



THE RUN 11 - 10K FINAL RESULTS

POS	RACE NO	FIRST NAME	LAST NAME	CATOGORY	TEAM	CLUB	NET TIME	GUN TIME
1	1435	PHIL	MELLING	TEAM 10K	FIRE AND RESCUE 1	NORTHAMPTONSHIRE FIRE & RESCUE SERVICE	00:33:17	00:33:17
2	1331	NICK	BEER	M OPEN 10K			00:33:28	00:33:28
3	1587	DAMIAN	CARR	M OPEN 10K		COVENTRY GODIVA	00:33:54	00:33:54
4	519	STEVE	POOLE	M VET 10K			00:34:03	00:34:03
5	1622	DANNY	KEATING	M VET 10K		LEICESTER CORITANIAN	00:34:59	00:34:59
6	1574	JONATHAN	GORINGE	M OPEN 10K		KETTERING TOWN HARRIERS	00:35:08	00:35:08
7	1409	LAZLOE	BODEN	M VET 10K		WOOTTON ROAD RUNNERS	00:35:14	00:35:14
8	956	JOSHUA	CARDWELL	M OPEN 10K		LOUGHBOROUGH TRIATHLON RC	00:35:29	00:35:29
9	1690	ANDY	PACEY	M VET 10K		SILSON JOGGERS	00:35:37	00:35:37
10	1353	CHRIS	WOOD	M OPEN 10K		SILSON JOGGERS AC	00:35:47	00:35:47
11	1391	GREG	SPELLMAN	M VET 10K		RUGBY AND NORTHAMPTON AC	00:36:06	00:36:06
12	1346	STEPHEN	GREEN	M OPEN 10K		MARSHALLS MILTON KEYNES ATHLETIC CLUB	00:36:22	00:36:22
13	411	SIMON	WOODWARD	M OPEN 10K		SILSON JOGGERS AC	00:36:29	00:36:29
14	447	TERRY	EGAN	M VET 10K		RUGBY AND NORTHAMPTON AC	00:36:38	00:36:38
15	841	JOHN	SAW	M OPEN 10K		RUGBY AND NORTHAMPTON AC	00:36:42	00:36:42
16	1072	KIRSTY	GALLAGHER	TEAM 10K	WOOTTON ROAD RUNNERS	WOOTTON ROAD RUNNERS	00:36:52	00:36:52
17	1235	MARK	LAURENSON	TEAM 10K	ALWAYS A CHANCE TRUST	ALWAYS A CHANCE TRUST	00:36:52	00:36:54
18	1286	JANE	OVINGTON	F VET 10K		MARSHALL MILTON KEYNES	00:36:56	00:36:56
19	1693	BRENDAN	MOEN	M VET 10K		RUGBY AND NORTHAMPTON AC	00:37:13	00:37:14
20	1752	BRUCE	LOVELL	TEAM 10K	TEAM BALANCISE		00:37:15	00:37:15
21	1324	CHRISTOPHER	QUICK	M OPEN 10K			00:37:22	00:37:23
22	1771	JAMES	ARNOLD	M OPEN 10K			00:37:28	00:37:30
23	1496	VINCENT	CARROLL	M VET 10K			00:37:31	00:37:31
24	1750	DAN	DOHERTY	TEAM 10K	TEAM BALANCISE		00:37:32	00:37:32
25	319	ANDREW	KIRSCHNER	M OPEN 10K		SHENLEY STRIDERS	00:37:37	00:37:38
26	1200	MATTHEW	CROSSE	M VET 10K			00:37:47	00:37:47
27	1318	SAM	TURNELL	M OPEN 10K		RUGBY AND NORTHAMPTON AC	00:38:04	00:38:04
28	1498	CARL	HERMANS	M VET 10K			00:38:20	00:38:20
29	1504	DAVID	BALL	TEAM 10K	KINGSTHORPE JOGGERS	UK ATHLETICS	00:38:18	00:38:21
30	1784	DARREN	WESTON	M VET 10K		DAVENTRY ROADRUNNERS	00:38:26	00:38:26
31	1392	JAMES	DARCY	M VET 10K			00:38:30	00:38:32
32	1065	TOM	GRAY	TEAM 10K	TEAM HANCOCK		00:38:40	00:38:41
33	498	KEMAL	MEHMET	M VET 10K		KETTERING TOWN HARRIERS	00:38:42	00:38:42
34	853	MARTIN	ERASMUS	M VET 10K		TEAM MK	00:38:42	00:38:43
35	1239	HENRY	UNWIN	TEAM 10K	ALWAYS A CHANCE TRUST	ALWAYS A CHANCE TRUST	00:38:52	00:38:54
36	1198	JON	KEMP	TEAM 10K		WELLINGBOROUGH & DIS	00:38:58	00:38:58
37	1653	PAUL	RIGBY	M OPEN 10K			00:38:59	00:38:59
38	1431	KARL	DOY	TEAM 10K	FIRE AND RESCUE 1	NORTHAMPTONSHIRE FIRE & RESCUE SERVICE	00:39:00	00:39:00
39	1441	ALEX	QUIBBEL	TEAM 10K	FIRE AND RESCUE (2)	FIRE AND RESCUE 2	00:39:07	00:39:07
40	1629	KEVIN	REBOUL-CARROLL	M VET 10K			00:39:07	00:39:10
41	856	STEVE	HEIGHWAY	M VET 10K		WOOTON ROAD RUNNERS	00:39:14	00:39:14
42	1334	SEBASTIAN	PALMER	M OPEN 10K		WEST SUFFOLK ATHLETICS CLUB	00:39:19	00:39:19
43	426	ANDREW	BAXTER	M VET 10K		EAST LONDON RUNNERS	00:39:21	00:39:22
44	958	NATHAN	CARROLL	M OPEN 10K			00:39:11	00:39:22
45	1769	ANDREW	KIRK	M OPEN 10K		SILSON JOGGERS AC	00:39:25	00:39:28
46	1461	LEWIS	BARKER	TEAM 10K	ALWAYS A CHANCE		00:39:32	00:39:32
47	303	SIMON	HAYWOOD	M OPEN 10K		SHENLEY STRIDERS	00:39:33	00:39:35
48	1497	DAVID	KELLY	TEAM 10K		WELLINGBOROUGH & DISTRICT AC	00:39:45	00:39:46
49	1754	PAUL	ADAMS	TEAM 10K	TEAM BALANCISE		00:39:48	00:39:48
50	1671	JAMES	RISDALE	M OPEN 10K		ARENA 80 AC	00:39:47	00:39:51
51	1356	STEWART	FISHWICK	M OPEN 10K			00:39:41	00:39:53
52	1333	JAMES	BERRY	TEAM 10K		WELLINGBOROUGH & DISTRICT AC	00:39:56	00:39:56
53	1751	MARTIN	HAMILTON	TEAM 10K	TEAM BALANCISE		00:39:58	00:39:58
54	1747	PETER	GRAY	M VET 10K		CORBY ATHLETIC CLUB	00:40:00	00:40:02
55	1477	BEN	GREEN	TEAM 10K		WELLINGBOROUGH & DISTRICT AC	00:40:01	00:40:06
56	1615	DAVID	BATEMAN	M VET 10K			00:40:05	00:40:07
57	560	TOM	PERCIVAL	TEAM 10K	BBC RADIO NORTHAMPTON	BBC RADIO NORTHAMPTON	00:40:12	00:40:12
58	1034	FRANK	MAYBIN	M VET 10K			00:40:10	00:40:12
59	1167	DAVE	BARRACK	M OPEN 10K		ALWAYS A CHANCE TRUST	00:40:12	00:40:12
60	393	RICHARD	TONKIN	M OPEN 10K			00:40:09	00:40:15
61	923	MICHAEL	STOCKTON	M OPEN 10K			00:40:18	00:40:24
62	1632	ROGER	BULLEN	TEAM 10K	W&DAC 'A'	W&DAC	00:40:24	00:40:24
63	1716	WILLIAM	SHIPPIN	M OPEN 10K		UKNETRUNNER	00:40:22	00:40:25
64	407	JONNY	WILKINSON	M OPEN 10K			00:40:24	00:40:26
65	290	NICK	GALLIMORE	M OPEN 10K			00:40:38	00:40:38
66	832	DANIEL	HILLS	M OPEN 10K			00:40:55	00:40:55
67	1165	WILL	JAPP	M OPEN 10K		ALWAYS A CHANCE TRUST	00:40:57	00:41:04
68	1351	CHRIS	BAILEY	M OPEN 10K			00:41:04	00:41:04
69	984	NEIL	MANLEY	M OPEN 10K			00:40:56	00:41:06
70	1729	SCOTT	MAGEE	M VET 10K		CORBY AC	00:41:05	00:41:07
71	250	RICHARD	BATCHELOR	M OPEN 10K			00:41:05	00:41:10
72	1158	MIKE	ELLIS	M OPEN 10K		ALWAYS A CHANCE TRUST	00:41:05	00:41:12
73	808	ELAINE	O'SULLIVAN	F VET 10K		BALANCISE	00:41:10	00:41:13
74	860	JAY	LOVE	M VET 10K		NORTHANTS TRI	00:41:18	00:41:18
75	462	GRAHAM	HOLLOWELL	M VET 10K			00:41:24	00:41:24
76	299	ANDREW	HACKETT	M OPEN 10K		WOOTTON TRI	00:41:26	00:41:29
77	1151	JOE	HALLETT	M OPEN 10K			00:41:23	00:41:30
78	1457	MARK	HAZEL	TEAM 10K	FIRE AND RESCUE (5)	FIRE AND RESCUE (5)	00:41:24	00:41:33
79	3463	DAVID	MORRIS	M OPEN 10K		ALWAYS A CHANCE	00:41:35	00:41:35
80	474	KEVIN	JEARY	M VET 10K		WOOTON ROAD RUNNERS	00:41:24	00:41:36
81	1323	ASHLEY	ROWLEY	M OPEN 10K		NORTHAMPTON SPORTS THERAPY	00:41:37	00:41:37
82	1205	TERRY	ALLEN	M VET 10K			00:41:33	00:41:38
83	390	ANDREW	THOMAS	M OPEN 10K		NORTHAMPTON ROAD RUNNERS	00:41:39	00:41:39
84	505	ALAN	MOULD	M VET 10K		RUGBY AND NORTHAMPTON AC	00:41:42	00:41:42
85	1073	JULIE	DIXON	TEAM 10K	WOOTTON ROAD RUNNERS	WOOTTON ROAD RUNNERS	00:41:45	00:41:45



