

ESENDEX LAST MINUTE PROVISIONAL RESULTS VERSION 2

IF YOU HAVE A QUERY REGARDING THE RESULTS, PLEASE CONTACT - STEVE@JAGUARTIMING.CO.UK

Pos	Race #	First Name	Last Name	Division	Club	Team Name	Swim	T1	Bike	T2	Run	Finish	Notes
1	647	ANDY	TARRY	M40-44	TRI CAMP RACE TEAM		5:52	0:34	25:00	0:34	15:22	47:21	
2	649	CARL	SHAW	M30-34			5:16	0:32	25:17	0:36	15:46	47:25	
3	624	PAUL	JOHNSON	M20-24	STAMFORD TRI CLUB		6:37	0:41	26:55	0:40	16:39	51:29	
4	620	ANDY	BISHOP	M30-34	BASSETLAW TRI CLUB		7:20	0:45	25:21	0:43	18:13	52:20	
5	640	ADY	DENCH	M40-44	MASSIVE TRI/SHEFFREC C.C.		7:15	0:44	26:57	0:51	19:15	55:00	
6	622	ZAC	GOODSPEED	M35-39	ABSOLUTE TRI		7:14	0:53	27:59	0:41	18:18	55:03	
7	629	AARON	WARD	M25-29	LICHFIELD TRIATHLON CLUB		7:44	1:04	28:01	0:50	18:13	55:50	
8	639	ANGUS	SMITH	M15-19			6:55	0:43	28:18	0:43	19:32	56:09	
9	625	TIM	TURNER	TEAM	ABSOLUTE TRIATHLON CLUB	TEAM FLOSS	7:00	0:37	27:41	0:32	20:23	56:11	
10	567	GLYNN	ATTIWELL	M35-39	BELVOIR TRI CLUB		6:59	0:44	28:23	0:43	19:27	56:15	
11	630	CHRIS	HOLMES	M30-34	MANSFIELD TRIATHLON CLUB		5:52	0:44	29:26	0:46	19:31	56:16	
12	525	PAT	KINCH	M45-49	CHURNET VALLEY VELO		8:37	1:01	27:32	0:54	18:42	56:45	
13	490	ADAM	JACKSON	M25-29	BELVOIR TRI CLUB		7:18	0:54	29:16	1:09	18:09	56:45	
14	614	JOHN	BUDWORTH	M45-49	LONG EATON TRI / ABSOLUTE TRIATHLON CLUB		7:53	0:44	28:35	1:01	18:39	56:49	
15	585	LEE	GASKIN	M30-34			7:50	1:00	28:38	0:51	18:56	57:13	
16	631	HANNAH	RIGHINI-BRAND	F20-24			6:08	0:39	31:03	0:37	18:57	57:22	
17	548	RICHARD	MARSHALL	M30-34	TEAM MARSHALL RACING		8:36	0:55	29:11	0:46	18:16	57:43	
18	553	NEIL	DOWSETT	M40-44	LINCOLN TRI		8:12	0:43	28:44	0:46	19:24	57:47	
19	603	STEPHEN	MELHUIH	M50-54	MANSFIELD TRIATHLON CLUB		7:26	0:59	29:16	0:55	19:21	57:54	
20	538	ALAN	WHEELER	M35-39	LINCOLN TRI		9:04	0:50	29:27	0:46	17:50	57:56	
21	615	JORDAN	BOAM	M15-19	MANSFIELD TRIATHLON CLUB		7:34	0:57	31:48	0:38	17:09	58:04	
22	549	MATTHEW	SHAW	M30-34			7:01	1:06	30:51	0:40	18:33	58:09	
23	594	BOHDAN	DAWYD	M20-24	NO LIMITS TRIATHLON AND RUNNING CLUB		7:39	1:10	28:30	0:54	20:00	58:11	
24	530	SAMUEL	SPENCER	M40-44	LINCOLN TRI		7:59	0:47	29:55	0:37	19:00	58:16	
25	4	DAVID	VERNAU	M35-39	TFN TRI CLUB		7:23	1:10	30:36	0:53	18:22	58:22	
26	229	MARK	GRANT	M40-44			7:54	0:57	29:35	0:54	19:19	58:36	
27	580	GETHIN	OWEN	M40-44	ABSOLUTE TRI		9:31	0:54	29:06	0:50	18:20	58:38	
28	362	PETE	WALTON	M40-44			8:04	0:55	29:52	0:37	19:15	58:41	
29	460	GARY	HIDES	M30-34	BASSETLAW TRI CLUB		10:11	0:50	29:04	0:46	17:55	58:45	
30	641	GORDON	MONAGHAN	M35-39	TFN TRI CLUB		6:39	0:58	30:21	0:47	20:04	58:46	
31	452	ROBERT	GIBBONS	M40-44	VEG CYCLING AND ATHLETICS		9:46	0:54	28:05	1:06	19:08	58:58	
32	3	IAN	GREGSON	M45-49	TFN TRI CLUB		7:17	1:05	29:48	0:53	19:58	58:59	
33	638	PAUL	MANINGTON	M30-34	ABSOLUTE TRI		7:01	0:57	31:15	0:48	19:03	59:02	
34	608	MATT	LLOYD	M25-29	BASSETLAW TRI CLUB		7:17	0:54	32:42	0:40	17:38	59:10	
35	610	DANIEL	TAYLOR	M30-34			8:12	0:54	30:59	0:49	18:45	59:37	
36	595	ALEX	HUGHES	M15-19	SOUTHWELL RUNNING CLUB		7:59	0:54	31:22	0:48	18:44	59:45	
37	590	ANDREW	KINSLEY	M25-29	RETFORD AC		7:38	1:13	31:31	1:02	18:27	59:49	
38	637	DAVID	GRIFFITHS	M35-39	TFN TRI CLUB		7:16	0:46	30:28	0:43	20:53	1:00:04	
39	457	ROBERT	HARPER	M25-29			7:31	0:58	32:31	0:47	18:19	1:00:05	
40	560	MIKE	POLE	M45-49	LEICESTER TRIATHLON CLUB		8:12	0:57	30:56	0:52	19:09	1:00:06	
41	636	MARK	DOYLE	M25-29	TFN TRI CLUB		7:33	0:49	30:53	0:41	20:13	1:00:07	
42	512	CHRIS	TRZCINSKI	M50-54	CHARNWOOD TRI CLUB		8:34	1:00	29:49	0:56	19:52	1:00:10	

43	488	CLINT	SAWYER	M35-39	LINCOLN TRI		9:16	1:09	29:12	0:43	19:54	1:00:12	
44	544	PHIL	SIMPSON	M30-34			8:13	0:57	30:50	1:19	18:56	1:00:12	
45	453	JULIAN	HACKETT	M45-49	LEICESTER TRIATHLON CLUB		7:41	0:52	30:12	1:36	19:53	1:00:13	
46	534	STEPHEN	WALKER	M50-54			8:34	1:06	29:35	0:46	20:25	1:00:23	
47	646	GREGG	OLDHAM	M35-39	HUCKNALL WATER POLO CLUB		6:19	1:17	30:55	0:58	21:12	1:00:40	
48	472	PAUL	LUSTY	M35-39			7:15	1:33	32:21	1:02	18:32	1:00:41	
49	449	IAN	GALPIN	M35-39	WITHAM WHEELERS		9:26	0:54	30:42	1:06	18:38	1:00:44	
50	564	JAMES	WHELAN	M25-29			7:48	1:04	31:56	0:59	18:59	1:00:44	
51	572	COLIN	CAMPBELL	M40-44	ABSOLUTE TRI		8:13	0:58	30:44	0:58	19:53	1:00:44	
52	634	CATRIONA	WYNNE	F40-44	ABSOLUTE TRI		7:33	0:53	30:34	1:01	20:47	1:00:46	
53	399	JOHANN	POLAK	M35-39			8:54	1:15	29:09	0:58	20:34	1:00:47	
54	613	ANTHONY	WYNNE	M45-49	ABSOLUTE TRI		7:48					1:00:58	
55	605	MATHEW	BARROWCLIFFE	M30-34			7:22	0:49	30:58	0:45	21:09	1:01:01	
56	124	MICHAEL	DUNSTER	M25-29			9:19	0:48	31:23	0:56	18:45	1:01:08	
57	599	GARRY	DAVY	M45-49	PLANET X		7:33	1:16	32:24	0:59	19:00	1:01:10	
58	588	MARK	SALMON	M35-39			7:57	1:03	31:12	0:59	20:02	1:01:11	
59	618	JON-PAUL	HEMMINGS	M30-34			6:53	0:45	31:25	0:40	21:30	1:01:11	
60	589	BEN	CASSWELL	M30-34	ELY TRI		7:19	1:26	31:01	1:06	20:22	1:01:11	
61	565	JAMIE	BUCKLAND	M35-39	GI TRI		7:51	1:02	31:30	0:59	20:06	1:01:25	
62	573	ADRIAN	CLARK	M40-44	GI TRI		7:36	1:10	32:04	0:54	19:48	1:01:30	
63	429	TOM	YORK	M35-39			7:50	0:49	32:31	0:50	19:30	1:01:30	
64	477	GARRY	SIDDON	M40-44			9:28	0:40	29:59	0:47	20:43	1:01:34	
