



# COURSE GUIDE



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|----------------|---------------------|------------------|-------------------------|
| ① Car Park     | ④ Heart Break Hill  | ⑦ River Crossing | ⑩ River Dips            |
| ② Registration | ⑤ Take to the Water | ⑧ Assault Course | ⑪ Make it to the Finish |
| ③ Start        | ⑥ Trail Run         | ⑨ 4x4 Mud Alley  | ⑫ Finish                |