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86	1338	IAN	WINCHURCH	M OPEN 10K			00:41:49	00:41:49
87	275	STUART	CRESSY	M OPEN 10K			00:41:51	00:41:51
88	453	RICHARD	FRANKS	M VET 10K			00:41:48	00:41:52
89	1143	JOSHUA	MCCULLOCH	M OPEN 10K			00:41:57	00:41:57
90	1225	ANTHONY	MANN	TEAM 10K	A-TEAM LOWDOWN		00:41:52	00:42:03
91	281	RICHARD	DAVIES	M OPEN 10K		SILSON JOGGERS AC	00:42:03	00:42:06
92	999	ANDREW	SMITH	M OPEN 10K		WEST NORTHAMPTONSHIRE DEVELOPMENT CORPORATION	00:42:01	00:42:06
93	561	JON	WILKINSON	TEAM 10K	BBC RADIO NORTHAMPTON	BBC RADIO NORTHAMPTON	00:42:00	00:42:08
94	806	FRANCES	MALIN	F VET 10K		WOOTTON ROAD RUNNERS	00:42:07	00:42:09
95	1606	JOHN	EAMES	M OPEN 10K		CORBY AC	00:42:11	00:42:13
96	1753	STUART	BARTLETT	TEAM 10K	TEAM BALANCISE		00:42:12	00:42:15
97	902	VICTORIA	KNIGHT	F OPEN 10K		WOOTTON ROAD RUNNERS	00:42:11	00:42:17
98	976	KEVIN	GRANGER	M OPEN 10K			00:41:46	00:42:20
99	1058	PHIL	WOOD	TEAM 10K	PINK PURPLE & PROUD	WOOTTON ROAD RUNNERS	00:42:17	00:42:23
100	260	ANDREW	BROWN	M OPEN 10K			00:42:28	00:42:35
101	1075	MORAG	LARSEN	TEAM 10K	WOOTTON ROAD RUNNERS	WOOTTON ROAD RUNNERS	00:42:29	00:42:35
102	1571	JACK	SELICK	M OPEN 10K			00:42:35	00:42:35
103	974	SEAN	GALLAGHER	M OPEN 10K		KETTERING TOWN HARRIERS	00:42:41	00:42:41
104	1718	GREG	PAKES	M OPEN 10K			00:42:34	00:42:43
105	258	MATTHEW	BRAND	M OPEN 10K			00:42:34	00:42:45
106	267	MICAHIEL	CARREA	M OPEN 10K		WOOTON ROAD RUNNERS	00:42:35	00:42:48
107	437	CLIVE	CARTER	M VET 10K			00:42:38	00:42:52
108	1793	ANDREW	REDDEN	TEAM 10K	W&DAC 'B'		00:42:50	00:42:54
109	1349	MATTHEW	BROWN	M OPEN 10K		WOOTTON ROAD RUNNERS	00:42:50	00:42:57
110	1227	MARK	KENNEDY	TEAM 10K	A-TEAM LOWDOWN	NORTHAMPTON ROAD RUNNERS	00:42:55	00:43:03
111	1760	EVE	RYAN	F OPEN 10K			00:42:56	00:43:05
112	1321	MICHAEL-JAMES	STEWART	M OPEN 10K			00:43:07	00:43:10
113	398	MARK	WATSON	M OPEN 10K			00:43:02	00:43:14
114	1591	EDWARD	BAILEY	M OPEN 10K		1	00:43:08	00:43:14
115	592	GARY	LEE	TEAM 10K	DFA LAW LLP		00:43:10	00:43:16
116	1189	SCOTT	ANDREW	M OPEN 10K		RUGBY AND NORTHAMPTON AC	00:42:57	00:43:17
117	1734	SAMUEL	JAMES	M VET 10K		MARSHALL MILTON KEYNES	00:43:16	00:43:19
118	953	CHRISTOPHER	BEATON	M OPEN 10K			00:42:57	00:43:21
119	1780	JASON	LAMMIE	M OPEN 10K		SHEFFIELD RUNNING CLUB	00:43:20	00:43:21
120	1583	ANDREW	DICKSON	M OPEN 10K			00:43:19	00:43:23
121	529	NATHAN	SEXON	TEAM 10K		WELLINGBOROUGH & DISTRICT AC	00:43:07	00:43:24
122	1056	STUART	DE FREYNE	TEAM 10K	PINK PURPLE & PROUD	WOOTTON ROAD RUNNERS	00:43:18	00:43:24
123	1618	STEVE	LAYT	M VET 10K			00:43:05	00:43:25
124	1197	JOHN	WEBB	M OPEN 10K		WOOTTON ROAD RUNNERS	00:43:19	00:43:26
125	1000	NATHAN	SMITH	M OPEN 10K		RUGBY AND NORTHAMPTON AC	00:43:12	00:43:27
126	1679	NEIL	STEVENS	M OPEN 10K			00:43:19	00:43:28
127	1157	BOBBY	LANE	M OPEN 10K		ALWAYS A CHANCE TRUST	00:43:26	00:43:32
128	873	STEPHEN	YOUNG	M VET 10K		WOOTTON ROAD RUNNERS	00:43:35	00:43:35
129	1287	TRUDI	PIKE	F VET 10K		CORBY AC	00:43:36	00:43:38
130	1023	SIMON	DIX	M VET 10K		KINGS HEATH RC THE LIONS	00:43:31	00:43:45
131	872	DAVID	WHEATLEY	M VET 10K			00:43:47	00:43:47
132	1018	TREVOR	BARNES	M VET 10K		SILSON JOGGERS AC	00:43:33	00:43:49
133	368	MATTHEW	REEVES	M OPEN 10K			00:43:30	00:43:51
134	521	STEVE	PRIOR	M VET 10K			00:43:37	00:43:51
135	1219	NEIL	GLOVER	M VET 10K		RUGBY AND NORTHAMPTON AC	00:43:51	00:43:51
136	1343	MATTHEW	VAUGHAN	M OPEN 10K		N/A	00:43:29	00:43:51
137	824	IAN	COOPER	M OPEN 10K			00:43:35	00:43:53
138	1732	DAVID	MORLEY	M VET 10K		SILSON JOGGERS	00:43:46	00:43:53
139	439	DAVE	CHANDLER	M VET 10K			00:43:47	00:43:56
140	1817	GRAHAM	PIGOTT	M OPEN 10K			00:43:41	00:43:59
141	450	JOHN	FLEMING	M VET 10K		NORTHAMPTON ROAD RUNNERS	00:43:52	00:44:00
142	409	GRANT	WILMOT	M OPEN 10K			00:44:01	00:44:01
143	287	STEPHEN	ELLIOTT	M OPEN 10K		RUGBY AND NORTHAMPTON AC	00:43:59	00:44:02
144	523	ANDY	RANCE	M VET 10K		BUGBROOKE	00:43:39	00:44:02
145	852	PHILIP	DAWES	M VET 10K			00:43:57	00:44:02
146	1190	NICK	KIRBYSHIRE	M OPEN 10K			00:43:51	00:44:03
147	1728	CHRIS	MURPHY	M OPEN 10K			00:43:45	00:44:03
148	1022	ADE	CHERRY	M VET 10K			00:43:58	00:44:08
149	987	SHANE	MATTHEWS	M OPEN 10K			00:43:20	00:44:09
150	1738	MARK	GARLICK	M VET 10K		NORTHANTS TRI CLUB	00:43:54	00:44:12
151	297	EDWARD	GROVER	M OPEN 10K			00:43:55	00:44:13
152	1455	RYAN	CHAMBERS	TEAM 10K	FIRE AND RESCUE (3)	FIRE AND RESCUE (3)	00:43:23	00:44:15
153	1621	NEIL	TATE	M VET 10K			00:44:08	00:44:17
154	660	MICHAEL	WILLIAMS	TEAM 10K	MONDAY NIGHT BEER CLUB		00:44:05	00:44:18
155	1074	BARBARA	WILLISON	TEAM 10K	WOOTTON ROAD RUNNERS	WOOTTON ROAD RUNNERS	00:44:13	00:44:19
156	322	OLIVIER	LANGUILLE	M OPEN 10K			00:44:20	00:44:20
157	835	DAMIEN	KEANE	M OPEN 10K		WOOTTON ROAD RUNNERS	00:44:02	00:44:21
158	342	DAVID	MULLAN	M OPEN 10K		OLNEY RUNNERS	00:44:19	00:44:24
159	862	JAMIE	MARTIN	M VET 10K			00:44:12	00:44:25
160	696	CHRIS	BAYLISS	TEAM 10K	RICHIE LONG STOCKINGS & THE DNF'S		00:44:25	00:44:27
161	575	GAVIN	SUTTIE	TEAM 10K	COPS ON THE RUN		00:44:29	00:44:29
162	838	JASON	MARRIOTT	M OPEN 10K			00:44:25	00:44:29
163	1044	CHRIS	SWIFT	M VET 10K			00:44:31	00:44:31
164	270	ADAM	CLARK	M OPEN 10K			00:44:26	00:44:34
165	1071	NICOLA	WOOD	TEAM 10K	WOOTTON ROAD RUNNERS	WOOTTON ROAD RUNNERS	00:44:37	00:44:42
166	698	RICHARD	ANDREWS	TEAM 10K	RICHIE LONG STOCKINGS & THE DNF'S		00:44:35	00:44:44
167	49	CHARLOTTE	FREESTONE	F OPEN 10K			00:44:47	00:44:47
168	1741	ED	TAYLOR	M VET 10K			00:44:40	00:44:50
169	1681	ANDREW	SCHOLEFIELD	M OPEN 10K			00:44:34	00:44:51
170	720	DANIEL	GILLERT	TEAM 10K	THE GUMPSTERS		00:44:53	00:44:53
171	1162	CHRISTOPHER	BROWN	M OPEN 10K		ALWAYS A CHANCE TRUST	00:44:32	00:44:53