65	555	PAUL	SCOTTING	M50-54			8:37	0:48	31:46	0:43	19:43	1:01:35	
66	519	STEPHEN	BRADLEY	M25-29			8:55	0:52	31:24	0:41	19:45	1:01:36	
67	569	CHRISTOPHER	BROWN	M55-59			6:47	1:09	32:10	1:01	20:32	1:01:36	
68	557	MICHAEL	STAINES	M55-59	SPALDING TRI CLUB		8:21	0:58	30:10	0:58	21:23	1:01:48	
69	468	NIGEL	LEVER	M40-44	REDHILL ROAD RUNNERS		8:27	0:59	34:11	0:34	17:44	1:01:52	
70	581	LOUISE	ALLEN	F35-39	GI TRI		8:19	0:55	30:55	0:49	20:59	1:01:54	
71	539	RICK	WOLVERSON	M30-34	TFN		8:15	1:26	32:52	1:02	18:26	1:01:59	
72	259	ROBERT	ROPER	M45-49			10:35	1:04	30:45	1:12	18:30	1:02:04	
73	563	ANDY	TUCK	M45-49			8:15	1:10	30:12	0:51	21:38	1:02:04	
74	418	MARK	WILSON	M45-49	LINCOLN TRI		9:12	0:54	30:56	0:47	20:31	1:02:18	
75	489	GEORGE	HACKNEY	M40-44	LINCOLN TRI		9:04	0:46	31:19	0:40	20:32	1:02:19	
76	523	JON	DUFTY	M35-39	LICHFIELD TRIATHLON CLUB		8:23	0:46	31:33	0:53	20:55	1:02:27	
77	528	IAN	RANDALL	M40-44			9:14	1:19	31:36	1:11	19:11	1:02:29	
78	372	LEE	BIRBECK	M40-44			8:47	1:15	30:51	0:48	20:51	1:02:30	
79	508	JIM	NYE	M40-44			8:13	1:06	32:00	0:45	20:29	1:02:31	
80	343	KENNY	HUNTER	M40-44			9:03	0:54	33:31	0:53	18:22	1:02:41	
81	118	JAMES	WALLWORK	M30-34			9:33	1:07	30:00	1:20	20:44	1:02:43	
82	470	JASON	LOVELL	M25-29			8:48	0:50	32:40	1:06	19:20	1:02:43	
83	575	LUKE	HANDLEY	M25-29	SHEFFIELD TRI CLUB		8:05	0:50	32:00	0:41	21:21	1:02:55	
84	484	MARTIN	HARLOCK	M40-44	LINCOLN TRI		10:09	0:52	30:13	0:49	21:05	1:03:06	
85	547	JAMES	HOPKINSON	M35-39	GI TRI		8:25	1:09	31:20	1:06	21:12	1:03:10	
86	568	STEVE	BELL	M45-49			7:29	1:10	31:50	1:03	21:44	1:03:15	
87	611	JANE	SCOTT	F35-39			7:23	1:05	30:57	0:59	22:57	1:03:19	
88	623	CARL	HARRIS	M30-34	SUN CITY TRI		6:58	0:51	34:23	0:49	20:20	1:03:20	
89	532	PADDY	TIGHE	M50-54			8:45	1:11	32:30	0:54	20:06	1:03:24	

90	529	TAD	SKUBALA	M20-24			8:07	0:47	32:25	0:47	21:22	1:03:25	
91	644	MATTHEW	TWYNHAM	M45-49	NUNEATON TRIATHLON CLUB		6:35	0:54	32:20	0:54	22:46	1:03:27	
92	352	IAIN	RODGER	M40-44			9:45	0:53	31:48	0:44	20:21	1:03:29	
93	281	RUTH	WILSON	F40-44			9:54	1:00	32:37	0:59	19:05	1:03:34	
94	596	NIKI	DURHAM	F35-39			7:53	1:01	32:50	0:58	20:55	1:03:36	
95	645	JAKE	CROOK	M15-19	KING'S LYNN TRIATHLON CLUB		5:57	1:11	34:02	0:48	21:43	1:03:38	
96	503	JIM	WILSON	M30-34	TFN TRI CLUB		9:41	0:56	30:18	0:52	21:53	1:03:38	
97	205	TERRY	BETHELL	M30-34			8:22	1:49	31:57	1:12	20:21	1:03:39	
98	607	JONATHAN	EVANS	M25-29			7:26	1:19	34:01	1:19	19:37	1:03:39	
99	253	ANDREW	NEESHAM	M40-44			10:05	0:49	32:14	1:00	19:46	1:03:52	
100	505	DAVE	GATES	M55-59	LINCOLN TRI		8:12	0:52	30:39	1:03	23:15	1:03:58	
101	494	TOM	GEORGE	M20-24	LINCOLN TRI		8:56	0:56	32:49	0:50	20:31	1:04:00	
102	492	DAN	HOGG	M25-29			8:18	0:57	37:46	0:48	16:24	1:04:11	
103	521	ROS	GOATLY	F40-44	PACTRAC		7:59	0:58	32:55	0:59	21:23	1:04:12	
104	430	SIMON	WHITMAN	M40-44	ABSOLUTE TRI		8:50	1:01	31:27	1:19	21:47	1:04:21	
105	627	WILLIAM	KEMP	M15-19	LOUTH DOLPHINS		5:43	1:04	33:11	0:55	23:31	1:04:22	
106	526	JUSTINE	HEAD	F40-44			8:29	1:02	33:42	0:54	20:29	1:04:34	
107	522	MICK	DAVENPORT	M50-54			8:50	1:19	32:32	1:18	20:47	1:04:43	
108	435	ANDREW	SCOTHERN	M40-44			9:32	1:05	32:37	0:49	20:43	1:04:44	
109	424	WAYNE	KEW	M50-54	MABLETHORPE RUNNING CLUB		9:49	1:12	33:07	0:49	19:50	1:04:45	
110	267	NATALIE	FARROW	F25-29	LINCOLN WELLINGTON AC		9:33	0:58	36:09	0:45	17:25	1:04:47	
111	495	ANDREW	ROBERTSON	M30-34			10:31	0:57	32:06	0:40	20:36	1:04:49	
112	170	JIM	HAYLETT	M50-54	BCTTT		10:23	0:58	31:40	1:17	20:34	1:04:51	
113	347	PETER	PRYKE	M45-49			9:53	0:55	32:56	1:16	19:55	1:04:54	
114	643	THOMAS	WALKER	M25-29	KING EDWARD VII TRIATHLON CLUB		6:30	0:59	32:40	0:47	24:00	1:04:55	
115	307	DAVID	MULDOON	M30-34			10:01	1:21	31:40	1:05	20:51	1:04:56	
116	268	JAMES	SHAW	M25-29			8:49	1:13	33:37	0:55	20:26	1:04:58	
117	551	REBECCA	DUNCOMBE	TEAM	BARROW RUNNERS	PADDLE-PEDAL-PLOD	8:08	0:46	33:12	0:42	22:16	1:05:01	
118	542	ROB	CHURCHOUSE	M25-29			8:57	1:37	33:53	0:36	20:01	1:05:02	
119	420	SAMUEL	PALMER	M25-29			9:13	1:28	34:40	1:02	18:41	1:05:02	
120	515	JOE	ASTON	M20-24			8:07	1:07	34:38	0:48	20:26	1:05:05	
121	517	KEVIN	BEDFORD	M40-44			8:58	1:08	30:34	0:55	23:38	1:05:12	
122	537	STUART	WEIGHTMAN	TEAM	ABSOLUTE TRIATHLON CLUB	TEAM WEIGHTMAN	9:28	0:35	32:18	0:41	22:12	1:05:12	
123	76	DARREN	LIDDELL	M35-39	ESENDEX		8:31	0:53	33:37	1:10	21:06	1:05:15	
124	504	STUART	FAULKNER	M35-39	ABSOLUTE TRI		8:55	1:16	33:28	0:40	21:03	1:05:19	
125	323	MARK	TIMMS	M35-39			7:43	1:22	33:47	1:00	21:45	1:05:36	
126	417	PHIL	WALKER	M40-44	LINCOLN TRI		8:38	0:57	33:57	0:55	21:12	1:05:38	
127	562	JAMIE	TAYLOR	M30-34			8:26	1:03	34:11	1:01	21:03	1:05:41	
128	413	PATRICK	GREEN	M45-49			9:27	0:49	33:32	0:42	21:16	1:05:43	
129	609	MICHAEL	LOCKWOOD	M35-39	LONG EATON RUNNING CLUB		7:11	1:13	36:33	0:49	20:01	1:05:45	
130	349	STEPHEN	SWABY	M35-39			9:01	0:54	33:11	0:58	21:47	1:05:50	
131	406	CLARE	CLEWER	F30-34	TFN TRI CLUB		8:29	0:44	34:12	1:53	20:44	1:06:00	
132	1	CHARLOTTE	WILLIAMSON	F40-44	LINCOLN TRI		8:50	1:07	34:13	0:53	21:04	1:06:06	
133	570	ANDY	BUSH	M45-49			8:01	1:17	34:02	1:09	21:41	1:06:09	
