

BOAT SHEDS

**SWIM TO BIKE
TRANSITION**

**BIKE
MOUNT**

**SWIM
FINISH**

SWIM START

BAY 4	BAY 3	BAY 2	BAY 1
100 MINS +	80-100 MINS +	60-80 MINS +	UNDER 60

SWIM TO BIKE TRANSITION PLAN

GREY ARROWS:
Swim exit to change tent

RED ARROWS:
Route from change tent
to bike mount

R.T.:
Relay Tag Point –
cyclists head straight into
the large transition area



**SWIM TO BIKE
TRANSITION**

R.T.

BAG DROP

**TRANSITION
CHANGE MARQUEE**



BOAT SHEDS

**BIKE
IN**

**BIKE
DISMOUNT**

**BIKE TO RUN
TRANSITION**

**RUN
START**

**BIKE TO RUN
TRANSITION**

R.T.

**TRANSITION
CHANGE MARQUEE**

BAG DROP

BIKE TO RUN TRANSITION PLAN

ORANGE ARROWS:
Bike in to change tent

BIKE DISMOUNT:
Athletes pass their bikes to marshals
after the dismount line, the marshals
will then rack the bikes

PURPLE ARROWS:
Route from change tent
to run start

R.T.:
Relay Tag Point –
runners turn left
straight onto the run