THE RUN 11 - 10K FINAL RESULTS

172	1779	STEWART	SHEARS	M OPEN 10K		SILSON JOGGERS A/C	00:44:55	00:44:55
173	1601	LEE	FITZHUGH	M OPEN 10K			00:44:17	00:44:57
174	1624	IAN	CHILDS	M VET 10K			00:44:27	00:44:57
175	1647	JO	WINDRUM	F OPEN 10K		NORTHAMPTON ROAD RUNNERS	00:44:51	00:44:59
176	1664	TIM	WEBSTER	M OPEN 10K			00:44:51	00:44:59
177	1402	ROBERT	WHITE	M VET 10K			00:44:29	00:45:03
178	1614	STEPHEN	ATKINSON	M VET 10K		WOOTTON ROAD RUNNERS	00:45:00	00:45:06
179	320	SIMON	KIRSCHNER	M OPEN 10K		SHENLEY STRIDERS	00:45:08	00:45:08
180	1639	MIKE	FARROW	TEAM 10K	W&DAC 'B'	WELLINGBOROUGH & DISTRICT AC CLUB	00:45:10	00:45:10
181	1426	STEWART	BAILEY	TEAM 10K	BUTCHERS SUPERIOR		00:44:37	00:45:13
182	1002	CONNOR	SWAN	M OPEN 10K			00:44:55	00:45:14
183	1156	PAUL	DAVIES	M OPEN 10K			00:44:57	00:45:18
184	691	PAUL	LEWIN	TEAM 10K	PLANNING & REGENERATION NBC	NORTHAMPTON BOROUGH COUNCIL	00:45:03	00:45:20
185	866	RICHARD	PACK	M VET 10K		OLNEY RUNNERS	00:45:12	00:45:24
186	333	DAVE	MAYO	M OPEN 10K			00:44:38	00:45:25
187	452	RICHARD	FRANKLIN	M VET 10K			00:45:26	00:45:26
188	1611	DARREN	GIBSON	M VET 10K		TEAM BALANCISE	00:45:06	00:45:26
189	1407	KEVIN	LEWIS	M VET 10K		WELLINGBOROUGH & DISTRICT AC	00:45:16	00:45:33
190	243	MARTIN	ANDREWS	M OPEN 10K			00:45:26	00:45:34
191	248	JAMES	ARMSTRONG	M OPEN 10K			00:45:35	00:45:35
192	1536	LOUISE	THOMPSON	F OPEN 10K		RUGBY & NORTHAMPTON AC	00:45:29	00:45:35
193	1783	JOHN	COLVIN	M VET 10K			00:45:12	00:45:36
194	951	MARK	BAKER	M OPEN 10K			00:45:05	00:45:38
195	1328	GRAHAM	HILL	M OPEN 10K			00:44:54	00:45:39
196	1060	CHRISTOPHER	FULTHORPE	TEAM 10K	PINK PURPLE & PROUD	WOOTTON ROAD RUNNERS	00:45:13	00:45:40
197	819	ADAM	BOOTH	M OPEN 10K		SLEAFORD TOWN RUNNERS	00:45:04	00:45:41
198	478	STEPHEN	KEACH	M VET 10K			00:45:05	00:45:42
199	1845	WILL	BENTON-DIGGINS	M OPEN 10K		ALWAYS A CHANCE TRUST	00:45:25	00:45:45
200	455	JONATHON	GALE	M VET 10K		SILSON JOGGERS AC	00:45:24	00:45:46
201	433	ANDREW	BROWNLESS	M VET 10K			00:45:42	00:45:47
202	1160	DAVE	TONKS	M OPEN 10K			00:45:35	00:45:47
203	1045	NEILL	TALBOT	M VET 10K			00:45:19	00:45:49
204	1687	SCOTT	MCKENZIE	M VET 10K		TEAM EAST HADDON	00:45:33	00:45:49
205	822	RICHARD	CHALONER	M OPEN 10K		WOOTTON ROAD RUNNERS	00:45:32	00:45:50
206	1669	JAMES	NIMMO	M OPEN 10K		CROSSFIT NORTHAMPTON-UK	00:45:36	00:45:52
207	1852	JAMES	TURNER	M OPEN 10K			00:45:32	00:45:52
208	19	ANNMARIE	BODIMEADE	F OPEN 10K		DAVID LLOYD REDWAY RUNNERS	00:45:48	00:45:55
209	1276	NATASHA	WAIN	TEAM 10K		WELLINGBOROUGH & DISTRICT AC	00:45:56	00:45:56
210	1842	SAM	HALLETT	M OPEN 10K			00:45:48	00:45:56
211	1572	CARRICK	BALDWIN	M OPEN 10K			00:45:58	00:45:58
212	1849	TONY	BEGLEY	TEAM 10K	A-TEAM LOWDOWN		00:45:58	00:46:02
213	304	STEPHEN	HERRING	M OPEN 10K			00:46:00	00:46:08
214	397	MATTHEW	WARD	M OPEN 10K			00:46:00	00:46:10
215	649	PAOLO	BENETTI	TEAM 10K	LIVINGWELL 1		00:44:52	00:46:11
216	1179	ROB	LAVENDER	M OPEN 10K			00:46:11	00:46:11
217	1757	HEATHER	COOKE	F OPEN 10K		SILSON JOGGERS AC	00:45:55	00:46:12
218	1013	HAYDN	YOUNG	M OPEN 10K			00:46:03	00:46:13
219	1183	MARK	JEFFERIES	M OPEN 10K		ALNWICK HARRZERS	00:46:14	00:46:14
220	503	IAN	MOORE	M VET 10K			00:45:54	00:46:15
221	1350	MATTHEW	WHEELER	M OPEN 10K			00:45:56	00:46:17
222	1699	GARY	NICHOLS	M VET 10K			00:46:03	00:46:17
223	60	KATIE	GREEN	F OPEN 10K			00:45:54	00:46:20
224	579	RICHARD	BARNETT	TEAM 10K	COPS ON THE RUN		00:46:05	00:46:22
225	1345	PATRICK	CLARKE	M OPEN 10K			00:46:19	00:46:23
226	1485	PAUL	HARRISON	M OPEN 10K		WOOTTON ROAD RUNNERS	00:46:10	00:46:25
227	1490	TIM	DAVIS	M OPEN 10K			00:46:28	00:46:28
228	1557	MICHELLE	LEACH	F VET 10K		RUGBY & NORTHANTS AC	00:46:14	00:46:31
229	1689	MATTHEW	TOMKINS	M VET 10K			00:46:16	00:46:31
230	1182	JON	OVERMAN	M OPEN 10K		NORTHANTS TRI	00:46:32	00:46:32
231	568	JAMIE	CAMPBELL	TEAM 10K	BLOCKBUSTER		00:45:14	00:46:35
232	1594	JAROSLAW	TKACZYK	M OPEN 10K			00:46:25	00:46:36
233	470	ANDREW	HULLY	M VET 10K		DAVID LLOYD REDWAY RUNNERS	00:46:17	00:46:38
234	1229	LISA	RUSSELL	TEAM 10K	A-TEAM LOWDOWN		00:46:27	00:46:39
235	1228	EN	LANWARNE	TEAM 10K	A-TEAM LOWDOWN		00:46:29	00:46:41
236	865	STEVE	O'LOONEY	M VET 10K			00:46:09	00:46:42
237	729	HERBERT	CHAS	TEAM 10K	THE HILLS	MILTON KEYNES	00:46:27	00:46:43
238	443	DAVID	DAVIES	M VET 10K		WOOTON ROAD RUNNERS	00:46:44	00:46:51
239	352	DAVID	OXTOBY	M OPEN 10K		OLNEY RUNNERS	00:46:12	00:46:52
240	434	DAVID	BURKIMSHER	M VET 10K			00:46:44	00:46:53
241	1479	MARTIN	JARRETT	M OPEN 10K			00:46:43	00:46:53
242	1317	FREDDIE	WILSON	M OPEN 10K			00:46:09	00:46:54
243	1565	REBECCA	BIEGEL	F VET 10K		BANBURY HARRIERS	00:46:39	00:46:54
244	259	THOMAS	BRICE	M OPEN 10K			00:46:50	00:46:59
245	1619	KIERAN	DUFFY	M VET 10K			00:46:44	00:47:00
246	1799	FREDDY	GILDER	M OPEN 10K			00:46:45	00:47:01
247	1500	CLIVE	HUGHES	M VET 10K			00:46:52	00:47:04
248	493	STEPHEN	MARSTON	M VET 10K			00:46:59	00:47:05
249	1367	STEVEN	HEARD	M OPEN 10K			00:47:05	00:47:05
250	1694	DAVE	STIMPSON	M VET 10K			00:46:49	00:47:06
251	1636	MICK	CONROY	M VET 10K			00:47:11	00:47:11
252	864	SEAN	MATTY	M VET 10K			00:45:04	00:47:13
253	52	KATIE	GALLIMORE	F OPEN 10K			00:47:04	00:47:15
254	1513	SCOTT	CHAMBERLAIN	TEAM 10K	RACECOURSE RUNNERS DREAM TEAM		00:46:49	00:47:17
255	1850	WEI	ZHAO	M OPEN 10K			00:46:19	00:47:17
256	844	DARREN	WHITWORTH	M OPEN 10K			00:47:16	00:47:18
257	1723	ANTHONY	PONCIA	M OPEN 10K		KETTERING TOWN HARRIERS	00:47:19	00:47:19