134	591	SALLY	HOPKINS	F30-34			7:57	1:20	36:34	0:54	19:29	1:06:11	
135	344	SEAN	MEEHAN	M25-29	BRAT		9:40	0:43	33:13	0:43	21:53	1:06:11	
136	545	ANDREW	SOUTHGATE	M45-49			8:54	0:48	33:49	0:41	22:04	1:06:14	

137	628	LEWIS	TUCK	M15-19			6:25	1:33	33:27	0:49	24:03	1:06:15	
138	250	MIKE	MITCHELL	TEAM		SPARTANS	9:13	0:53	35:12	0:45	20:15	1:06:15	
139	317	ADY	WEAVERS	M40-44			9:16	0:57	32:45	1:04	22:18	1:06:18	
140	5	MARK	RUHIER	M45-49			9:21	1:06	34:51	1:02	20:07	1:06:26	
141	395	ANDREW	MORRIS	M50-54	SHEPSHED RUNNING CLUB		9:43	1:09	32:57	1:06	21:34	1:06:26	
142	578	PETE	MITCHELL	M40-44			7:42	1:04	35:05	1:04	21:33	1:06:27	
143	633	KATE	LONG	F25-29	ABSOLUTE TRI		7:05	1:10	34:27	0:56	22:54	1:06:29	
144	474	CHRISTIAN	OLSEN	M50-54	SPALDING TRI CLUB		10:36	1:10	31:22	1:02	22:22	1:06:29	
145	514	MIKE	ARMSTRONG	M50-54	FITNESSWINS		9:32	1:38	33:18	1:54	20:12	1:06:32	
146	516	CLARE	GILLBE	F30-34			8:04	1:25	33:32	0:57	22:39	1:06:34	
147	402	IAN	SCOTT	M40-44			9:18	1:00	32:04	1:08	23:09	1:06:38	
148	373	MARTYN	JENKINS	M40-44	LINCOLN TRI		9:26	1:14	33:47	0:41	21:36	1:06:43	
149	434	DEAN	LILEY	M45-49			9:14	1:12	33:11	0:56	22:12	1:06:43	
150	451	KAYLEIGH	ADAMS	F15-19			7:01	1:00	36:37	1:02	21:07	1:06:45	
151	377	CHRIS	ANDREWS	M30-34			9:02	1:01	33:10	0:54	22:41	1:06:47	
152	414	MARK	ROWLEY	M50-54			9:22	1:21	32:45	1:07	22:17	1:06:49	
153	598	PETER	BARRATT	M50-54	BASSETLAW TRI CLUB		8:37	1:18	35:00	0:53	21:03	1:06:49	
154	561	ALISON	MACKINTOSH	F40-44	TFN		6:45	1:46	35:23	0:48	22:17	1:06:57	
155	375	ANDY	WEBB	M60+			10:23	1:00	34:08	0:59	20:30	1:06:57	
156	493	TOM	LANE	M25-29			10:23	0:56	34:21	1:21	19:57	1:06:57	
157	264	NICHOLAS	SCOTT	M30-34			10:48	1:10	34:28	0:36	20:00	1:07:01	
158	427	DAVID	WATT	M50-54	NOTFAST		9:25	0:58	34:35	0:57	21:08	1:07:01	
159	84	STEVE	SAUNDERS	M20-24			8:47	0:52	34:08	0:52	22:25	1:07:02	
160	507	CHRIS	GEESON	M45-49	TFN		9:47	1:28	33:32	0:52	21:28	1:07:05	
161	405	CRAIG	TAYLOR	M30-34			10:26	0:52	34:36	0:37	20:39	1:07:08	
162	94	JAKE	CARLISLE	M15-19	MANSFIELD ROAD CLUB		14:07	2:18	30:37	1:43	18:28	1:07:12	
163	541	JAYNE	BALDWIN	F45-49	DONCASTER AC		8:42	1:14	37:36	1:34	18:09	1:07:13	
164	345	CRAIG	POLLARD	M40-44			8:16	0:53	33:59	1:11	22:56	1:07:14	
165	240	BRYN	JONES	M30-34			9:33	2:17	31:21	1:22	22:45	1:07:16	
166	148	VINCENT	HARLIN	M45-49	BELPER TEN TWENTY		10:21	1:58	33:36	1:13	20:16	1:07:22	
167	130	ANDREW	BROADHEAD	M35-39			9:06	0:47	36:45	0:42	20:07	1:07:25	
168	540	MARTIN	CLIFFORD	M45-49	ABSOLUTE TRI		9:58	1:03	30:57	0:54	24:36	1:07:26	
169	617	NEIL	SMITH	M50-54			9:04	1:49	36:30	0:58	19:16	1:07:35	
170	336	CLAIRE	ETCHES	F40-44			9:19	1:06	34:29	1:02	21:44	1:07:39	
171	518	IAN	BELTON	M40-44			9:26	1:40	34:26	1:15	20:56	1:07:42	
172	150	STEPHEN	KING	M30-34			10:55	2:06	32:17	0:57	21:32	1:07:44	
173	218	TOM	DALZIEL	M50-54	4 LIFE TRI		10:26	1:03	32:21	1:01	22:57	1:07:46	
174	604	MILES	THOMAS	M40-44	KING'S LYNN TRIATHLON CLUB		5:22	1:19	34:28	1:48	24:56	1:07:52	
175	464	STEVE	JELLISS	M55-59			11:13	0:57	32:41	0:59	22:06	1:07:53	
176	338	TONY	FOREMAN	M50-54			10:10	0:51	34:57	1:09	20:50	1:07:56	
177	298	PHIL	ABBOTT	M40-44	LONG EATON RC		10:19	1:34	35:29	0:47	19:51	1:07:58	
178	234	STEPHEN	HOGG	M40-44			10:02	1:14	34:45	1:24	20:41	1:08:03	
179	231	ISABELLE	PETTIT	F20-24	CAMBRIDGE AND COLERIDGE		9:21	1:31	36:40	0:46	19:53	1:08:10	
180	357	STEVE	SHAYLER	M45-49			8:21	1:17	36:07	1:10	21:18	1:08:11	
181	100	DANIEL	GRAY	M35-39			10:59	1:24	30:49	1:36	23:25	1:08:12	
182	441	SARAH	MAPLETHORPE	F25-29			8:47	1:07	34:40	0:44	22:58	1:08:14	
183	428	JOHN	WILLIAMSON	M55-59	TEAM TIMMY/LINCOLN TRI		10:03	1:25	32:25	1:07	23:18	1:08:16	

184	368	DAVE	ASHER	M30-34			9:36	0:56	34:16	0:45	22:47	1:08:17	
185	258	DAVID	ROBINSON	M35-39			7:53	1:29	34:36	1:05	23:18	1:08:18	
186	439	ANDREW	BLACKBURN	M45-49	LINCOLNSHIRE FIRE & RESCUE		9:12	0:54	34:32	0:54	23:07	1:08:37	
187	535	SAMUEL	WARD	M35-39			8:13	1:02	36:03	0:52	22:31	1:08:38	
188	502	PAUL	LOGAN	M35-39			9:37	1:05	33:30	0:43	23:46	1:08:40	
189	335	ADAM	COOK	M40-44			10:06	2:36	32:41	1:12	22:07	1:08:41	
190	423	DOMINIC	DOWSETT	M15-19			8:28	1:13	35:11	0:59	22:54	1:08:43	
191	186	ALISON	JENKINS	F35-39	LINCOLN TRI		11:02	1:03	35:16	0:42	20:42	1:08:43	
192	278	BENJAMIN	SUTHERLAND	M30-34			8:14	1:22	35:50	0:44	22:38	1:08:45	
193	454	RICHARD	HALL	M45-49	BASSETLAW TRI CLUB		10:42	1:29	32:33	0:59	23:14	1:08:55	
194	204	ANDY	BARRON	M40-44			10:53	1:14	35:00	1:07	20:47	1:08:58	
195	513	DAVID	MEENAN	TEAM		TEAM LISH	8:43	0:43	35:10	0:47	23:43	1:09:04	
196	408	STEVE	SAUNDERS	M20-24			9:19	1:57	33:43	0:57	23:11	1:09:06	
197	365	GARY	CRAGG	M40-44			9:21	1:56	36:13	0:56	20:42	1:09:06	
198	462	MIKE	HUTCHINSON	M40-44			9:49	1:05	34:18	0:40	23:19	1:09:09	
199	558	MARK	TOMMIS	M40-44			8:15	1:32	33:21	1:08	24:58	1:09:13	
200	173	ALEX	BRIEN	TEAM	REACH SEPARAIONS	REACH SEPARATIONS	7:45	0:48	32:59	1:10	26:33	1:09:14	
201	509	NICHOLAS	DOYLE	M45-49			8:01	1:38	34:21	1:19	24:01	1:09:19	
202	650	OLIVER	PERKINS	M15-19			5:56	1:07	35:26	0:38	26:19	1:09:24	
203	340	SIMON	HAYDOCK	M55-59			9:53	0:48	32:45	1:40	24:20	1:09:25	
