



CANCER RESEARCH UK WOMEN'S TRIATHLON  
ROTHER VALLEY COUNTRY PARK, MANSFIELD ROAD, WALES BAR, SHEFFIELD, S26 5PQ  
SATURDAY 15<sup>TH</sup> SEPTEMBER 2012  
200M SWIM - 10KM CYCLE - 4KM RUN  
INDIVIDUAL

**PLEASE COMPLETE THIS ENTRY FORM NEATLY IN BOLD CAPITALS**

## **PERSONAL DETAILS**

NAME:

SURNAME:

DATE OF BIRTH:

*(All entrants must be a minimum of 15yrs by the 31/12/12, if under 18yrs parental approval is required - the signature & T&C should be signed off by an appropriate adult)*

GENDER:            MALE            FEMALE

ADDRESS:

POSTCODE:

EMAIL:

TELEPHONE:

HOW MANY DAYS PER WEEK DO YOU UNDERTAKE A TOTAL OF AT LEAST 30 MINUTES OF MODERATE INTENSITY PHYSICAL ACTIVITY (an activity that leaves feeling warm and slightly out of breath) 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7+ ☐ (Please tick)

## **EVENT DETAILS**

ARE YOU A MEMBER OF THE BRITISH TRIATHLON? YES / NO.

IF YES BRITISH TRIATHLON NO.:

ORGANISATION/CLUB:

IF ENTERING A TEAM PLEASE COMPLETE TEAM NAME:

T-SHIRT SIZE:            SMALL            MEDIUM            LARGE            EXTRA LARGE            (PLEASE CIRCLE)

DO YOU HAVE ANY MEDICAL CONDITIONS OR DISABILITIES:

EMERGENCY NAME & CONTACT NUMBER:

HOW DID YOU HEAR ABOUT THIS EVENT:

PLEASE TELL US SOMETHING INTERESTING ABOUT YOURSELF (MAX 100 CHARACTERS):

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## **ENTRY FEES - PLEASE TICK**

- ☐ ENTRY £25.00 BTF REGISTERED  
☐ ENTRY £30.00 NON BTF REGISTERED

## **FREE TRAINING DAYS - PLEASE TICK**

- ☐ QUALIFIED TRIATHLON COACHES ARE PROVIDING FREE TRAINING SESSIONS AT ROTHER VALLEY COUNTRY PARK ON 31<sup>ST</sup> MARCH / 28<sup>TH</sup> APRIL / 14<sup>TH</sup> MAY  
02<sup>ND</sup> JUNE / 23<sup>RD</sup> JUNE / 01<sup>ST</sup> SEPTEMBER

## **OFFICIAL EVENT CHARITY**

- ☐ **PLEASE TICK THIS BOX IF YOU WOULD YOU BE INTERESTED IN RECEIVING A FUNDRAISING PACK FROM OUR OFFICIAL CHARITY CANCER RESEARCH UK**  
☐ CANCER RESEARCH UK WOULD LIKE TO KEEP IN CONTACT WITH YOU ABOUT UPCOMING NEWS, EVENTS AND FUNDRAISING ACTIVITIES USING THE CONTACT DETAILS YOU HAVE SUPPLIED ABOVE. PLEASE TICK HERE IF YOU WISH TO RECEIVE THIS INFORMATION

ARE YOU WILLING TO MAKE A DIRECT DONATION TO CANCER RESEARCH UK (PLEASE ADD TO ENTRY FEE):

☐ = £5.00      ☐ = £10.00      ☐ = £20.00      ..... = Other Amount

If you are a UK taxpayer, the value of your donation can increase by at least 25% under the Gift Aid scheme - at no additional cost to you! Please tick the box below to join the Gift Aid scheme.

- ☐ I am a UK taxpayer. Please treat all donations I make or have made to Cancer Research UK for the past 4 years as Gift Aid donations until further notice.

Please be aware that you must have paid an amount of income and/or capital gains tax at least equal to the amount of tax reclaimed by all charities on all your donations in the tax year (6th April one year to 5th April the next). Other taxes such as VAT and Council Tax do not qualify.

Please let us know if your tax circumstances or name/address change so that we can update our records.

Gift Aid details are available at [www.onestepbeyond.org.uk/gift-aid.php](http://www.onestepbeyond.org.uk/gift-aid.php)

## **TERMS & CONDITIONS / SIGNATURE**

I (on behalf of the above team) declare that I/we will abide by the rules of British Triathlon and that I/we are in suitable health to participate in the event. I/we accept that One Step Beyond Promotions and their friends and associates are not liable for any loss, damage claim or expense which may arise in consequence of my participation in the event, no matter how caused. I have read & agree to abide to the **Terms & Conditions of Entry**.

Signed:

Date:

Please make cheques payable to: **One Step Beyond Promotions Ltd**

Send completed entry form & cheque to:  
ROTHER VALLEY, One Step Beyond Promotions Ltd,  
White House Farm, Maltkiln Road, Fenton, Lincs. LN1 2EW  
Tel: 01427 718 888      Email [rothervalley@onestepbeyond.org.uk](mailto:rothervalley@onestepbeyond.org.uk)