
162	GRAYHAME	FISH	50-59	M	IPSWICH TRI	0:10:02	147	0:42:38	160	0:24:08	193	1:16:48
163	JON	HARTLEY	30-39	M	SHEPSHED RC	0:10:48	186	0:44:50	204	0:21:16	94	1:16:54
164	SHAUN	WILLOX	40-49	M		0:10:15	163	0:44:29	201	0:22:10	125	1:16:54
165	ANDREW	DUDLEY	30-39	M		0:10:15	161	0:42:33	158	0:24:20	197	1:17:08
166	KEITH	ILEY	20-29	M	LINCS RUNNER	0:09:52	136	0:40:48	124	0:26:35	244	1:17:15
167	JIM	ODDIE	20-29	M	FORMULA 1	0:10:30	176	0:45:25	213	0:21:20	98	1:17:15
168	TERENCE	WRIGHT	40-49	M	PETERBOROUGH SPORT TEAM	0:14:00	261	0:39:41	101	0:23:45	176	1:17:26
169	SALLY	HURTON	30-39	F		0:09:35	120	0:46:41	227	0:21:15	93	1:17:31
170	GINA	BORLEY	40-49	F		0:11:13	202	0:45:02	209	0:21:20	99	1:17:35
171	CHRISTINA	DAVISON	40-49	F		0:12:12	236	0:42:07	151	0:23:17	165	1:17:36
172	PETER	MEIN	60+	M	PACTRAC	0:11:16	208	0:43:50	186	0:22:32	137	1:17:38
173	DAVID	TETLEY	40-49	M	REDHILL RR	0:13:57	260	0:43:20	179	0:20:25	65	1:17:42
174	RICHARD	SMITH	30-39	M		0:08:37	72	0:42:53	169	0:26:16	237	1:17:46
175	PETER	HEATON	30-39	M		0:10:09	157	0:44:00	191	0:23:49	179	1:17:58
176	TRISTAN	BARNES	30-39	M		0:10:24	172	0:42:19	154	0:25:24	219	1:18:07
177	SUSAN	DAY	40-49	F		0:08:31	68	0:44:45	203	0:25:05	210	1:18:21
178	TIM	GLUYAS	30-39	M	HEREFORD TRI	0:11:50	221	0:41:22	139	0:25:15	216	1:18:27
179	PAT	LIDDELL	20-29	M		0:11:58	227	0:42:53	170	0:23:37	174	1:18:28
180	MICHELLE	MORRIS	20-29	F		0:07:31	37	0:47:09	235	0:24:05	191	1:18:45
181	NEIL	GALJAARD	30-39	M		0:11:56	224	0:42:47	163	0:24:08	194	1:18:51
182	SARAH	PLOWS	30-39	F		0:10:20	169	0:45:50	220	0:22:43	144	1:18:53
183	ALAN	SHELDON	30-39	M		0:10:35	180	0:45:35	216	0:22:53	152	1:19:03
184	MICHAEL	FRISBY	40-49	M	LEICS F	0:15:24	271	0:40:07	108	0:24:01	186	1:19:32
185	BEN	BLACKBURN	40-49	M		0:10:39	182	0:43:21	180	0:25:34	223	1:19:34
186	WENDY	MORRIS	30-39	F		0:10:40	183	0:42:49	164	0:26:06	236	1:19:35
187	JAMES	ROSSINGTON	20-29	M		0:10:15	162	0:44:52	205	0:24:34	203	1:19:41
188	ANNETTE	FISH	50-59	F	IPSWICH TRI	0:10:50	188	0:44:25	199	0:24:28	199	1:19:43
189	TIM	HOLLIDAY	40-49	M		0:12:16	238	0:43:57	190	0:23:30	169	1:19:43
190	PAUL	ROCHE	40-49	M	SIG SOCIAL CLUB	0:11:59	228	0:43:41	184	0:24:12	196	1:19:52
191	ANTHONY	STANILAND	60+	M	SUTTON HARRIERS	0:12:56	247	0:44:58	208	0:22:11	127	1:20:05
192	KEITH	SMITH	30-39	M	LINCOLN TRI	0:09:39	124	0:43:29	181	0:26:59	251	1:20:07
193	LOUISE	BAILEY	50-59	F	NENE VALLEY HARRIORS	0:12:50	246	0:46:27	225	0:20:52	74	1:20:09