204	486	LYNNE	SHAW	F30-34			9:00	0:01	38:07	1:05	21:14	1:09:25	
205	487	OLIVER	PRITCHARD	M45-49			9:43	0:50	34:57	1:03	22:56	1:09:27	
206	329	JASON	BURKE	M25-29			10:01	1:18	37:29	0:52	19:52	1:09:31	
207	140	JASON	DOHERTY	M45-49	LONG EATON TRIATHLON CLUB		11:41	1:15	34:19	1:09	21:09	1:09:32	
208	385	RYAN	FORDE	M20-24	TRI LONDON		8:17	0:51	34:25	0:46	25:14	1:09:32	
209	467	DAVID	LEACH	M35-39			9:45	1:06	34:18	1:00	23:27	1:09:35	
210	248	DAVID	MANN	M25-29			10:41	1:16	33:25	0:42	23:35	1:09:36	
211	215	MARK	CROOK	M45-49			8:51	1:52	35:20	0:57	22:39	1:09:37	
212	55	GAVIN	TOULSON	M35-39	BASSETLAW TRI CLUB		9:30	1:43	36:35	1:00	20:55	1:09:42	
213	28	NICK	TAYLOR	M45-49			11:29	0:52	36:18	1:12	19:57	1:09:46	
214	431	KATIE	WEBSTER	F30-34	GI TRI		9:14	1:33	33:46	1:26	23:52	1:09:48	
215	105	LEIGH	MACDONALD	M25-29	LINCOLN TRI		12:53	2:54	33:59	0:46	19:18	1:09:49	
216	579	DERRY	O'NEILL	M45-49	LINCOLN TRI		10:29	1:03	34:49	1:12	22:22	1:09:53	
217	85	GARETH	ELLIOTT	M30-34			11:59	1:34	33:42	1:09	21:36	1:09:58	
218	448	DANNY	EDWARDS	M40-44			8:52	1:13	35:00	1:04	23:54	1:10:00	
219	339	LAURENCE	GLEW	M35-39			10:22	0:56	33:26	1:05	24:15	1:10:02	
220	244	CHRISTOPHER	LISTON	M30-34			9:01	1:30	36:02	1:39	21:55	1:10:04	
221	233	RICHARD	HARTLEY	M40-44	BALANCED PERFORMANCE		10:38	1:00	32:38	1:20	24:31	1:10:05	
222	146	GILL	FEWSTER	F35-39	LOUTH TRI CLUB		11:10	0:59	32:23	1:42	23:55	1:10:07	
223	465	MARTIN	JESSOP	M40-44	SKEGNESS COASTERS		9:18	1:05	35:24	0:50	23:35	1:10:11	
224	419	JON	MOORHOUSE	M45-49	MERSEY TRI		12:01	0:57	35:21	1:04	20:50	1:10:11	
225	9	KEVIN	TONE	M30-34			11:05	1:46	34:00	1:13	22:11	1:10:13	
226	286	GUDRUN	MEISL	F45-49	TFN TRI CLUB		9:29	1:00	33:59	1:03	24:46	1:10:14	
227	174	PETE	CROZIER	M40-44			11:42	1:23	33:34	1:17	22:28	1:10:22	
228	282	CLAIRE	CLOUGH	F35-39			9:20	0:56	36:31	0:57	22:43	1:10:25	
229	500	CLIVE	HAYWARD	M60+	ABSOLUTE TRI		8:51	0:53	37:07	0:59	22:38	1:10:27	
230	237	CAROLINE	WATERHOUSE	F40-44	TFN & BEESTON AC		8:59	1:10	37:37	1:09	21:34	1:10:27	

231	592	SCOTT	LANE	M35-39	RETFORD		8:05	1:05	35:17	1:01	25:03	1:10:29	
232	501	SARAH	ALTON	F45-49	SHEFFIELD TRI CLUB		8:42	0:49	36:40	1:28	22:55	1:10:33	
233	175	MARK	DOUGHTY	M35-39	LINCOLN TRI		11:56	1:07	33:55	1:07	22:33	1:10:35	
234	129	CHRIS	BATES	M50-54	LINCOLN TRI		11:42	1:45	30:55	2:47	23:29	1:10:36	
235	294	LAWRENCE	COLLINS	M35-39			11:09	1:52	35:38	1:05	20:56	1:10:37	
236	438	PHILIP	BELLAMY	M40-44			8:25	1:51	36:34	1:02	22:50	1:10:40	
237	389	NEIL	KAYE	M35-39	MANSFIELD TRIATHLON CLUB		9:01	1:16	35:55	1:00	23:36	1:10:46	
238	155	JOHN	PULLAN	M45-49	GI TRI		10:13	1:06	35:49	1:01	22:42	1:10:48	
239	292	CHRIS	ELLIS	M40-44	BOSTON YELLOVELO CYCLING CLUB		8:58	1:23	34:36	1:14	24:39	1:10:49	
240	134	RICHARD	BROWN	M35-39			10:46	1:48	36:01	1:44	20:33	1:10:51	
241	531	SARAH	WILLIAMS	F30-34	TFN		9:17	1:18	36:50	1:07	22:31	1:11:02	
242	421	RACHEL	HELEY	F40-44			8:46	0:58	36:24	0:48	24:15	1:11:10	
243	107	LOUISE	HUGHES	F35-39	LONG EATON TRIATHLON CLUB		10:34	2:12	35:09	1:30	21:48	1:11:10	
244	132	RACHEL	SHELDON	F35-39			11:13	1:02	38:09	1:15	19:36	1:11:13	
245	165	PETER	WILSON	M40-44			8:08	1:41	36:55	1:12	23:20	1:11:14	
246	319	MICHAEL	BUTTERICK	M40-44			10:07	1:04	37:27	0:55	21:46	1:11:16	
247	471	REBECCA	HURST	F25-29			9:17	1:32	37:35	1:14	21:45	1:11:21	
248	299	MATTHEW	BAILEY	M30-34			10:03	1:18	31:23	1:09	27:29	1:11:21	
249	348	JIM	PRYKE	M45-49	DERBY TRI		9:50	0:52	35:33	0:59	24:09	1:11:21	
250	415	GRAEME	SMITH	M45-49	BASSETLAW TRI CLUB		9:18	1:57	35:44	1:16	23:11	1:11:24	
251	593	MARK	NEEDHAM	M50-54			8:01	1:10	35:18	0:47	26:20	1:11:35	
252	350	STEVE	ROBINSON	M50-54			9:12	0:49	35:18	1:08	25:11	1:11:37	
253	182	LOUISE	HYDE	F50-54	LINCOLN TRI		10:36	1:27	34:58	0:58	23:39	1:11:37	
254	68	ANDREW	TURNER	M40-44			8:37	1:51	33:43	1:18	26:11	1:11:38	
255	463	CHRISTOPHER	HYDE	M40-44			9:46	1:23	36:35	0:47	23:11	1:11:40	
256	533	LIAM	WALKER	M15-19			8:21	1:05	37:51	0:50	23:39	1:11:44	
257	499	KYLE	CLOUGH	M40-44			8:51	0:52	37:01	1:19	23:46	1:11:48	
258	397	JAK	NEWTON	M20-24			8:29	1:26	37:25	1:00	23:42	1:12:00	
259	390	JOHN	KNOX	M40-44			9:14	0:49	37:14	1:16	23:30	1:12:01	
260	83	JODY	LEGGATE	M35-39			11:54	1:21	35:58	1:54	20:59	1:12:04	
261	226	SHEMANE	MORRIS	F30-34			9:41	1:46	39:55	0:57	19:45	1:12:04	
262	635	NICOLA	GARRETT	F40-44			9:09	1:44	35:34	1:07	24:32	1:12:04	
263	587	MICHAEL	THOMPSON	M35-39			8:17	2:24	36:12	0:57	24:17	1:12:05	
264	334	ANDREW	CLARKSON	M25-29			10:01	2:06	34:37	1:24	24:03	1:12:09	
265	304	PETER	JOYCE	M40-44			9:57	1:59	35:54	1:24	22:58	1:12:09	
266	89	JULIAN	LOBLEY	M40-44			10:52	1:35	35:49	1:26	22:30	1:12:10	
267	458	MIKE	HARTLEY	M60+			10:17	1:01	35:41	1:04	24:13	1:12:13	
268	197	SAMANTHA	YORK	F40-44			10:23	1:00	37:08	0:55	22:57	1:12:21	
269	401	SUSAN	BEDFORD	F40-44			9:40	1:00	37:27	0:57	23:19	1:12:22	
270	371	SARAH	MANN	F45-49	WAKEFIELD TRI CLUB		11:00	1:00	34:59	1:21	24:09	1:12:28	
271	482	GAVIN	WILLMOTT	M35-39			8:31	0:53	36:56	1:15	25:01	1:12:34	
272	293	JOHN	SEDGWICK	M50-54			10:50	1:47	36:09	1:19	22:33	1:12:37	
273	327	SHAUN	BELLAMY	M40-44			9:23	1:09	37:33	0:54	23:46	1:12:43	