THE RUN 11 - 10K FINAL RESULTS

258	1327	DANNY	HAMMOND	M OPEN 10K			00:46:42	00:47:20
259	1337	LEIWS	TODD	M OPEN 10K			00:46:38	00:47:20
260	473	DAVID	JARRETT	M VET 10K		SILSON JOGGERS AC	00:47:14	00:47:26
261	511	JONATHAN	OSTROWSKI	M VET 10K			00:46:57	00:47:27
262	1020	ROB	BRITTEN	M VET 10K		KETTERING TOWN HARRIERS	00:47:13	00:47:27
263	1236	PETER	MOOR	TEAM 10K	ALWAYS A CHANCE TRUST	ALWAYS A CHANCE TRUST	00:46:51	00:47:28
264	482	PAUL	KNIGHT	M VET 10K			00:47:17	00:47:29
265	324	JOHN	LEACH	M OPEN 10K			00:47:21	00:47:30
266	1604	CARL	REDGROVE	M OPEN 10K		SHENLEY STRIDERS	00:47:02	00:47:32
267	1828	STEVE	WOOTTON	M OPEN 10K			00:47:33	00:47:33
268	1368	NOEL	CORNISH	M OPEN 10K			00:47:34	00:47:34
269	1481	MARK	CURRY	M OPEN 10K			00:47:25	00:47:36
270	1773	DAVID	SUTTON	M OPEN 10K			00:47:00	00:47:36
271	427	MIKE	BEANLAND	M VET 10K			00:47:22	00:47:37
272	1377	ROBERT	DONOVAN	M VET 10K		NORTHAMPTON ROAD RUNNERS	00:46:51	00:47:38
273	405	RICHARD	WILD	M OPEN 10K			00:47:35	00:47:39
274	997	DARREN	RUSSELL	M OPEN 10K		M & J ENGINEERS LTD	00:47:03	00:47:39
275	190	JENNY	GREEN	F VET 10K		WOOTON ROAD RUNNERS	00:47:14	00:47:40
276	1635	GRAHAM	TEE	M VET 10K		WOOTTON ROAD RUNNERS	00:47:05	00:47:40
277	1715	DOMINIC	DEBOO	M OPEN 10K			00:47:28	00:47:40
278	1692	ROBERT	WARD	M VET 10K		WOOTTON ROAD RUNNERS	00:47:06	00:47:41
279	823	RICHARD	COOKMAN	M OPEN 10K			00:47:15	00:47:45
280	526	MARK	ROSE	M VET 10K			00:47:14	00:47:47
281	88	JO	LOVE	F OPEN 10K		RUGBY AND NORTHAMPTON AC	00:47:48	00:47:48
282	667	PAUL	JENKINS	TEAM 10K	NASEBY NITRO		00:47:42	00:47:48
283	415	RONNIE	AMBROSE	M VET 10K		NORTHAMPTON ROAD RUNNERS	00:47:42	00:47:49
284	335	RICHARD	MCCRAE	M OPEN 10K			00:47:27	00:47:51
285	553	TONY	MILLS	TEAM 10K	ABBEYFIELD AMBLERS	ABBEYFIELD SCHOOL	00:47:31	00:47:53
286	1439	ADAM	MCLELLAN	TEAM 10K	THE STROKE STRIDERS		00:46:55	00:47:54
287	1493	MIKE	BASSETT	M VET 10K			00:47:54	00:47:54
288	531	JEFF	SMITH	M VET 10K			00:47:17	00:47:55
289	1860	BRIAN	THOMAS	M VET 10K			00:47:55	00:47:55
290	1623	DARREN	BALDWIN	M VET 10K		NORTHAMPTON ROAD RUNNERS	00:47:11	00:47:57
291	311	JIMMY	JAMES	M OPEN 10K			00:47:23	00:47:58
292	1352	ADAM	SONN	M OPEN 10K		KETTERING TOWN HARRIERS	00:48:02	00:48:02
293	1383	PAUL	GLAISTER	M VET 10K		WOOTTON ROAD RUNNERS	00:47:39	00:48:02
294	1365	NEILL	BODDINGTON	M OPEN 10K		NORTHAMPTONSHIRE COUNTY COUNCIL	00:47:15	00:48:04
295	1722	AARON	HIGGS	M OPEN 10K			00:47:49	00:48:13
296	1772	DUNCAN	MCNEILL	M OPEN 10K			00:47:45	00:48:15
297	1406	JAMES	WRIGHT	M VET 10K			00:47:40	00:48:16
298	1686	HOWARD	TRIANCE	M VET 10K			00:47:53	00:48:16
299	344	ANDREW	MYERS	M OPEN 10K			00:48:15	00:48:18
300	982	CHARLOTTE	YARKER	F OPEN 10K			00:47:25	00:48:19
301	1433	STEVE	CORCORAN	TEAM 10K	FIRE AND RESCUE 1	NORTHAMPTONSHIRE FIRE & RESCUE SERVICE	00:47:21	00:48:20
302	1007	LEE	WALLER	M OPEN 10K			00:47:43	00:48:23
303	389	ADRIAN	THACKER	M OPEN 10K			00:47:55	00:48:25
304	31	SARAH	CLARK	F OPEN 10K		SILSON JOGGERS AC	00:48:10	00:48:26
305	721	REECE	THOMPSON	TEAM 10K	THE GUMPSTERS		00:48:20	00:48:26
306	1482	SHAUN	BIRDSALL	M OPEN 10K			00:48:00	00:48:26
307	84	SUSAN	LAWRENCE	F OPEN 10K		RUGBY AND NORTHAMPTON AC	00:48:09	00:48:28
308	1605	STEPHEN	RIGGENS	M OPEN 10K			00:48:11	00:48:29
309	459	MICHAEL	HEAP	M VET 10K		WOOTON ROAD RUNNERS	00:48:30	00:48:30
310	487	MARTIN	LAWRENCE	M VET 10K		DAVID LLOYD REDWAY RUNNERS	00:48:13	00:48:30
311	1142	EDWARD	FRAIN	M OPEN 10K			00:47:50	00:48:31
312	533	TOM	SULLIVAN	M VET 10K		NORTHAMPTON ROAD RUNNERS	00:48:05	00:48:32
313	1792	RICHARD	EDMONDSON	TEAM 10K	BUCKINGHAM		00:48:04	00:48:34
314	1503	TONY	HALE	TEAM 10K	W&DAC 'B'	WELLINGBOROUGH & DISTRICT AC	00:48:36	00:48:36
315	517	MARTIN	PERKIN	M VET 10K			00:48:02	00:48:39
316	1384	ROGER	TAYLOR	M VET 10K		SILSON JOGGERS AC	00:48:13	00:48:39
317	1224	SEAN	O'DRISCOLL	M VET 10K		BUSHFIELD JOGGERS	00:47:56	00:48:43
318	684	LUKE	SPENCER	TEAM 10K	OPUS SALES 1	OPUS ENERGY	00:46:27	00:48:49
319	128	KATY	SMITH	F OPEN 10K			00:48:23	00:48:51
320	903	YVETTE	LE CROM	F OPEN 10K			00:47:51	00:48:52
321	386	NICK	SULLIVAN	M OPEN 10K			00:46:54	00:48:53
322	851	MATT	CURTIS	M VET 10K			00:48:53	00:48:53
323	1108	LOUISE	KEMP	TEAM 10K		WELLINGBOROUGH & DISTRICT AC	00:48:32	00:48:54
324	1408	JERRY	INNISS	M VET 10K			00:48:24	00:48:54
325	1201	SEAN	MULLIGAN	M VET 10K			00:48:15	00:48:58
326	1312	KRISTINA	NERWTON	F VET 10K		COBRA	00:48:42	00:49:00
327	1511	STUART	JACKSON	TEAM 10K	RACECOURSE RUNNERS DREAM TEAM		00:49:00	00:49:00
328	818	CHRISTOPHER	BERRY	M OPEN 10K			00:49:01	00:49:01
329	334	JAKE	MCALLISTER	M OPEN 10K			00:49:00	00:49:02
330	765	RACHEL	DISS	F OPEN 10K			00:49:02	00:49:02
331	1429	BEN	GRAHAM	TEAM 10K	BUTCHERS SUPERIOR		00:49:03	00:49:03
332	1543	JUSTINE	KEECH	TEAM 10K	W&DAC 'C'	WELLINGBOROUGH & DISTRICT AC	00:48:38	00:49:03
333	364	ANDREW	PUNTER	M OPEN 10K			00:48:30	00:49:04
334	495	ANDY	MAYES	M VET 10K		WOOTON ROAD RUNNERS	00:48:38	00:49:05
335	863	NEIL	MARTIN	M VET 10K		RUGBY AND NORTHAMPTON AC	00:48:23	00:49:05
336	240	BASHAR	AL-AZZAWE	M OPEN 10K			00:49:00	00:49:06
337	990	DAVID	MOORE	M OPEN 10K			00:48:40	00:49:07
338	1025	DAVID	GALVANI	M VET 10K			00:49:09	00:49:09
339	1371	PATRICK	PHILLIPS	M OPEN 10K			00:47:56	00:49:09
340	246	THOMAS	APPS	M OPEN 10K			00:49:01	00:49:12
341	483	DAVE	KNOWLES	M VET 10K		NORTHAMPTON ROAD RUNNERS	00:49:12	00:49:12
342	1509	TARA	ADAMS	TEAM 10K	RACECOURSE RUNNERS DREAM TEAM		00:48:46	00:49:13
343	1454	SHAUN	DEGROOT	TEAM 10K	FIRE AND RESCUE (3)	FIRE AND RESCUE (3)	00:48:23	00:49:14