194	ADRIAN	BARROW	30-39	M	WEST YORKSHIRE AMBULANCE SER	0:09:04	96	0:47:13	236	0:23:53	182	1:20:10
195	HEATH	SPECK	30-39	M		0:11:56	226	0:42:50	166	0:25:24	220	1:20:10
196	NICOLE	KELLY	20-29	F	FORMULA ONE	0:09:42	128	0:45:07	210	0:25:24	221	1:20:13
197	SUE	ZURAWLIW	TEAM	F	FORMULA 1	0:09:33	119	0:48:39	247	0:22:03	122	1:20:15
198	GEOFF	LOWERY	40-49	M	SOUTH YORKSHIRE POLICE	0:12:29	241	0:42:46	162	0:25:08	211	1:20:23
199	JOHN	SCALLY	20-29	M	NORTH HERTS RR	0:13:13	250	0:40:43	120	0:26:32	243	1:20:28
200	LAURA	ELLIS	20-29	F		0:08:02	47	0:44:08	194	0:28:22	262	1:20:32
201	MARK	RUHIER	30-39	M	YELLO VELO	0:17:31	280	0:40:07	109	0:22:56	155	1:20:34
202	MIKE	COWIN	60+	M		0:10:28	175	0:43:49	185	0:26:21	239	1:20:38
203	ALISON	McDOWELL	30-39	F	PESTS	0:09:59	145	0:44:09	195	0:26:38	246	1:20:46
204	GARETH	ALLEN	20-29	M	LEEDS/BRADFORD	0:10:06	152	0:45:31	215	0:25:22	218	1:20:59
205	BRIAN	SIMMONITE	50-59	M	LINCOLN TRI	0:09:47	132	0:46:03	222	0:25:14	215	1:21:04
206	PAUL	BROWN	30-39	M	TEAM REAL RUNNERS	0:14:02	262	0:43:00	171	0:24:03	188	1:21:05
207	DARREN	BRIMER	30-39	M		0:10:55	190	0:44:42	202	0:25:34	224	1:21:11
208	JULIE	MESSENGER	40-49	F	DESFORD	0:13:35	255	0:44:25	200	0:23:12	163	1:21:12
209	TERRY	VINE	30-39	M	LINCOLN TRI	0:14:42	266	0:42:08	152	0:24:31	202	1:21:21
210	RUTH	ANNESS	20-29	F	DERBY TRI	0:11:04	197	0:45:22	212	0:25:11	213	1:21:37
211	MARK	CAPLE	40-49	M		0:13:09	249	0:42:49	165	0:25:51	231	1:21:49
212	NICHOLAS	FARRINGTON DARBY	30-39	M		0:11:14	206	0:49:19	250	0:21:19	97	1:21:52
213	COLIN	HOWSON	40-49	M		0:12:20	239	0:43:51	187	0:25:43	229	1:21:54
214	MARTYN	KNOX	30-39	M		0:11:04	198	0:47:02	234	0:23:51	181	1:21:57
215	MARK	RAMSDEN	40-49	M		0:12:05	234	0:45:26	214	0:24:29	200	1:22:00
216	ANTHEA	SALES	50-59	F		0:11:56	225	0:44:09	196	0:26:00	234	1:22:05
217	TIM	SLY	30-39	M		0:11:43	219	0:48:35	245	0:21:48	111	1:22:06
218	DAVE	OVERTON	40-49	M		0:12:04	233	0:43:51	188	0:26:19	238	1:22:14
219	SARAH	BENTLEY	40-49	F	SOUTH LINC SWIM	0:08:56	85	0:47:26	239	0:25:57	232	1:22:19
220	JOSEPHINE	MULLIGAN	TEAM	F	CHARLIES ANGELS	0:09:59	146	0:48:32	244	0:23:54	184	1:22:25
221	PAUL	BELAND	40-49	M		0:13:16	252	0:47:35	240	0:21:43	109	1:22:34

GEEST SPALDING SPRINT TRIATHLON

222	JAYNE	DIXON	30-39	F		0:09:21	105	0:45:41	217	0:27:44	259	1:22:46	
223	GARY	BOWEN	40-49	M		0:17:36	282	0:44:16	197	0:21:07	86	1:22:59	
224	AMANDA	ENGLISH	40-49	F	REDHILL RR	0:10:49	187	0:46:47	229	0:25:58	233	1:23:34	