274	80	NICK	HALL	M30-34	ESENDEX		10:46	2:31	35:26	1:48	22:19	1:12:48	
275	297	ROBERT	HAWORTH	M55-59	LINCOLN TRI		11:23	1:16	34:13	1:19	24:40	1:12:50	
276	220	ADRIAN	DODDS	M45-49			11:07	2:08	36:28	1:40	21:33	1:12:53	
277	15	DANIEL	GRAY	M35-39			10:58	1:54	35:33	1:11	23:22	1:12:57	

278	249	ANDREW	MILLER	M35-39			9:38	1:59	36:39	1:51	22:53	1:12:59	
279	318	KENETH	HOLMES	M25-29			9:40	1:34	36:03	1:05	24:43	1:13:04	
280	196	VICTORIA	SAMPLE	F35-39			9:52	1:22	36:47	1:15	23:51	1:13:06	
281	328	DALE	BROWNLESS	M35-39			8:42	1:28	40:47	1:03	21:09	1:13:06	
282	257	SAMANTHA	QUILLIAM	F20-24			8:39	1:28	38:36	0:54	23:36	1:13:11	
283	288	JONATHAN	WILSON	M40-44			8:20	2:13	36:07	1:23	25:11	1:13:12	
284	103	ADAM	HOPEWELL	M50-54			10:20	2:23	33:48	1:37	25:06	1:13:12	
285	219	PAUL	DAVIES	M40-44			10:49	3:03	36:47	0:59	21:38	1:13:14	
286	96	STACEY	AISTHORPE	F25-29			13:11	1:01	35:43	0:55	22:28	1:13:16	
287	149	CHRIS	HART	M40-44	LINCOLN TRI		15:26	1:21	33:21	1:07	22:08	1:13:20	
288	137	BARBARA	RUSLING	F50-54			11:17	1:26	37:49	1:18	21:34	1:13:23	
289	13	MARTIN	JONES	M40-44			12:08	1:16	34:43	1:32	23:49	1:13:26	
290	396	ALISON	WRIGHT	F50-54			10:28	1:09	36:59	0:49	24:03	1:13:27	
291	238	ROBERT	HURST	M55-59			10:34	2:11	33:47	2:09	24:49	1:13:28	
292	20	CRAIG	SMITH	M25-29			12:14	1:54	33:40	0:53	24:56	1:13:35	
293	506	KATE	KEMP	F40-44	LOUTH DOLPHINS		8:37	0:54	37:03	1:16	25:49	1:13:38	
294	410	JUSTIN	GARRETT	M45-49			9:35	1:41	37:01	1:13	24:10	1:13:38	
295	256	PENNY	KNIGHT	F40-44	ABSOLUTE TRI		9:57	1:17	38:45	0:56	22:49	1:13:41	
296	621	ELLEN	HOBBS	F15-19	4 LIFE TRI		6:33	0:54	38:35	0:55	26:47	1:13:42	
297	466	AMANDA	HILLARY	F25-29	SHEFFIELD RUNNING CLUB		8:54	1:20	38:29	1:01	24:02	1:13:44	
298	193	MARK	WALKER	M45-49	MANSFIELD TRIATHLON CLUB		12:03	0:52	34:29	1:39	24:44	1:13:44	
299	291	CLARE	SEYMOUR	F45-49			9:40	0:56	36:22	0:57	25:55	1:13:47	
300	108	SIMON	MACHIN	M20-24			10:14	2:35	34:23	1:47	24:50	1:13:48	
301	576	SARAH	TURNER	F25-29			7:36	1:32	37:34	1:09	26:00	1:13:48	
302	442	LEE	BUCHANAN	M35-39	TNT RACING		8:44	1:27	38:28	0:47	24:25	1:13:49	
303	77	SAM	WESSEL	M30-34	ESENDEX		10:34	1:20	35:51	1:27	24:48	1:13:57	
304	73	NEILL	MISON	M45-49	FERNWOOD RUNNING CLUB		11:51	3:26	35:13	1:19	22:13	1:14:00	
305	285	BEN	WARNER	M20-24			9:48	1:29	37:33	0:49	24:22	1:14:00	
306	275	ALISTAIR	SUTHERLAND	M40-44			10:26	1:55	37:58	0:54	22:50	1:14:01	
307	473	ALEX	OLSEN	M20-24			10:05	1:15	35:54	1:11	25:42	1:14:03	
308	476	BEVERLEY	MASTERMAN	F30-34	RUGBY TRIATHLON CLUB		9:04	1:04	36:25	1:03	26:32	1:14:06	
309	346	CLAIR	HIBBERT	F30-34	GI TRI		8:39	1:01	38:30	1:07	24:56	1:14:09	
310	312	MARCUS	WRIGHT	M40-44			10:46	1:46	34:36	1:55	25:10	1:14:11	
311	168	PAUL	DUNCAN	M60+	LINCOLN TRI/DUNSTON DUCKS		10:53	1:16	35:07	1:08	25:55	1:14:17	
312	342	LEE	HODGSON	M40-44			10:14	0:47	38:37	1:14	23:27	1:14:18	
313	247	LOUISE	GEORGE	F45-49	ABSOLUTE TRI		10:54	1:38	33:07	1:09	27:32	1:14:18	
314	550	PAUL	TEAGUE	M30-34			9:45	2:10	35:57	1:13	25:22	1:14:24	
315	159	DENIS	SHERWOOD	M35-39			12:30	1:22	35:45	1:13	23:38	1:14:25	
316	184	MATTHEW	JORDAN	M35-39			11:37	1:48	36:10	1:10	23:49	1:14:31	
317	198	TONY	YARDLEY	M40-44			10:26	1:23	38:20	0:53	23:36	1:14:36	
318	456	YVONNE	DUNMORE	F40-44	WIGSTON PHOENIX RUNNING CLUB		8:35	1:16	37:19	1:01	26:33	1:14:41	
319	524	STEVEN	GILL	M35-39			8:35	2:11	37:25	1:31	25:01	1:14:42	
320	446	EMILY	BURTON	F35-39			9:34	1:41	36:49	1:07	25:34	1:14:43	
321	330	KEVIN	BURKE	M50-54			10:45	1:35	39:36	1:17	21:34	1:14:45	
322	409	MARK	GOSS	M40-44			9:31	1:34	39:25	0:39	23:44	1:14:51	
323	355	HUGH	SHAW	M40-44			11:24	1:02	38:38	0:49	23:02	1:14:52	
324	261	DAWN	YOUNG	F30-34			10:06	1:04	38:31	0:56	24:18	1:14:53	

325	520	GARY	BUSH	M45-49	BURNTWOOD TRI		9:05	1:32	32:41	1:37	30:00	1:14:53	
326	203	STUART	ALLINSON	M25-29			14:28	1:24	32:56	1:26	24:44	1:14:55	
327	359	CHRIS	SMITH	M30-34			10:16	2:35	37:00	0:56	24:13	1:14:58	
328	527	EVANGELOS	KOURENTZIS	M30-34			8:51	3:50	36:48	1:37	23:56	1:14:59	
329	251	EMMA	SMITH	F40-44	VEGETARIAN CYCLING & ATHETIC CLUB		10:47	1:00	36:55	1:05	25:17	1:15:02	
330	200	BEN	ASHCROFT	M30-34			11:25	1:39	34:09	1:09	26:44	1:15:03	
331	138	DAVID	BUTLER	M50-54			15:50	3:30	28:43	2:02	25:01	1:15:04	
332	279	ADAM	THORPE	M30-34			9:33	1:23	41:08	1:04	22:04	1:15:10	
333	110	DANIEL	RANYARD	M30-34			9:23	1:41	36:45	1:03	26:20	1:15:10	
334	263	HEDLEY	SANSOM	M35-39			11:04	1:57	37:02	1:21	23:50	1:15:12	
335	121	LOUISE	BULL	F40-44			11:22	1:37	36:39	1:39	23:57	1:15:12	
336	212	JENNY	CAMPBELL	F25-29			10:18	1:02	39:17	1:09	23:30	1:15:14	
337	167	MELANIE	WHEELER	F40-44	LINCOLN TRI		10:52	0:51	36:55	1:01	25:44	1:15:20	
338	398	ANDY	PADMORE	M35-39			9:59	1:58	37:58	1:05	24:28	1:15:27	
339	306	CATHERINE	HARRISON	F35-39	BASSETLAW TRI CLUB		9:49	1:12	36:06	1:22	26:59	1:15:27	
340	353	DAVID	ROSS	M40-44			9:17	1:40	39:21	0:54	24:21	1:15:31	
341	113	STUART	REEKIE	M35-39			11:48	1:12	37:58	1:10	23:28	1:15:34	
342	425	SIMON	THACKERAY	M40-44	RACING TNT		9:21	1:53	35:50	1:46	26:47	1:15:34	
343	93	ANDY	BATTLE	M45-49			11:32	1:53	34:36	1:44	25:51	1:15:35	