THE RUN 11 - 10K FINAL RESULTS

344	1269	ELLIE	LOCK	F OPEN 10K		SILSON JOGGERS AC	00:48:40	00:49:16
345	441	SEAN	COOKSLEY	M VET 10K			00:48:36	00:49:18
346	1373	IAN	BRADLEY	M VET 10K			00:49:18	00:49:18
347	1379	STEVEN	MCCORMICK	M VET 10K			00:48:42	00:49:18
348	1844	ROBBIE	KEERS	M OPEN 10K		ALWAYS A CHANCE TRUST	00:48:59	00:49:19
349	706	STEPHEN	POCKOCK	TEAM 10K	SAMARITANS	SAMARITANS	00:48:17	00:49:20
350	471	PUNTER	IAN	M VET 10K			00:49:22	00:49:22
351	1810	LEIGH	EVANS	M OPEN 10K			00:48:49	00:49:23
352	285	MATTHEW	DURKIN	M OPEN 10K			00:49:01	00:49:24
353	970	ROB	ELLAM	M OPEN 10K			00:49:34	00:49:34
354	861	SIMON	MANEGGIO	M VET 10K			00:49:04	00:49:38
355	424	JOHN	BARTLETT	M VET 10K			00:48:01	00:49:39
356	528	JOHN	RYAN	M VET 10K			00:48:03	00:49:39
357	369	TOMASZ	REMBIESA	M OPEN 10K			00:48:43	00:49:41
358	1642	ANOUSKA	STONCEL	F OPEN 10K			00:49:08	00:49:41
359	1786	KERRY	WELLS	F OPEN 10K		FIRE AND RESCUE	00:48:41	00:49:41
360	293	ARNAUD	GIULIANI	M OPEN 10K			00:49:13	00:49:43
361	454	ROBIN	FROST	M VET 10K		WOOTON ROAD RUNNERS	00:49:44	00:49:44
362	491	PETER	MALIN	M VET 10K			00:49:16	00:49:46
363	1364	ANDY	JOHNSON	M OPEN 10K			00:49:27	00:49:51
364	1410	BRIAN	KEERS	M VET 10K		SILSON JOGGERS AC	00:49:30	00:49:51
365	833	RICHARD	HOWLETT	M OPEN 10K			00:49:26	00:49:53
366	1203	DARREN	CARR	M VET 10K			00:47:48	00:49:53
367	654	GEORGE	YATES	TEAM 10K	LIVINGWELL HEALTH CLUB		00:49:18	00:49:54
368	1332	TONY	MORRISON	M OPEN 10K			00:49:36	00:49:54
369	203	DIANNE	LANG	F VET 10K			00:49:26	00:49:56
370	520	LEE	PRATT	M VET 10K			00:49:09	00:49:57
371	889	ANDREA	COLLINGWOOD	F OPEN 10K		WOOTTON ROAD RUNNERS	00:49:34	00:49:57
372	24	DAWN	BULLIMORE	F OPEN 10K			00:49:16	00:49:59
373	621	MARK	JOHNSON	TEAM 10K	HCW 1		00:49:19	00:50:03
374	998	KEVIN	SLINN	M OPEN 10K			00:49:28	00:50:04
375	479	JASON	KENNEY	M VET 10K		DAVID LLOYD REDWAY RUNNERS	00:49:45	00:50:05
376	1634	GARY	NANCARROW	M VET 10K			00:49:39	00:50:06
377	1657	DEANA	LOVERIDGE	F VET 10K		WOTTON ROAD RUNNERS	00:49:44	00:50:07
378	432	STEPHEN	JOHN	M VET 10K			00:49:35	00:50:08
379	1185	ANDREW	BULL	M OPEN 10K			00:49:28	00:50:08
380	593	GORDON	ACKERS	TEAM 10K	DFA LAW LLP		00:48:55	00:50:09
381	604	ANWAR	STEPHENSON	TEAM 10K	FAR COTTON BOXING CLUB		00:48:29	00:50:09
382	1070	JOE	WHITE	TEAM 10K	TEAM LAWRIE		00:49:41	00:50:09
383	929	CHRYSTEL	ADAMS	F VET 10K		WOOTTON ROAD RUNNERS	00:49:34	00:50:10
384	1068	JORDAN	GRIFFITHS	TEAM 10K	TEAM LAWRIE		00:49:42	00:50:10
385	723	BRETT	GRIMSHAW	TEAM 10K	THE GUMPSTERS		00:49:30	00:50:12
386	337	ANDREW	MELLON	M OPEN 10K			00:49:55	00:50:13
387	963	SIMON	COOK	M OPEN 10K			00:49:54	00:50:16
388	1492	CLARENCE	GOYENA	M VET 10K			00:50:03	00:50:18
389	1417	ROGER	SIMMONDS	M VET 10K		THAME RUNNERS	00:49:42	00:50:20
390	1340	STEPHEN	MASON	M OPEN 10K		WOOTTON ROAD RUNNERS	00:50:00	00:50:21
391	1853	JAY	FLETCHER	M OPEN 10K		SWEATSHOP MILTON KEYNES	00:50:19	00:50:27
392	1370	MARK	COCKBAIN	M OPEN 10K		100 MARATHON	00:49:27	00:50:29
393	1670	MATT	MUNNS	M OPEN 10K			00:50:20	00:50:31
394	603	NIALL	JARVIS	TEAM 10K	FAR COTTON BOXING CLUB		00:48:55	00:50:33
395	1166	DAN	LOVEDAY	M OPEN 10K			00:49:50	00:50:33
396	1307	MADELEINE	MOUTRIE	F VET 10K		SILSON JOGGERS AC	00:50:10	00:50:34
397	1434	GARY	WELCH	TEAM 10K	FIRE AND RESCUE 1	NORTHAMPTONSHIRE FIRE & RESCUE SERVICE	00:49:34	00:50:35
398	1831	PETER	JACKMAN	M VET 10K			00:50:30	00:50:38
399	1207	TONY	KENNEDY	M VET 10K		ALWAYS A CHANCE	00:49:48	00:50:39
400	1735	BOB	WINTSCH	M VET 10K			00:50:31	00:50:39
401	1827	CHRISTOPH	BOUEKE	M VET 10K			00:50:01	00:50:39
402	800	ELAINE	DAWES	F VET 10K		WELLINGBOROUGH & DISTRICT AC	00:50:18	00:50:42
403	338	NEIL	MELLON	M OPEN 10K			00:50:25	00:50:43
404	460	DAVID	HELSBY	M VET 10K			00:50:08	00:50:43
405	506	HAMILTON	NGAN	M VET 10K			00:49:32	00:50:43
406	1369	ANDREW	MARSHALL	M OPEN 10K			00:50:23	00:50:43
407	1680	SIMON	LLOYD	M OPEN 10K			00:50:00	00:50:43
408	829	DAN	GREEN	M OPEN 10K			00:50:32	00:50:45
409	1698	SHAYNE	MAJOR	M VET 10K			00:50:13	00:50:45
410	13	LOUISE	BIRKETT-SWAN	F OPEN 10K		WOOTTON ROAD RUNNERS	00:50:29	00:50:47
411	378	RYAN	SEAMAN	M OPEN 10K			00:50:22	00:50:48
412	488	PAUL	LINNELL	M VET 10K			00:50:20	00:50:48
413	1212	PAUL	DEBOO	M VET 10K			00:49:55	00:50:48
414	1675	LEE	WHITEMAN	M OPEN 10K			00:49:30	00:50:50
415	1685	NIALL	SPENCER	M OPEN 10K			00:50:25	00:50:51
416	1389	STEPHEN	HANSON	M VET 10K			00:50:52	00:50:52
417	217	WENDY	PARKER	F VET 10K		NORTHAMPTON ROAD RUNNERS	00:50:53	00:50:53
418	1033	IAN	MANN	M VET 10K		WELLINGBOROUGH & DISTRICT AC	00:50:30	00:50:54
419	1843	JAMES	JEFFRIES	M OPEN 10K			00:50:36	00:50:56
420	1178	SAM	LETTS	M OPEN 10K			00:50:29	00:50:58
421	1093	KENDRIA	LEWIS	F OPEN 10K			00:50:59	00:50:59
422	1336	ISHMAIL	SACCOH	M OPEN 10K			00:50:07	00:51:04
423	1585	NIKKI	BOYCE	M OPEN 10K			00:50:56	00:51:07
424	1208	STEPHEN	HATHAWAY	M VET 10K		ST ALBANS STRIDERS	00:50:54	00:51:08
425	1320	BRADLEY	ROWLEY	M OPEN 10K			00:51:06	00:51:08
426	816	MATTHEW	BATTEN	M OPEN 10K			00:51:10	00:51:10
427	1027	ALAN	HALL	M VET 10K			00:51:07	00:51:14
428	1049	STEPHEN	WARD	M VET 10K			00:51:00	00:51:14
429	317	CRAIG	JONES	M OPEN 10K			00:48:58	00:51:16