225	EMMA	MCNANARA	30-39	F	RUGBY TRI	0:10:03	148	0:50:16	255	0:23:53	183	1:24:12	
226	LES	KINDLEYSIDES	60+	M		0:14:59	270	0:45:46	219	0:23:33	171	1:24:18	
227	IAIN	DIXON	30-39	M	WEST YORKSHIRE AMBULANCE SEF	0:10:32	179	0:46:19	224	0:27:42	258	1:24:33	
228	FIONA	HULLEY	30-39	F	SHEFFIELD TRI	0:11:19	209	0:44:08	193	0:29:06	265	1:24:33	
229	JOANNE	WRIGHT	20-29	F	PEST	0:12:02	232	0:48:04	243	0:24:31	201	1:24:37	
230	KEITH	WRIGHT	50-59	M	SIG SOCIAL CLUB	0:10:37	181	0:44:54	206	0:29:37	270	1:25:08	
231	KEVIN	ROE	40-49	M		0:15:26	272	0:46:57	231	0:22:52	151	1:25:15	
232	CHRISTINA	SMITH	U20	F	TFN	0:07:53	45	0:50:21	256	0:27:03	252	1:25:17	
233	DAVE	SMITH	50-59	M		0:17:04	279	0:45:51	221	0:22:26	135	1:25:21	
234	LISA	CUTHBERT	30-39	F		0:09:23	109	0:46:46	228	0:29:29	268	1:25:38	
235	HELEN	SIMMONITE	20-29	F	LINCOLN TRI	0:08:07	50	0:50:49	260	0:26:45	248	1:25:41	
236	CHRIS	WALTON	30-39	M		0:09:57	143	0:44:57	207	0:30:55	276	1:25:49	
237	MAX	PHILLIPS	60+	M	NEWARK TRI	0:14:29	264	0:44:02	192	0:27:20	254	1:25:51	
238	RICHARD	MERRILL	40-49	M		0:16:23	276	0:43:13	174	0:26:22	240	1:25:58	
239	PAUL	ZURAWLIW	50-59	M	FORMULA ONE	0:11:10	201	0:51:20	263	0:23:34	172	1:26:04	
240	CATHERINE	HOWELL	30-39	F		0:10:17	166	0:50:06	253	0:25:45	230	1:26:08	
241	TOM	O'REILLY	40-49	M		0:18:44	283	0:45:07	211	0:22:19	130	1:26:10	
242	GLYN	HORSFIELD	30-39	M		0:11:55	223	0:45:42	218	0:28:35	263	1:26:12	
243	JOANNA	BAKER	40-49	F		0:10:11	158	0:51:03	262	0:25:38	226	1:26:52	
244	JULIETTE	KELLY	20-29	F	GREENS TRI	0:10:25	173	0:49:47	252	0:26:57	250	1:27:09	
245	CLAIRE	SLY	30-39	F		0:11:02	194	0:49:10	249	0:27:04	253	1:27:16	
246	JO - ANN	SARGROTT	30-39	F	WAVENEY MASTERS	0:08:52	83	0:48:58	248	0:29:50	272	1:27:40	
247	ANDREW	SHEARER	40-49	M		0:15:42	274	0:46:09	223	0:26:00	235	1:27:51	
248	NAT	HULSE	20-29	F		0:14:44	267	0:47:39	241	0:25:40	228	1:28:03	
249	HILARY	FOX	40-49	F	RUTLAND RC	0:13:42	257	0:47:17	237	0:27:29	256	1:28:28	
250	JOHN	BARDWELL	40-49	M		0:11:41	218	0:50:34	258	0:26:25	241	1:28:40	
251	PHILLIP	HOPEWELL	40-49	M	REDHILL RR	0:15:39	273	0:47:39	242	0:25:22	217	1:28:40	
252	LINDA	BROOK	40-49	F	SHEFFIELD TRI	0:12:08	235	0:46:59	232	0:29:36	269	1:28:43	
253	MIKE	LEWIS	30-39	M		0:12:14	237	0:51:43	264	0:24:47	207	1:28:44	
254	ARRON	ANSTEY	20-29	M		0:14:10	263	0:52:30	270	0:22:08	124	1:28:48	
255	LORNA	BROWN	30-39	F		0:13:43	258	0:50:31	257	0:24:44	206	1:28:58	
