

# OUTLAW TRIATHLON

NOTTINGHAM, UK 26.2M RUN COURSE

## MAP KEY



START AND  
FINISH  
MARKERS



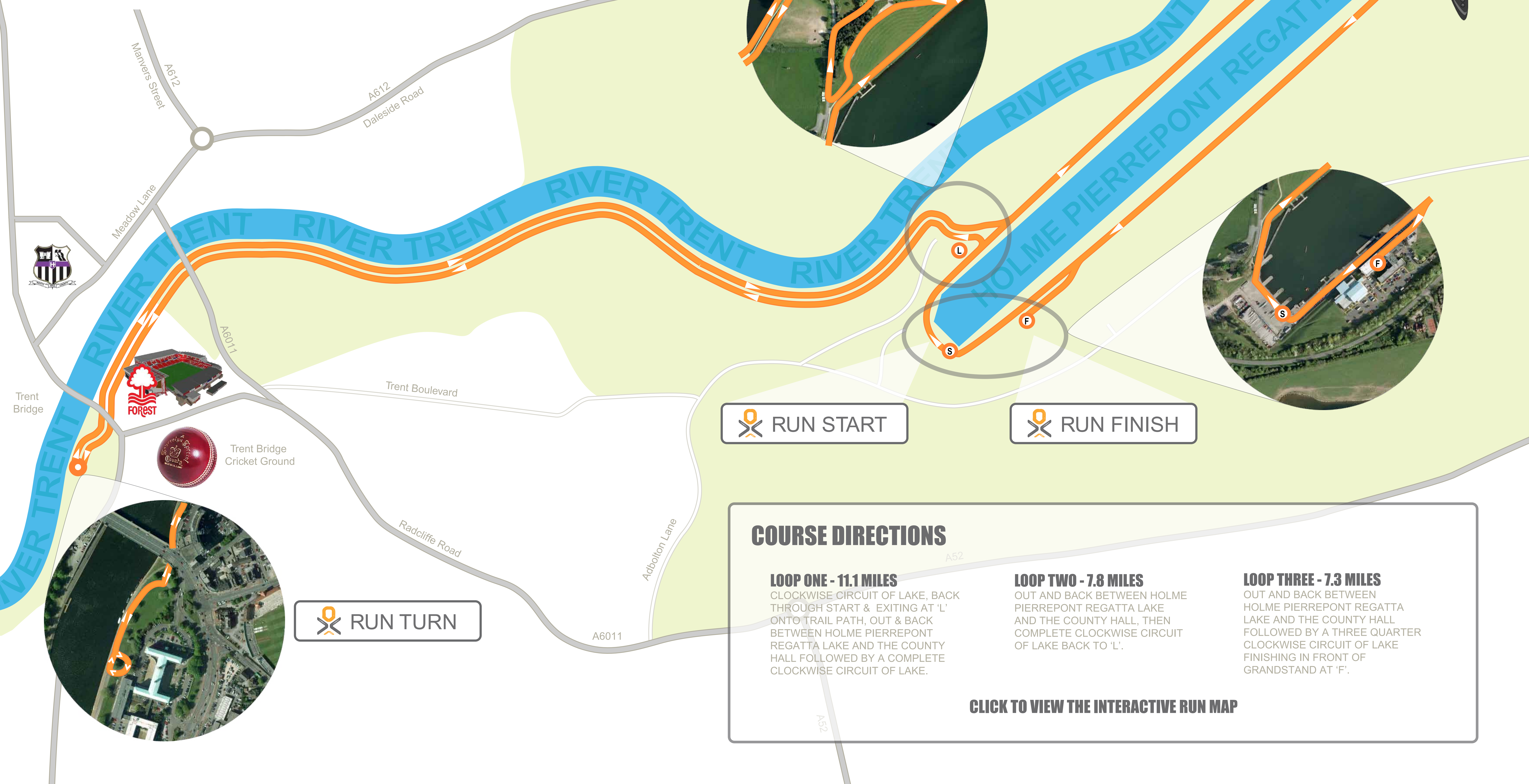
RUN COURSE  
WITH DIRECTION  
ARROWS



LAKE TO  
RIVER



LIVE  
BAND



 RUN START

 RUN FINISH

 RUN TURN

## COURSE DIRECTIONS

### LOOP ONE - 11.1 MILES

CLOCKWISE CIRCUIT OF LAKE, BACK THROUGH START & EXITING AT 'L' ONTO TRAIL PATH, OUT & BACK BETWEEN HOLME PIERREPONT REGATTA LAKE AND THE COUNTY HALL FOLLOWED BY A COMPLETE CLOCKWISE CIRCUIT OF LAKE.

### LOOP TWO - 7.8 MILES

OUT AND BACK BETWEEN HOLME PIERREPONT REGATTA LAKE AND THE COUNTY HALL, THEN COMPLETE CLOCKWISE CIRCUIT OF LAKE BACK TO 'L'.

### LOOP THREE - 7.3 MILES

OUT AND BACK BETWEEN HOLME PIERREPONT REGATTA LAKE AND THE COUNTY HALL FOLLOWED BY A THREE QUARTER CLOCKWISE CIRCUIT OF LAKE FINISHING IN FRONT OF GRANDSTAND AT 'F'.

[CLICK TO VIEW THE INTERACTIVE RUN MAP](#)