

**SWIM
START**

REGATTA LAKE

**SWIM
FINISH**

100M

**TRANSITION
CHANGE
MARQUEE**

**BIKE
OUT**

**SWIM TO BIKE
TRANSITION**

**SWIM TO BIKE
TRANSITION**

BOAT SHED

BIKE
IN

REGATTA LAKE

BIKE TO RUN
TRANSITION

BOAT SHED

DISMOUNT LINE

ATHLETES PASS BIKES TO
MARSHALS AFTER DISMOUNT
& MARSHALS RACK BIKES
IN BIKE TO RUN TRANSITIONS

RUN
OUT

TRANSITION
CHANGE
MARQUEE

BIKE TO RUN
TRANSITION