344	143	ANDY	EVISON	M35-39			10:28	1:10	36:38	1:35	25:54	1:15:43	
345	392	SIMON	LAMBERT	M35-39			9:17	1:33	39:37	1:28	23:51	1:15:43	
346	393	FRASER	LOUDEN	M20-24			9:43	2:15	38:06	1:12	24:29	1:15:43	
347	158	PAUL	ROGERSON	M60+			12:33	2:51	34:57	1:49	23:38	1:15:45	
348	180	SAM	GRANT	M30-34	TYNE ROWING CLUB		11:35	2:37	35:56	1:48	23:52	1:15:46	
349	190	ALISTAIR	SMITH	M45-49	ABSOLUTE TRI		11:36	1:15	34:22	1:08	27:29	1:15:48	
350	230	PAUL	GREGORY	M30-34			8:13	2:09	41:23	0:57	23:08	1:15:48	
351	161	MICHELLE	MUCKLESTONE	F45-49			11:04	1:16	37:29	1:06	24:56	1:15:49	
352	363	ANTHONY	WHEATLEY	M40-44			9:47	1:03	38:20	1:54	24:55	1:15:57	
353	189	IAN	SACKREE	M40-44			12:18	1:15	37:17	1:21	23:52	1:16:01	
354	341	HEIDI	FIELDER	F40-44			8:05	0:44	38:28	0:43	28:08	1:16:07	
355	133	MARIA	REHNSTROM	F30-34			10:10	2:43	37:45	1:27	24:08	1:16:10	
356	302	IAN	EVANS	M45-49	DERBY TRI		10:21	1:30	38:17	1:03	25:03	1:16:12	
357	142	HELEN	MELVILLE	F35-39	KING'S LYNN TRIATHLON CLUB		10:14	1:26	39:42	0:52	24:00	1:16:13	
358	225	JOSEPH	GILBERT	M30-34			12:27	2:28	33:03	1:47	26:31	1:16:13	
359	274	ROBERT	STRINGER	M35-39			12:33	1:16	37:00	1:16	24:13	1:16:16	
360	536	NICOLA	WEBB	F45-49			8:35	1:07	39:32	1:17	25:47	1:16:16	
361	360	MARC	WALKER	M35-39			10:03	2:13	36:42	0:52	26:32	1:16:21	
362	386	MEGAN	WALTON	F20-24			9:19	1:19	39:32	1:15	24:59	1:16:21	
363	469	LUKE	LOVELL	M25-29			9:36	0:57	39:02	0:58	25:50	1:16:21	
364	388	WILLIAM	HILL	M40-44			9:16	1:39	38:52	1:02	25:36	1:16:23	
365	188	ADRIAN	RISDALL	M50-54			11:51	1:56	36:04	1:31	25:05	1:16:26	
366	222	RACHEL	MCCRORY	F40-44			12:59	1:15	37:18	1:05	24:10	1:16:45	
367	119	SIMON	WOOD	M45-49			12:23	2:27	36:53	1:26	23:40	1:16:46	
368	403	RICHARD	COTTON	M30-34			10:31	1:58	38:13	1:43	24:26	1:16:48	
369	154	STEVEN	POLE	M30-34			11:48	1:52	37:26	1:42	24:02	1:16:49	
370	376	KELLY	OLSEN	F45-49	SPALDING TRI CLUB		9:50	1:28	39:13	1:07	25:16	1:16:52	
371	491	LIZ	WALTON	F50-54	LINCOLN TRI		8:52	0:46	42:11	1:09	23:57	1:16:54	

372	104	CHRIS	HUTCHINSON	M35-39			11:23	1:17	37:24	1:02	25:50	1:16:54	
373	199	STEVE	HARRIS	M45-49			10:20	2:15	36:48	1:42	26:00	1:17:03	
374	208	JOHN	BIDE	M50-54	LINCOLN TRI		11:30	1:55	38:14	1:22	24:07	1:17:06	
375	245	CHRISTOPHER	MAIR	M40-44			10:13	1:31	39:27	1:24	24:37	1:17:09	
376	333	PETE	CABLE	M50-54			8:17	2:15	37:53	1:06	27:43	1:17:11	
377	552	RICHARD	CHIPPS	M50-54	LEICESTER TRIATHLON CLUB		8:49	2:02	38:08	1:14	27:04	1:17:16	
378	128	BARRY	DAVIS	M45-49			11:26	1:54	36:37	1:22	26:00	1:17:17	
379	179	MICHAEL	DUNMORE	M40-44			11:46	1:48	38:14	1:14	24:20	1:17:20	
380	185	JULIAN	KNIGHT	M45-49			11:44	2:04	36:35	1:17	25:42	1:17:20	
381	98	STUART	FIELDER	M55-59			12:21	0:51	36:50	1:15	26:07	1:17:21	
382	181	MICHYLA	CLARK	F40-44			9:55	1:13	39:14	0:58	26:06	1:17:24	
383	387	ALASTAIR	HADFIELD	M50-54			9:01	2:12	38:22	1:17	26:41	1:17:30	
384	209	MARK	BAILEY	M35-39			7:38	2:21	36:59	1:23	29:13	1:17:32	
385	271	BELINDA	GREEN	F35-39	STAMFORD TRI CLUB		10:19	1:31	39:12	1:24	25:11	1:17:34	
386	216	ANDREA	HULETT	TEAM	WIGSTON PHOENIX RUNNING CLUB	TEAM HULLETT	11:29	1:24	40:16	0:56	23:37	1:17:40	
387	58	PETER	HUNT	M55-59	SOUTHWELL RUNNING CLUB		14:19	3:04	36:50	1:01	22:29	1:17:41	
388	78	JOHN	ARMSTRONG-PRIOR	M40-44	ESENDEX		11:25	1:59	38:29	1:37	24:19	1:17:48	
389	214	NIC	CRAVEN	M15-19			11:10	2:08	40:40	1:50	22:03	1:17:49	
390	39	ROB	HILLARY	M25-29			12:42	2:19	38:17	1:26	23:12	1:17:54	
391	169	NEIL	WOODMANSEY	M50-54			9:31	1:55	40:00	1:30	25:05	1:18:00	
392	63	NEIL	TOOBY	M50-54			10:27	2:40	40:59	1:02	22:57	1:18:03	
393	67	ROB	PEARCE	M40-44			13:46	1:43	39:32	1:07	21:59	1:18:06	
394	265	MARTIN	SCOTT	M40-44			13:00	1:26	39:49	1:38	22:19	1:18:10	
395	303	RUSSELL	JONES	M50-54			11:12	1:34	39:01	1:20	25:06	1:18:11	
396	54	ALEX	TAYLOR	M20-24	LINCOLN TRI		12:59	1:23	37:53	1:25	24:33	1:18:12	
397	19	BRIAN	LOWNDES	M60+	MALTBY RUNNING CLUB		16:13	2:00	37:50	1:09	21:03	1:18:13	
398	97	MATTHEW	TUCKER	M35-39			12:24	1:52	36:18	1:31	26:24	1:18:26	
399	227	JOANNA	PENDLETON	F40-44	NOTFAST RUNNING CLUB		8:46	1:40	40:16	2:11	25:36	1:18:27	
400	151	DIANA	FLINT	F50-54	LINCOLN TRI		10:38	2:09	39:52	1:28	24:23	1:18:28	
401	25	DAVID	PYE	M35-39			11:28	2:49	39:50	1:06	23:24	1:18:36	
402	160	GORDON	STONER	M55-59			12:17	3:05	38:28	1:25	23:32	1:18:45	
403	40	CHRISTOPHER	MILLS	M40-44			11:48	2:06	38:01	0:47	26:08	1:18:49	
404	277	LUCY	STEPHEN	F35-39	GI TRI		9:18	1:21	38:59	1:18	27:56	1:18:51	
405	300	ED	DICKINSON	M40-44			10:22	1:44	37:20	1:32	27:56	1:18:52	
406	445	STAN	COLLINS	M25-29			8:32	3:00	38:53	1:15	27:19	1:18:57	
407	2	ANDREA	GALPIN	F45-49			11:50	1:57	38:50	1:00	25:22	1:18:57	
408	616	AMY	SMITH	F20-24			7:58	1:43	42:46	0:41	25:57	1:19:04	
409	201	SARA	BEDFORD	F35-39			10:10	1:30	39:59	1:36	25:53	1:19:06	
410	187	MICHELLE	SQUIRE	F35-39			9:24	2:02	41:56	1:13	24:35	1:19:09	
411	269	GARETH	SMITH	M20-24			8:24	1:53	43:51	1:02	24:06	1:19:14	
412	450	ANDREW	GARNER	M35-39			10:41	1:17	39:34	1:23	26:22	1:19:15	
413	252	NINA	COVERLEY	F40-44			8:55	2:39	39:16	0:56	27:31	1:19:17	
414	120	PHIL	WROOT	M30-34			13:30	1:25	42:24	0:41	21:20	1:19:18	