THE RUN 11 - 10K FINAL RESULTS

430	1385	DARREN	BYFIELD	M VET 10K		NORTHAMPTON ROAD RUNNERS	00:51:16	00:51:16
431	1105	ERIKA	PENNINGTON	F OPEN 10K		CHERWELL RUNNERS & JOGGERS	00:51:02	00:51:17
432	93	JACQUETTA	MANNING	F OPEN 10K		WOOTON ROAD RUNNERS	00:50:58	00:51:19
433	1163	CHRIS	MCCRAE	M OPEN 10K			00:50:55	00:51:20
434	1211	DAVID	SKINNER	M VET 10K		W & DAC	00:50:09	00:51:20
435	1554	SHARON	ROWTHORN	F VET 10K			00:50:18	00:51:20
436	310	ELLIOTT	JAMES	M OPEN 10K			00:50:27	00:51:21
437	235	SUE	WHITE	F VET 10K		NORTHAMPTON ROAD RUNNERS	00:50:37	00:51:22
438	1202	GARY	SKILTON	M VET 10K			00:50:40	00:51:22
439	1375	STEPHEN	WILDING	M VET 10K		WELLINGBOROUGH & DISTRICT AC	00:51:22	00:51:22
440	1659	KAREN	MEHEW	TEAM 10K	W&DAC 'C'	WELLINGBOROUGH AND DISTRICT A/C	00:50:57	00:51:22
441	1376	KEVIN	MALPAS	M VET 10K			00:50:42	00:51:23
442	1449	ANDY	STEAD	TEAM 10K	FIRE AND RESCUE (4)		00:51:20	00:51:23
443	967	JAMES	CUSHING	M OPEN 10K			00:51:24	00:51:24
444	1188	THOMAS	LE MASURIER	M OPEN 10K			00:51:08	00:51:24
445	948	KATE	WILLSON	F VET 10K			00:51:25	00:51:25
446	658	TBC	TBC	TEAM 10K	MANOR SCHOOL SPORTS COLLEGE	MANOR SCHOOL SPORTS COLLEGE	00:50:30	00:51:26
447	605	BILL	TOYER	TEAM 10K	FAWSLEY VELOCITY	THE UNIVERSITY OF NORTHAMPTON	00:51:28	00:51:28
448	815	ADAM	ALEXANDER	M OPEN 10K			00:51:31	00:51:31
449	1004	GUY	TOYNTON	M OPEN 10K			00:50:31	00:51:32
450	1272	MELISSA	GARDNER	F OPEN 10K			00:51:07	00:51:33
451	1339	DAN	WHEELER	M OPEN 10K			00:50:55	00:51:33
452	601	KYLE	OWEN	TEAM 10K	FAR COTTON BOXING CLUB		00:49:53	00:51:35
453	472	STEPHEN	JAMES	M VET 10K			00:50:43	00:51:36
454	925	CLARE	USHER	F OPEN 10K		STRATFORD AC	00:51:21	00:51:36
455	563	GEOFF	DOYLE	TEAM 10K	BBC RADIO NORTHAMPTON	BBC RADIO NORTHAMPTON	00:50:27	00:51:37
456	989	ROB	MINTON	M OPEN 10K		STRATFORD AC	00:51:22	00:51:37
457	1740	CONRAD	LUCKHOO	M VET 10K			00:50:26	00:51:39
458	1696	GILLES	PEPIN	M VET 10K			00:51:18	00:51:43
459	1003	RYAN	TOONE	M OPEN 10K			00:50:51	00:51:44
460	419	DAVID	APPS	M VET 10K			00:51:37	00:51:46
461	1529	SARAH	BRIDGENS	F OPEN 10K		ALCHESTER RUNNING CLUB	00:51:21	00:51:46
462	1232	JO	FITZPATRICK	TEAM 10K	B-TEAM LOWDOWN		00:50:46	00:51:47
463	1038	PAWEL	NOWAK	M VET 10K			00:49:26	00:51:48
464	968	GONZALO	EMETERIO	M OPEN 10K			00:51:03	00:51:52
465	1126	ANNA	MICELI-WORTH	F VET 10K			00:51:14	00:51:53
466	1697	PEDRO	POLSON	M VET 10K			00:51:28	00:51:53
467	623	JUSTIN	MAEERS	TEAM 10K	HCW 1		00:51:11	00:51:55
468	1405	MICHAEL	QUINN	M VET 10K		BCW	00:51:01	00:51:58
469	1451	CLAIRE	CORCORAN	TEAM 10K	FIRE AND RESCUE (3)	FIRE AND RESCUE (3)	00:51:21	00:51:58
470	625	PAUL	THACKER	TEAM 10K	HCW 2		00:51:16	00:51:59
471	1363	GARY	WOOD	M OPEN 10K			00:51:22	00:51:59
472	428	JOHN	BENNETT	M VET 10K			00:51:26	00:52:00
473	739	HANNAH	IRVING	TEAM 10K	PARK INN 1	PARK INN	00:52:01	00:52:01
474	1217	GARY	BOND	M VET 10K			00:52:01	00:52:01
475	624	PAUL	HAMPTON	TEAM 10K	HCW 1		00:51:53	00:52:04
476	1193	NEIL	KEY	M OPEN 10K			00:51:12	00:52:04
477	188	JOCELYN	GRANGER	F VET 10K		NORTHAMPTON ROAD RUNNERS	00:51:13	00:52:05
478	1302	SUE	CLAYTON-DRABBLE	F VET 10K		SILSON JOGGERS AC	00:51:39	00:52:05
479	1171	JOHN	BILLING	M OPEN 10K			00:50:42	00:52:06
480	392	MATTHEW	THORNTON	M OPEN 10K			00:50:55	00:52:09
481	1289	NIKKI	HANSON	F VET 10K			00:51:24	00:52:09
482	1397	PAUL	ROBINSON	M VET 10K			00:51:23	00:52:09
483	1014	JAMES	YOUNG	M OPEN 10K			00:50:52	00:52:10
484	1651	AMANDA	NOLAN	F OPEN 10K			00:51:52	00:52:10
485	412	PHIL	ABEL	M VET 10K			00:51:51	00:52:15
486	539	STEVE	VINER	M VET 10K			00:52:16	00:52:16
487	597	JON	LEE	TEAM 10K	EBENEZER'S RUNNER'S		00:51:30	00:52:16
488	609	GRAHAM	MITCHELL	TEAM 10K	FAWSLEY VELOCITY	THE UNIVERSITY OF NORTHAMPTON	00:52:16	00:52:16
489	617	JAMIE	HIGGINS	TEAM 10K	G I FITNESS	G I FITNESS	00:51:27	00:52:17
490	1186	MATTHEW	JONES	M OPEN 10K		ALWAYS AN CHANCE TRUST	00:52:18	00:52:18
491	1150	NEILESH	PATEL	M OPEN 10K			00:51:44	00:52:19
492	504	JASON	MOTHERSOLE	M VET 10K			00:52:04	00:52:20
493	594	RICHARD	BATHE	TEAM 10K	DFA LAW LLP		00:52:00	00:52:20
494	1341	CHRIS	ROCKALL	M OPEN 10K			00:51:47	00:52:21
495	1300	ELIZABETH	DABELL	F VET 10K			00:52:05	00:52:35
496	848	GORDON	CARSTAIRS	M VET 10K			00:51:44	00:52:39
497	1761	REBECCA	WILLIAMS	F OPEN 10K			00:51:59	00:52:40
498	14	MANDY	BISHOP	F OPEN 10K		WELLINGBOROUGH & DISTRICT AC	00:51:06	00:52:41
499	682	CRAIG	JACKSON	TEAM 10K	OPUS SALES 1	OPUS ENERGY	00:50:26	00:52:46
500	1823	CSABA	SIPOS	M VET 10K			00:51:04	00:52:46
501	683	LUKE	HARRIS	TEAM 10K	OPUS SALES 1	OPUS ENERGY	00:50:27	00:52:47
502	1620	GRAHAM	LUND	M VET 10K			00:52:32	00:52:47
503	1720	MATT	DICKIE	M OPEN 10K			00:52:16	00:52:47
504	385	HARVEY	SUGDEN	M OPEN 10K			00:52:16	00:52:48
505	1322	PAUL	BARTON	M OPEN 10K			00:51:43	00:52:49
506	1432	COLIN	WELLS	TEAM 10K	FIRE AND RESCUE 1	NORTHAMPTONSHIRE FIRE & RESCUE SERVICE	00:52:49	00:52:49
507	971	MICHAEL	FRANKS	M OPEN 10K			00:52:17	00:52:51
508	1727	MATT	BEATTIE	M OPEN 10K			00:52:38	00:52:51
509	1576	NICK	HENDERSON	M OPEN 10K			00:52:52	00:52:52
510	1415	STUART	QUICK	M VET 10K			00:52:08	00:52:53
511	727	ANTONY	HILL	TEAM 10K	THE HILLS	MILTON KEYNES	00:52:12	00:52:54
512	155	MELISSA	WILKINS	F OPEN 10K			00:52:18	00:52:55
513	1580	IAN	WORRALL	M OPEN 10K			00:51:32	00:52:56
514	1859	NINA	CAMBATTA	F OPEN 10K			00:52:07	00:52:56
515	814	CHRIS	ABBOTT	M OPEN 10K			00:51:34	00:52:58



