

SWIM
START

REGATTA LAKE

SWIM
FINISH

SWIM
IN

SWIM TO BIKE
TRANSITION

SWIM
IN

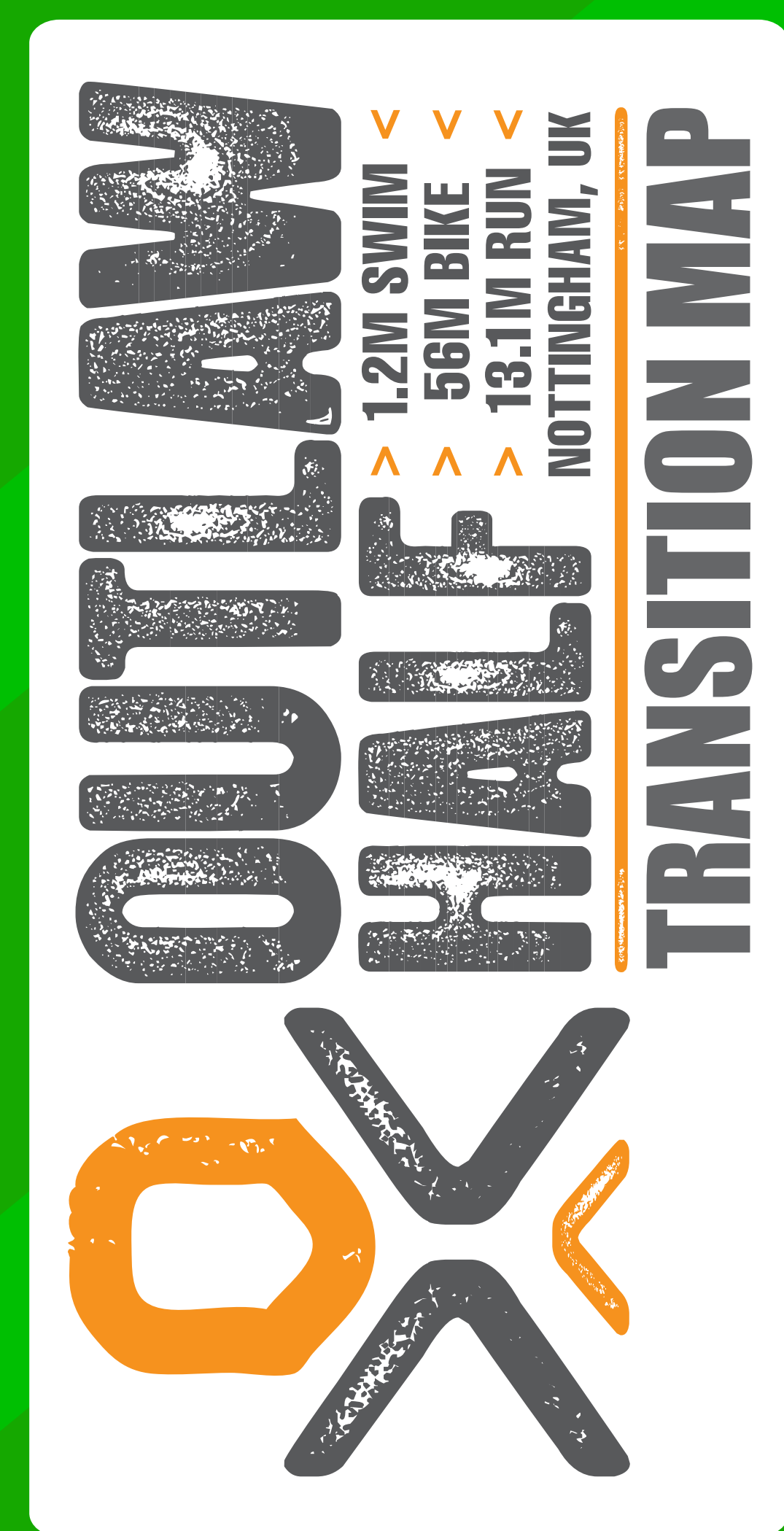
SWIM TO BIKE
TRANSITION

BIKE
OUT

BIKE
OUT

MOUNT LINE

BOAT SHED



OX

OUTLAW

1.2M SWIM

56M BIKE

13.1M RUN

NOTTINGHAM, UK

TRANSITION MAP

BIKE
IN

BOAT SHED

DISMOUNT LINE

BIKE TO RUN
TRANSITION

RUN
OUT

BIKE TO RUN
TRANSITION

RUN
OUT

REGATTA LAKE