



FINAL RACE INFORMATION
ROTHER VALLEY CHILDREN'S SCOOTATHLON 2009
ROTHER VALLEY COUNTRY PARK - SATURDAY 6TH JUNE 2009 - 09:45am START

PLEASE READ ALL OF THIS RACE INFORMATION

Welcome to the 2ND Rother Valley Triathlon Festival brought to you by One Step Beyond Promotions, in association with The British Triathlon Federation, The Rotherham Advertiser and Rother Valley Country Park.

There will be 6 individual events across the weekend with the Children's Scootathlon being the first event of the festival. The course is totally contained within the grounds of the park, offering the children a safe traffic free event.

Please read ALL of this race information very carefully. We have done all that we possibly can to ensure that everyone has an enjoyable and safe event. Your help in following these guidelines would be greatly appreciated.

Enjoy your day!

Directions to Rother Valley Country Park

Rother Valley Country Park is located on Mansfield Road, Wales Bar, Sheffield S26 5PQ.

Travelling from the North - Take the A1 / A1(M) South until you reach junction 35 exiting onto the M18 (signposted Sheffield / Scunthorpe). Stay on the M18 (signposted Scunthorpe / Rotherham / Sheffield). Take the exit onto the M1, leaving the M1 at junction 31 onto the A57 (signposted Worksop). At the roundabout, take the 3rd exit onto A57/Aston Way heading to Sheffield, at the following roundabout take the 1st exit onto A618 / Mansfield Road before turning left at Waleswood Road.

Travelling from the South - Take the M1 until you reach junction 31 exiting onto the A57 (signposted Sheffield SE). At the roundabout, take the 1st exit onto A57/Aston Way heading to Sheffield / Handsworth, at the following roundabout take the 1st exit onto A618 / Mansfield Road before turning left at Waleswood Road.

In the lead up to the event there will be ADVANCE WARNING signs informing the general public that the event is taking place.

Car Parking

There will be specified event car parking available within the grounds of the Country Park, please follow the instructions of our race marshals.

Race Registration 08:30 - 09:30

Having pre entered for the event either online or by post, all competitors will need to register between 08:30 - 09:30 on the morning of the race.

Race Registration will take place in the main building of the Courtyard area - follow the signs. This is where you will collect your race number, 1 x sticker for your scooter and information about where to go to for the start of the race.

Friendly Race Briefing

There will be an informal race briefing taking place on the start line 5 minutes before the start of the race (09:40) the race organisers will explain the course route and prepare the competitors for the

Scootathlon!!! If you have any questions or queries on race day, please ask them at the Race Briefings.

Race Start / Wave Times

There will be two waves - Girls 09:45 and Boys 09:47.

What Will You Need?

Children need to bring a pair of shoes that they feel comfortable running in and a scooter.

Age Restrictions

This event is open to children between the ages of 5 - 8 yrs old.

The Course - 400 metre Run / 300 metre Scoot / 200 Metre Run
(Course Map on final page of this Race Info)

The course design is very simple and will allow for excellent viewing opportunities of this fun festival opener! Both run sections and the scoot will all operate along the internal pathways of the Country Park providing a safe enjoyable race.

Race Rules

The rules will be very simple - HAVE FUN!!! There will be race marshals along the whole course to ensure that the children are all going in the correct direction.

Revolution Images

Revolution Images will be photographing this event and displaying your photos as you cross the finish line. All images will be uploaded to the Revolution Images website the following day. Visit it at www.revolutionimages.co.uk

Refreshments

Refreshment units will be available on site throughout the festival weekend.

Medical Cover

The safety of our competitors is paramount, especially the little ones! Onsite during the event will be ReAction Medical Services, a specialist company set up to supply the highest calibre of comprehensive medical cover to sporting events such as this. On the day there will be a team of Medics and Paramedics and Emergency ambulances equipped to NHS standard, with manual defibrillator / cardiac monitors, ventilators, and pulse oximetry. If before, during or after the event you feel that you require any type of medical care, please do not hesitate to contact an event marshal.

Medical Conditions

We request that all parents / guardians write their name & contact details on the back of the children's race numbers using a waterproof pen. If they have any type of medical condition or are taking any type of medication please write a large 'MC' on the bottom left of their race number. Please write their medical condition fully on the back of their number also. This will only be used in the event of them being involved in an accident.

Race Numbers

A Race Number must be worn on the front of your top throughout the event. Numbers must be pinned at all four corners. Number bands are allowed but it is recommended that two be worn. One number band for the top of the number & one number band for the bottom to stop your number creasing up and becoming unreadable.



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NB. Please do not forget to bring safety pins.

Results

Provisional results will be available to download on www.onestepbeyond.org.uk the Monday following.

Prizes

Everyone who completes the course will receive an event t-shirt and medal as they cross the finish line.

Withdrawals

The Closing Date has now passed and unfortunately any withdrawing competitor will not be eligible for a race credit. Please note that you are not allowed to give your entry away, all competitors will be asked to show some form of photographic identification before they are allowed to register.

Event Office Closure

The Event Office will be closed from Thursday 4th June at 5pm. Please do not send emails regarding this event after this time, as we will be on site setting up and unable to answer your messages.

Race Volunteers - Please Help

No event like this can run smoothly without the help of many marshals. If you have friends or family that will be supporting you at the event, why not ask them if they would be willing to give up a couple of hours to help marshal. All marshals will receive an event shirt, food & drink. If you would like further information about becoming a race marshal please email rothervalley@onestepbeyond.org.uk you do not require any previous

experience or knowledge on triathlon to become a race marshal; any training required will be given on race day.

Festival Events:

Saturday 6th June 2009

Scootathlon (ages 5 - 8yrs)	400m Run / 300m Scoot / 200m Run
Children's Tri (ages 9 - 15yrs)	50m Swim / 3km Cycle / 1500m Run
British Disabled Champs	750m Swim / 20km Cycle / 5km Run
Women's Only Super Sprint	200m Swim / 10km Cycle / 4km Run

Sunday 7th June 2009

Sprint Tri	750m Swim / 20km Cycle / 5km Run
Standard Distance Tri	1.5km Swim / 40km Cycle / 10km Run

Thanks

It takes a great amount of work to organise an event such as this. Special thanks go to the event organising committee, our team of Officials that help to organise all of our events, the staff at Rother Valley Country Park, the local police forces for allowing the event to take place, all of our sponsors & finally you the athlete.

Further Information

Any questions related to the event can be answered by emailing rothervalley@onestepbeyond.org.uk

Teresa Hamilton.

Managing Director.

All the information here is believed to be true at the time of going to press. Changes maybe required ensuring that the event is organised safely and within the law, these changes will be made without notification. The organiser has the final decision.

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