THE RUN 11 - 10K FINAL RESULTS

516	1444	LEE	MAYES	TEAM 10K	FIRE AND RESCUE (2)	FIRE AND RESCUE 2	00:52:58	00:53:01
517	1140	SHARON	MOFFATT	F VET 10K			00:53:02	00:53:02
518	1564	EILEEN	WRIGHT	F VET 10K		WOTTON ROAD RUNNERS	00:52:30	00:53:05
519	229	MICHELLE	TAITE	F VET 10K			00:51:36	00:53:06
520	383	STUART	SMITH	M OPEN 10K			00:52:55	00:53:06
521	524	MATTHEW	RAYBOULD	M VET 10K			00:52:18	00:53:06
522	316	CHRISTOPHER	JONES	M OPEN 10K		WELLINGBOROUGH & DISTRICT AC	00:52:27	00:53:07
523	1458	IAN	KINGSTONE	TEAM 10K	FIRE AND RESCUE (5)	FIRE AND RESCUE (5)	00:51:57	00:53:09
524	735	MATTHEW	WILSON	TEAM 10K	PARK INN 1	PARK INN	00:52:07	00:53:12
525	1404	PATRICK	DAVIES	M VET 10K			00:53:13	00:53:13
526	1051	MALCOLM	HOLMES	TEAM 10K	NISSAN DK3-4	NISSAN DK3	00:52:35	00:53:14
527	1144	PETER	DEBOO	M OPEN 10K			00:52:21	00:53:14
528	1173	ANDREW	BAILEY	M OPEN 10K			00:52:37	00:53:14
529	305	CRAIG	HOARE	M OPEN 10K			00:51:07	00:53:16
530	1399	ROBIN	SCHUMACHER	M VET 10K			00:53:18	00:53:18
531	158	VANESSA	WILLMOTT	F OPEN 10K			00:51:50	00:53:19
532	770	REBECCA	FLECKNEY	F OPEN 10K			00:52:39	00:53:19
533	1154	RALPH	WORBY	M OPEN 10K		ALWAYS A CHANCE TRUST	00:52:46	00:53:20
534	590	JOHN	KEEBLE	TEAM 10K	DFA LAW LLP		00:53:03	00:53:21
535	1456	STACI	LEACH	TEAM 10K	FIRE AND RESCUE (5)	FIRE AND RESCUE (5)	00:52:52	00:53:22
536	1284	KERRY	LANTSBERY	F VET 10K			00:53:00	00:53:23
537	1418	ROGER	COOPER	M VET 10K			00:53:00	00:53:23
538	741	MATTHEW	NORTON	TEAM 10K	TEAM CUMMINS		00:50:52	00:53:24
539	975	DAN	GOSLING	M OPEN 10K			00:51:46	00:53:28
540	893	LAURA	FITZHUGH	F OPEN 10K		TOWCESTER LEISURE CENTRE	00:53:24	00:53:29
541	160	JULIE	WRIGHT	F OPEN 10K			00:52:50	00:53:31
542	1616	GRAEME	MILLIGAN	M VET 10K			00:51:55	00:53:31
543	1310	MAXINE	JONES	F VET 10K			00:53:18	00:53:35
544	1021	DEAN	BUGG	M VET 10K			00:52:41	00:53:36
545	1296	KAREN	SPELLMAN	F VET 10K		RUGBY AND NORTHAMPTON AC	00:52:43	00:53:37
546	525	TOMASZ	ROGOSZ	M VET 10K			00:53:40	00:53:40
547	1131	JEMIMA	SOLOMON	F VET 10K		BOXFIT	00:53:10	00:53:40
548	416	JAMES	ANDERSON	M VET 10K			00:52:56	00:53:41
549	1086	ELLIE	HILL	F OPEN 10K		ALWAYS A CHANCE TRUST	00:52:15	00:53:42
550	1149	SIMON	AUSTIN	M OPEN 10K		ALWAYS A CHANCE TRUST	00:52:15	00:53:42
551	1801	MATT	KENT	M VET 10K			00:53:07	00:53:42
552	1380	PHIL	HEDLEY	M VET 10K			00:52:40	00:53:43
553	1858	FIDEL	CANNING	F VET 10K			00:53:14	00:53:43
554	340	ALEXANDER	MORRIS	M OPEN 10K			00:51:55	00:53:45
555	1749	JOHN	BATES	M VET 10K			00:53:42	00:53:46
556	1304	PATSY	WRIGHT	F VET 10K			00:53:10	00:53:47
557	1613	ALAN`	MULKERN	M VET 10K			00:53:15	00:53:48
558	202	MARY	KINGSNORTH	F VET 10K		NORTHAMPTON ROAD RUNNERS	00:53:21	00:53:49
559	817	TIM	BEILBY	M OPEN 10K		MILTON KEYNES LAKESIDE RUNNERS	00:53:00	00:53:51
560	1512	JOHN	LANGFORD	TEAM 10K	RACECOURSE RUNNERS DREAM TEAM		00:53:24	00:53:52
561	697	CELIA	BROWN	TEAM 10K	RICHIE LONG STOCKINGS & THE DNF'S		00:53:04	00:53:53
562	1617	RICHARD	COX	M VET 10K			00:53:20	00:53:53
563	298	DAVID	GUEST	M OPEN 10K			00:52:59	00:53:54
564	1602	CRAIG	LETTY	M OPEN 10K			00:53:10	00:53:54
565	618	CLIVE	STEWART	TEAM 10K	G I FITNESS	G I FITNESS	00:53:07	00:53:56
566	755	REBECCA	ALLCOCK	F OPEN 10K			00:53:16	00:53:56
567	1388	ADAM	BERRY	M VET 10K			00:52:55	00:53:58
568	1396	BRUCE	WARD	M VET 10K			00:53:58	00:53:58
569	154	CLARE	WILDEY	F OPEN 10K			00:53:42	00:54:00
570	328	BRIAN	LYDON	M OPEN 10K		LYDON CONTRACTING LTD	00:53:50	00:54:00
571	122	JENNIFER	SANGSTER	F OPEN 10K			00:52:32	00:54:02
572	1856	DAMON	WEST	M OPEN 10K			00:54:03	00:54:03
573	296	PAUL	GREGSON	M OPEN 10K			00:53:27	00:54:04
574	701	DAN	LEONARD	TEAM 10K	RUNNING FOR BLISS		00:51:53	00:54:04
575	1641	MARK	VICCARS	M VET 10K			00:52:41	00:54:04
576	988	MATTHEW	MILNER	M OPEN 10K			00:53:06	00:54:05
577	348	ED	NEWTON	M OPEN 10K			00:52:37	00:54:06
578	1781	NICK	PHILLIPS	M VET 10K			00:53:05	00:54:09
579	1213	MILES	BILLINGHAM	M VET 10K			00:52:43	00:54:10
580	1319	JOE	MCGILL	M OPEN 10K		ALWAYS A CHANCE	00:52:43	00:54:11
581	1607	MICHAEL	HAND	M OPEN 10K			00:53:06	00:54:14
582	1803	IRINA	LEWIS	F VET 10K			00:54:16	00:54:16
583	1238	MACIE	DROBOWIECK	TEAM 10K	ALWAYS A CHANCE TRUST	ALWAYS A CHANCE TRUST	00:54:04	00:54:16
584	695	JAMES	MARTIN	TEAM 10K	RICHIE LONG STOCKINGS & THE DNF'S		00:53:27	00:54:17
585	249	RICHARD	AUSTEN	M OPEN 10K			00:53:45	00:54:18
586	964	JAMES	COOPER	M OPEN 10K			00:53:34	00:54:18
587	1170	GRANT	WOOLNER	M OPEN 10K			00:54:19	00:54:19
588	876	CLAIRE	BAKER	F OPEN 10K			00:53:50	00:54:20
589	1096	ILZE	STRAUTMANE	F OPEN 10K			00:53:40	00:54:20
590	100	SALLY	MILLS	F OPEN 10K		RUGBY AND NORTHAMPTON AC	00:53:42	00:54:21
591	1215	COLIN	MOFFATT	M VET 10K			00:54:21	00:54:21
592	1581	ROBERT	GEE	M OPEN 10K			00:53:27	00:54:22
593	1052	CHRIS	PARKER	TEAM 10K	NISSAN DK3-4	NISSAN DK3	00:53:45	00:54:25
594	1787	KEIRAN	ROWAN	M OPEN 10K			00:54:26	00:54:26
595	1355	ETIOWO	EKANEM	M OPEN 10K			00:54:21	00:54:27
596	1865	JENNY	EVANS	TEAM 10K	LIVINGWELL		00:52:47	00:54:28
597	8	LISA	BEANEY	F OPEN 10K			00:53:40	00:54:29
598	1765	CHARLOTTE	THOMAS	F OPEN 10K			00:54:30	00:54:30
599	1359	STEVEN	SIMMONDS	M OPEN 10K			00:53:56	00:54:33
600	1864	CLAIRE	MCAID	F OPEN 10K		NORTHAMPTON ROAD RUNNERS	00:54:29	00:54:33
601	1029	DAVID	IMPEY	M VET 10K			00:53:10	00:54:34