415	60	NICK	PRYCE	M35-39	LAKESIDE LINCOLN		15:31	3:27	39:42	0:48	19:52	1:19:18	
416	436	JACKIE	ROSS	F50-54			9:15	2:10	35:09	1:28	31:20	1:19:19	
417	49	CARL	SHIPLEY	M50-54			12:06	3:45	34:52	1:58	26:44	1:19:23	
418	191	CLAIR	WILLIAMS	F40-44			10:54	1:45	41:45	0:53	24:12	1:19:27	

419	358	JOHN	SIMPSON	M60+			14:20	2:38	35:24	2:36	24:35	1:19:31	
420	382	FRASER	CLARKE	M25-29			9:48	1:24	39:25	1:08	27:57	1:19:40	
421	354	JAKE	SCOTT	M15-19			7:37	2:01	41:00	0:51	28:14	1:19:40	
422	195	ALAN	WOOLLEY	M45-49			10:24	2:05	39:10	0:52	27:14	1:19:44	
423	241	ROSEMARY	WILKINS	F35-39			10:12	1:18	41:34	1:23	25:28	1:19:54	
424	287	ROBERT	WHITE	M40-44			11:32	2:27	36:03	2:24	27:30	1:19:54	
425	162	TONI	WEBSTER	F25-29	BASSETLAW TRI CLUB		10:14	1:35	41:14	1:05	25:51	1:19:56	
426	109	JAGJIT	RAI	M45-49			12:04	2:22	43:00	0:56	21:41	1:20:00	
427	337	DAVE	EATHERINGTON	M40-44	TFN TRI CLUB		9:55	0:55	37:25	1:44	30:04	1:20:01	
428	30	MICHAEL	BIRD	M60+	MANSFIELD TRIATHLON CLUB		14:16	1:36	37:14	1:29	25:32	1:20:05	
429	433	STEPHEN	CASTIAUX	M30-34	GI TRI		9:11	1:50	45:03	0:57	23:07	1:20:06	
430	361	CLARE	LOVE	F35-39			8:51	1:08	39:56	1:47	28:33	1:20:14	
431	324	SHAFIQUE	AHMAD	M45-49			11:12	1:17	40:30	1:12	26:09	1:20:18	
432	153	DAN	NORTH	M30-34			11:32	1:19	40:19	1:24	25:48	1:20:20	
433	380	ASHLEY	BARWICK	M40-44	RACING TNT		10:08	1:48	39:41	1:30	27:18	1:20:23	
434	65	KARL	BROWN	M25-29			12:40	1:50	40:44	0:50	24:29	1:20:31	
435	481	JO	ROPER	F25-29			7:48	1:39	42:27	1:29	27:10	1:20:31	
436	651	PETER	BARBER	M60+			11:30	1:35	39:28	1:14	26:47	1:20:33	
437	546	RACHEL	CLERCK	F30-34	TFN		8:56	3:21	38:39	2:11	27:32	1:20:37	
438	455	KEITH	HALLAM	M55-59	LEICESTER TRIATHLON CLUB		8:44	1:48	35:50	1:52	32:27	1:20:40	
439	194	STEPHEN	WILSON	M55-59			11:26	2:43	39:21	1:34	25:45	1:20:46	
440	254	MARK	OAKLEY	M45-49			12:25	1:32	39:36	0:53	26:23	1:20:47	
441	296	HANNAH	MOORHOUSE	F40-44	MERSEY TRI		11:01	1:33	39:54	1:33	26:48	1:20:48	
442	139	LIAM	COLEBROOK	M30-34			10:19	2:05	39:05	1:30	27:51	1:20:48	
443	272	JENNIFER	HURST	F50-54			10:23	1:41	41:26	2:30	25:00	1:20:57	
444	289	MARVIN	WILTSHIRE	M40-44			12:09	2:26	37:50	2:02	26:36	1:21:00	
445	202	LOUISE	SURGAY	F40-44	SHELTON STRIDERS		10:21	1:29	43:00	1:29	24:45	1:21:03	
446	475	JAMIE	SAWDON	M20-24			8:42	1:49	40:52	0:59	28:45	1:21:04	
447	444	MATTHEW	CLELLAND	M25-29			12:24	2:09	39:26	1:19	25:51	1:21:07	
448	243	PETER	LEGGETT	M45-49	BELVOIR TRI CLUB		10:28	1:38	39:24	2:00	27:42	1:21:10	
449	496	EMMA	WILLIAMS	F35-39			8:30	0:51	42:44	1:00	28:13	1:21:16	
450	74	RYAN	SMITH	M25-29			12:44	2:03	39:49	0:49	26:01	1:21:24	
451	224	JUSTIN	FOOT	M45-49			13:12	2:45	38:45	1:41	25:06	1:21:27	
452	322	RICKY	POZNANSKI	M25-29			9:42	1:58	45:52	0:56	23:03	1:21:30	
453	38	MICHAEL	FURLONG	M35-39			12:37	2:24	35:44	1:49	28:58	1:21:30	
454	478	PAUL	TREVEY	M45-49			9:13	1:50	46:40	0:51	23:05	1:21:37	
455	156	SALLY	KNOX	F35-39			11:38	1:41	40:48	1:01	26:32	1:21:38	
456	276	EMILY	LOCKETT	F25-29			9:49	1:56	43:21	1:11	25:26	1:21:41	
457	122	CHRISTINE	PURSLOW	F50-54			12:07	2:21	41:16	1:31	24:29	1:21:42	
458	228	MICHAEL	GILDER	M35-39			10:47	1:11	40:04	1:09	28:34	1:21:44	
459	404	PETER	SMALLEY	M35-39			9:46	1:57	45:05	0:51	24:14	1:21:51	
460	47	SARAH	HARRINGTON	F30-34			12:06	1:51	38:37	0:47	28:51	1:22:09	
461	369	ANDREW	FOGARTY	M45-49			9:41	2:48	42:50	1:33	25:27	1:22:17	
462	157	SARAH	LINFORD	F30-34			9:19	2:38	41:48	1:03	27:34	1:22:20	
463	66	ZOE	BUCHANAN	F30-34			10:52	2:34	42:12	1:00	25:47	1:22:23	
464	90	ALAN	BALDOCK	M60+			15:07	3:37	37:04	1:17	25:23	1:22:26	
465	311	HELEN	PARKER	F45-49			11:34	1:12	42:09	1:13	26:44	1:22:49	

466	356	FIONA	KEATES	F40-44			13:38	1:01	40:06	1:35	26:38	1:22:56	
467	102	REBECCA	CONWAY	F35-39			12:31	2:54	40:23	1:43	25:35	1:23:03	
468	223	NICK	DUTTON	M40-44			13:18	0:50	40:34	1:30	27:03	1:23:13	
469	59	GRAHAM	HIND	M60+	GRANTHAM TRI		12:03	1:45	40:34	0:58	27:55	1:23:13	
470	606	TIFFANY	GORSKI	F30-34			9:41	2:42	42:53	2:04	25:53	1:23:13	
471	123	TONY	BARRY	M50-54			13:04	2:41	40:06	1:42	25:50	1:23:21	
472	308	DUNCAN	POWERS	M35-39			10:07	1:19	39:49	1:37	30:33	1:23:24	
473	391	ANTONIA	WHITAKER	F55-59	ABSOLUTE TRI		9:35	1:20	40:11	1:19	31:08	1:23:32	
474	136	SYLVIA	YATES	F60+	SHEFFIELD TRI CLUB		12:11	1:48	40:57	1:25	27:21	1:23:40	
475	29	JOHN	SHARP	M60+			13:35	2:08	37:46	1:06	29:13	1:23:47	
476	178	BRIAN	DOWNES	M50-54			11:30	2:16	41:52	1:25	26:56	1:23:58	
477	236	VANESSA	SPAWTON	F45-49			10:45	1:54	42:11	1:19	27:54	1:24:01	
478	166	ALISON	BARBER	F50-54			11:36	1:31	39:58	1:39	29:25	1:24:07	
479	14	STEVE	NEEDHAM	M60+	GI TRI		17:12	3:31	35:20	1:30	26:55	1:24:26	
480	381	SAMANTHA	SMITHSON	F25-29			8:37	1:41	39:49	1:11	33:15	1:24:31	
481	459	THOMAS	HARVEY	M20-24			9:20	1:42	37:32	1:24	34:43	1:24:39	
482	315	LUKE	TEAGUE	M20-24			14:19	2:25	40:05	1:15	27:18	1:25:21	
483	127	FAITH	EDGINGTON-MOLE	F50-54	BASSETLAW TRI CLUB		12:26	1:34	46:50	1:14	23:23	1:25:24	
484	69	DAVID	WINFIELD	M40-44			12:03	2:45	42:21	1:28	26:53	1:25:29	
485	11	MARIE	EVANS	F30-34			13:21	1:29	42:47	1:10	26:48	1:25:34	