256	AMIEL	CHANA	30-39	F		0:12:33	243	0:47:01	233	0:29:26	267	1:29:00	
257	GARY	RAWDING	30-39	M		0:11:32	214	0:56:33	276	0:20:58	78	1:29:03	
258	KATE	McCANUS	30-39	F		0:10:04	151	0:48:35	246	0:30:42	275	1:29:21	
259	TRUDI	FARRINGTON DARBY	30-39	F		0:12:24	240	0:51:46	265	0:25:34	225	1:29:44	
260	SUSAN	REVILL	40-49	F	PACTRAC	0:10:47	185	0:56:47	277	0:22:23	133	1:29:57	
261	NICOLA	PRICE	20-29	F		0:11:54	222	0:52:16	267	0:26:41	247	1:30:51	
262	TRUDY	ROBINSON	30-39	F		0:09:40	126	0:53:37	272	0:27:59	260	1:31:16	
263	CHRISTOPHER	PEEL	30-39	M		0:16:41	277	0:49:46	251	0:25:11	212	1:31:38	
264	JULIE ANN	GLOSSOP	30-39	F	SHEFFIELD TRI	0:12:02	231	0:50:08	254	0:29:38	271	1:31:48	
265	JOAN	GILL	50-59	F	ROYSTON RUNNERS	0:13:14	251	0:50:59	261	0:27:37	257	1:31:50	
266	AMY	SMITH	20-29	F		0:12:35	244	0:52:00	266	0:27:25	255	1:32:00	
267	ADRIAN	SERJEANT	40-49	M		0:13:01	248	0:46:52	230	0:32:09	278	1:32:02	
268	JOANNE	ELLIS	40-49	F		0:15:52	275	0:46:28	226	0:29:54	273	1:32:14	
269	ALGIE	AUDAS	40-49	M		0:11:43	220	0:43:39	183	0:37:38	283	1:33:00	
270	LAURA	ADAMS	20-29	F		0:12:01	230	0:58:13	279	0:23:04	160	1:33:18	
271	KATHRYN	MULHOLLAND	20-29	F		0:09:56	141	0:58:03	278	0:25:30	222	1:33:29	
272	TRACY	CARNALL	20-29	F	LINCOLN TRI	0:14:55	269	0:50:40	259	0:28:15	261	1:33:50	
273	CLIVE	JOHNSON	40-49	M	GEEST	0:10:42	184	0:55:20	275	0:29:07	266	1:35:09	
274	HELEN	VOCE	30-39	F		0:11:14	205	0:52:23	268	0:31:43	277	1:35:20	
275	PETE	SMITH	50-59	M	TFN	0:12:31	242	0:52:26	269	0:30:39	274	1:35:36	
276	PATRICIA	PENISTAN	40-49	F	WELLINGTONS RC	0:14:35	265	0:55:16	274	0:26:35	245	1:36:26	
277	MELANIE	PRICE	30-39	F		0:13:29	254	0:54:06	273	0:32:24	279	1:39:59	
278	PETER	BAKER	TEAM	M	TEAM BAKER	0:13:27	253	0:58:40	281	0:28:40	264	1:40:47	
279	LINDA	RICHARDSON	30-39	F	FORMULA ONE	0:14:44	268	1:05:41	284	0:26:53	249	1:47:18	
280	PAM	ALLEN	30-39	F		0:17:35	281	0:59:02	282	0:34:43	281	1:51:20	
281	MOIRA	JOHNSTON	20-29	F		0:13:40	256	0:58:15	280	0:40:11	284	1:52:06	
282	AMANDA	HALIFAX	TEAM	F	PEEL LADIES	0:16:57	278	1:02:40	283	0:34:02	280	1:53:39	
283	RICHARD	HARPHAM	40-49	M		0:24:48	284	0:52:32	271	0:36:19	282	1:53:39	
	ANNIE	PITTS	40-49	F		0:13:47		0:47:20	238	DNF			
	DAVID	BROWN	40-49	M		0:13:22		0:42:19					
	IAN	KING	40-49	M		0:10:03		DNF		DNF		DNF	
	PAUL	HUGHES	30-39	M		0:08:31		DNF					
	SALLY	MARSHALL	20-29	F		0:09:32		DNF		DNF		DNF	
	ASHLEY	BROWN	20-29	M		0:09:36		0:36:31		0:18:26		1:04:33	DQ