486	81	SARAH	DAVIES	F30-34			11:12	3:33	44:59	1:21	25:31	1:26:34	
487	566	KAREN	WELLS	TEAM		G TOWN GIRLS	8:37	0:42	47:55	0:43	28:43	1:26:38	
488	400	ANDREW	RICHARDSON	M30-34			10:16	1:16	47:46	1:18	26:16	1:26:51	
489	176	JO	HUNT	F40-44	LOUTH TRI CLUB		11:09	1:28	43:45	1:33	28:58	1:26:51	
490	394	SCOTT	MARSHALL	M40-44	ABSOLUTE TRI		10:37	1:53	41:53	1:32	31:04	1:26:58	
491	571	AIMEE	YEOMANS	F30-34			7:58	2:31	47:28	1:17	27:47	1:26:59	
492	351	KATHERINE	HOPEWELL	F15-19			10:00	2:45	46:35	0:53	26:51	1:27:02	
493	24	ANDY	WARD	M50-54			19:15	3:27	38:32	2:16	24:07	1:27:34	
494	511	RACHAEL	EATON	F25-29			8:34	1:26	44:57	0:42	32:02	1:27:39	
495	82	JANE	FOSTER	F35-39	VELOCITY RAPTORS		9:46	2:03	44:17	0:55	30:50	1:27:49	
496	45	PAMELA	SHIPLEY	F50-54			14:03	3:16	41:04	2:22	27:07	1:27:49	
497	242	KATY	WILSON	F40-44	MANSFIELD TRIATHLON CLUB		10:48	1:45	41:32	1:22	32:26	1:27:51	
498	217	LOUISE	JANSEN	F45-49	LONG EATON TRIATHLON CLUB		10:48	2:23	43:15	1:47	29:43	1:27:54	
499	35	CARL	FEATHERSTONE	M35-39			17:21	2:29	41:37	1:27	25:20	1:28:12	
500	147	VANESSA	FLETCHER	F35-39	ABSOLUTE TRI		11:42	2:24	47:14	1:59	25:30	1:28:47	
501	498	ROBERT	CAWDRON	M45-49	SOUTHWELL RUNNING CLUB/TFN TRI CLUB		9:41	1:32	39:38	1:34	36:25	1:28:49	
502	210	RANDEEP	CHUNG	M35-39			14:23	2:47	43:35	1:39	26:40	1:29:02	
503	211	KATE	BUTLER	F35-39			10:12	1:18	45:18	0:57	31:22	1:29:03	
504	10	STEVE	WALKER	M30-34			15:52	2:35	41:07	1:19	28:30	1:29:21	
505	183	IAN	HOPWELL	M45-49			11:10	1:51	43:32	1:09	31:45	1:29:24	
506	411	NICOLA	BROUGHTON	F20-24			9:28	2:20	43:44	1:35	32:31	1:29:37	
507	91	DEBORAH	PARKER	F45-49			13:45	2:38	42:11	1:01	30:21	1:29:55	
508	37	SALLY	COOPER	F20-24			10:24	2:17	47:19	1:15	28:47	1:30:01	
509	43	ALISON	REED	F45-49			13:23	2:16	41:48	2:10	30:53	1:30:29	
510	416	SALLY	GILES	F35-39			8:17	1:51	49:01	1:04	30:26	1:30:37	
511	144	MAVINDER	GOSAL	M35-39			12:49	2:05	49:30	2:17	25:01	1:31:40	
512	61	TERESA JANE	FLANNIGAN	F60+	EAST ESSEX TRI		13:51	2:23	47:21	1:15	27:58	1:32:45	

513	72	CAROL	SILVERWOOD	F50-54	SAVONA STRIDERS		11:46	2:51	47:58	1:32	28:50	1:32:55	
514	171	TANYA	ROSTRON	F50-54			12:01	1:37	47:43	1:00	30:32	1:32:51	
515	33	MARK	CHAMBERLAIN	M45-49			12:28	3:15	44:22	1:05	31:52	1:33:00	
516	106	JANE	DEVILLE	F35-39			12:55	2:07	47:03	1:06	29:52	1:33:00	
517	163	DARREN	THROWER	M45-49			13:24	2:18	40:48	1:53	34:50	1:33:11	
518	70	ROB	FROST	M40-44			16:34	3:38	55:55	1:23	16:14	1:33:42	
519	273	GRAHAM	STRINGER	M45-49	DERBYSHIRE DYNAMOS		12:20	1:41	46:58	1:18	31:40	1:33:55	
520	32	KATY	BONHAM	F25-29			14:15	2:23	43:16	1:44	33:10	1:34:46	
521	192	ZOE	JONES	F45-49	MANSFIELD TRIATHLON CLUB		11:47	2:26	44:48	2:05	34:01	1:35:05	
522	99	PAUL	FREEMAN	M45-49	RANYARD'S TRI TEAM		11:49	3:00	41:49	1:19	37:15	1:35:09	
523	313	BEN	BRADSHAW	M25-29	KING EDWARD VII TRIATHLON CLUB		11:34	1:56	45:25	2:00	34:25	1:35:19	
524	115	STUART	VICKERS	M30-34			13:35	2:28	43:56	1:36	34:52	1:36:25	
525	79	JONATHAN	RELF	M35-39	ESENDEX		13:06	4:04	45:31	1:11	33:37	1:37:26	
526	57	HELEN	SMALE	F35-39			12:35	3:40	54:21	1:10	25:50	1:37:33	
527	111	SAMANTHA	NEWHAM	F30-34			15:39	2:16	47:23	1:27	31:33	1:38:16	
528	152	KIRA	GREEN	F45-49	PSOF/GI TRI		11:57	2:37	46:20	1:57	35:54	1:38:43	
529	52	JANE	WOODIN	TEAM		TEAM WOODIN	12:31	3:20	56:42	1:28	24:58	1:38:57	
530	88	BRIAN	LOUDEN	M50-54			11:09	2:46	48:58	2:18	34:48	1:39:58	
531	126	KATH	AKOSLOVSKI	F55-59	LEICESTER TRIATHLON CLUB		12:33	1:45	41:40	2:03	42:43	1:40:42	
532	125	STEPHEN	JOHNSON	M60+	WOLDS VETERAN RUNNERS CLUB		14:00	2:55	47:43	1:20	35:05	1:41:02	
533	42	TRUDY	DRAPER	F45-49			13:07	4:05	48:07	4:43	32:40	1:42:41	
534	27	SUSAN	NEEDHAM	F55-59	GI TRI		14:32	2:46	48:35	1:23	36:48	1:44:03	
535	177	JOANNE	CARSTAIRS	F45-49			12:49	4:43	51:12	2:58	32:23	1:44:03	
536	31	KANKY	ANDREWS	F50-54			14:09	2:06	57:36	1:49	28:32	1:44:10	
537	36	JANE	BAKER	F45-49			15:08	4:07	50:28	2:20	32:40	1:44:40	
538	87	JENNIFER	IVES	F45-49			12:29	2:20	51:21	2:00	37:37	1:45:44	
539	280	CARL	TOWNER	M45-49			11:07	2:01	1:06:00	0:43	26:24	1:46:13	
540	17	SHEILAGH	RESNICK	F55-59	COLLINS		20:26	1:24	58:25	1:49	28:18	1:50:20	
541	46	DEE	TRUONG	F25-29			13:12	2:28	1:04:28	1:28	28:50	1:50:23	
542	114	LEWIS	SCHOFIELD	M15-19			10:58	1:32	1:12:22	0:42	27:17	1:52:48	
543	18	MARTIN	THOMAS-TAYLOR	M45-49			26:46	1:38	44:16	2:37	37:48	1:53:03	
544	50	SIMON	STACEY	M30-34			17:50	5:40	51:24	2:04	36:18	1:53:14	
545	6	SUE	COLLINS	F55-59			23:27	1:24	58:27	1:47	28:17	1:53:20	
546	12	STEPHANIE	HEAFFORD	F50-54			14:58	2:44	56:40	2:29	39:11	1:56:01	
547	92	SIAN	SWIFT	F25-29			11:39	4:42	59:13	2:17	40:28	1:58:17	
548	262	KATHERINE	ANDREWS	F30-34	DUNSTON DUCKS		10:19	1:55	56:29	2:17	48:29	1:59:27	
549	41	VICTORIA	DOUCH	F35-39			20:40	4:06	1:05:29	2:08	35:56	2:08:17	
	325	JOHN	ALDRIDGE	M20-24			8:08	1:35				D.N.F	
	422	KEIRAN	ASHCROFT	M30-34			8:45	2:43				D.N.F	
	332	STUART	BURNS	M35-39			11:03	1:24	30:35			D.N.F	
	383	DAVID	COLE	M40-44			8:40	1:09	35:46	1:04	21:16	DQ'd	Banned Equipment
	619	MICK	OLIVER	M45-49			6:57	0:40	28:23	0:43		DQ'd	Dangerous Riding
	75	RICHARD	ANDREWS	M50-54			12:11	4:00	40:37	1:26	13:34		1 Run Lap