THE RUN 11 - 10K FINAL RESULTS

602	640	DANIELLE	MARTIN	TEAM 10K	LIVINGWELL		00:53:24	00:54:35
603	1834	ZOE	FURLONG	F VET 10K			00:53:33	00:54:38
604	659	TBC	TBC	TEAM 10K	MANOR SCHOOL SPORTS COLLEGE	MANOR SCHOOL SPORTS COLLEGE	00:53:42	00:54:39
605	1661	JO	SMITH	F VET 10K		NORTHAMPTON ROAD RUNNERS	00:53:54	00:54:39
606	436	LIAM	CAHILL	M VET 10K			00:54:03	00:54:40
607	655	MATT	STURGESS	TEAM 10K	MANOR SCHOOL SPORTS COLLEGE	MANOR SCHOOL SPORTS COLLEGE	00:53:44	00:54:40
608	1412	PETER	MANSON	M VET 10K			00:53:51	00:54:42
609	1802	ANDY	CARTER	M VET 10K			00:54:07	00:54:45
610	857	STEPHEN	KEARNS	M VET 10K			00:53:52	00:54:46
611	1061	SAM	HANCOCK	TEAM 10K	TEAM HANCOCK		00:52:59	00:54:47
612	425	MICHEAL	BAVINGTON	M VET 10K			00:53:09	00:54:48
613	1774	DEAN	CATTANEO	M OPEN 10K			00:54:39	00:54:49
614	1805	MARTIN	LEWIS	M VET 10K			00:54:14	00:54:49
615	1766	HELEN	MALLOWS	F VET 10K		HORSHAM JOGGERS	00:53:37	00:54:50
616	142	KATIE	WALKER	F OPEN 10K			00:54:14	00:54:51
617	1416	ROBIN	FLANDERS	M VET 10K			00:53:49	00:54:53
618	26	LOUISE	CALLOW	F OPEN 10K			00:53:25	00:54:59
619	1791	NICK	SPOORS	TEAM 10K	BUCKINGHAM		00:54:29	00:54:59
620	514	JOHN	PARKINSON	M VET 10K			00:55:00	00:55:00
621	1394	DAVID	WILLIAMS	M VET 10K		THORNEY RUNNING CLUB	00:55:00	00:55:00
622	969	PAUL	DYER	M OPEN 10K			00:54:21	00:55:01
623	1595	ANDREW	PEARCE	M OPEN 10K			00:54:45	00:55:02
624	1104	DAVEY	JULIA	F OPEN 10K			00:55:03	00:55:03
625	1535	MAXINE	CAPELL	F OPEN 10K			00:54:29	00:55:04
626	724	TOBY	DAVIES	TEAM 10K	THE GUMPSTERS		00:54:24	00:55:05
627	1393	KEVIN	RAGBIR	M VET 10K		BLITZ BODY BOOT CAMP	00:55:06	00:55:06
628	1825	MICHAEL	HOWELL	M VET 10K			00:53:53	00:55:06
629	994	MATTHEW	PELESZOK	M OPEN 10K		KETTERING TOWN HARRIERS	00:54:12	00:55:08
630	919	LISA	ROCHE	F OPEN 10K			00:53:58	00:55:09
631	1560	SUZANNE	BALDWIN	F VET 10K		NORTHAMPTON ROAD RUNNERS	00:54:27	00:55:12
632	620	TONY	ALLISON	TEAM 10K	HCW 1		00:54:29	00:55:13
633	810	GILL	WHITE	F VET 10K			00:54:03	00:55:13
634	564	PETE	COOPER	TEAM 10K	BBC RADIO NORTHAMPTON	BBC RADIO NORTHAMPTON	00:54:04	00:55:14
635	1765	CHARLOTTE	THOMAS	F OPEN 10K			00:55:14	00:55:14
636	828	BEN	GOODMAN	M OPEN 10K			00:53:26	00:55:14
637	81	HELEN	KIRBY	F OPEN 10K			00:54:39	00:55:15
638	641	RICHARD	MOLLOY	TEAM 10K	LIVINGWELL		00:53:57	00:55:16
639	1588	PAUL	HILLS	M OPEN 10K			00:54:49	00:55:18
640	792	KATY	ANDREWS	F VET 10K			00:54:26	00:55:19
641	931	SUZANNE	ANDREWS	F VET 10K		NORTHAMTS POLICE ATHLETIC SECTION	00:55:02	00:55:19
642	1589	MARK	WILLIS	M OPEN 10K			00:54:50	00:55:19
643	1695	ROBERT	MCNEE	M VET 10K			00:54:20	00:55:19
644	1537	AMANDA	BOURNE	F OPEN 10K			00:53:49	00:55:21
645	662	PAUL	HOLLANDS	TEAM 10K	MONDAY NIGHT BEER CLUB		00:53:00	00:55:22
646	1467	MISS	HOWE	F OPEN 10K			00:55:13	00:55:22
647	1717	DAVID	MCAULIFFE	M OPEN 10K			00:54:39	00:55:22
648	1048	DUNCAN	WARD	M VET 10K			00:55:05	00:55:25
649	58	JESS	GOODRIDGE	F OPEN 10K		WAITROSE 682	00:53:56	00:55:28
650	1598	MARC	SULLIVAN	M OPEN 10K			00:55:13	00:55:29
651	1191	SIMON	COX	M OPEN 10K			00:54:12	00:55:31
652	1309	SHEONA	SMEE	F VET 10K			00:54:36	00:55:31
653	1811	RICHARD	BAZELEY	M OPEN 10K			00:54:52	00:55:34
654	569	PHILLIP	GILLINGHAM	TEAM 10K	BLOCKBUSTER		00:54:14	00:55:35
655	576	LIZ	ANSELL	TEAM 10K	COPS ON THE RUN		00:54:20	00:55:35
656	949	MARTYN	ALLEN	M OPEN 10K			00:55:00	00:55:37
657	329	DYLAN	MAGNAY	M OPEN 10K			00:54:41	00:55:39
658	1357	DAVID	WILLIAMS	M OPEN 10K			00:53:33	00:55:41
659	183	KAREN	FAULKENER	F VET 10K			00:55:30	00:55:44
660	936	JOHANNE	CLIFTON	F VET 10K		KINGS HEATH RC THE LIONS	00:54:32	00:55:44
661	354	MATT	PASSBY	M OPEN 10K			00:54:09	00:55:45
662	1712	TRACEY	SHEPHERD	F VET 10K		CORBY AC	00:54:45	00:55:48
663	205	KAREN	LAWRENCE	F VET 10K		DAVID LLOYD REDWAY RUNNERS	00:54:51	00:55:51
664	1714	GUY	WILFORD-POVEY	M OPEN 10K			00:55:39	00:55:51
665	1403	RICHARD	COOK	M VET 10K			00:55:02	00:55:53
666	1475	LUCIA	HALE	F VET 10K		WELLINGBOROUGH & DISTRICT AC	00:55:29	00:55:53
667	847	MARK	BRAYFIELD	M VET 10K			00:55:54	00:55:54
668	1655	VIRGINIA	MIDDLETON	F VET 10K			00:54:39	00:55:56
669	1462	CATH	WILCOCK	TEAM 10K	ALWAYS A CHANCE		00:55:46	00:55:58
670	137	N	TONKIN	F OPEN 10K			00:55:29	00:55:59
671	794	ALISON	BRAYFIELD	F VET 10K			00:54:57	00:55:59
672	23	YVONNE	BROWN	F OPEN 10K			00:55:04	00:56:01
673	363	NICK	PREEDY	M OPEN 10K			00:54:55	00:56:02
674	1382	ANDY	REILLY	M VET 10K			00:55:13	00:56:05
675	1777	HUNG	HOANG	M OPEN 10K			00:53:35	00:56:05
676	1739	RICHARD	MINNEY	M VET 10K			00:54:54	00:56:06
677	10	ALISON	BERRY	F OPEN 10K		DAVID LLOYD REDWAY RUNNERS	00:55:49	00:56:07
678	722	PAUL	HART	TEAM 10K	THE GUMPSTERS		00:56:07	00:56:07
679	44	SARA	EDWARDS-NIXON	F OPEN 10K			00:54:59	00:56:08
680	489	SIMON	LONG	M VET 10K			00:55:08	00:56:08
681	983	MARK	LONG	M OPEN 10K			00:55:58	00:56:08
682	991	MATTHEW	NAPIER	M OPEN 10K			00:54:11	00:56:10
683	664	ROB	GOLDRING	TEAM 10K	MONDAY NIGHT BEER CLUB		00:53:50	00:56:11
684	918	EMMA	RICKETTS	F OPEN 10K			00:55:48	00:56:11
685	1012	PAUL	WOODROOF	M OPEN 10K			00:55:49	00:56:12
686	1658	CHARLOTTE	REA	F VET 10K			00:54:44	00:56:12
687	542	PETER	WELCH	M VET 10K			00:54:52	00:56:13



THE RUN 11 - 10K FINAL RESULTS

688	1256	KELLY	WIEBE	F OPEN 10K		THE STROKE ASSOCIATION	00:55:19	00:56:14
689	370	IAN	RHODES	M OPEN 10K			00:55:42	00:56:15
690	1348	DANIEL	MCRAE	M OPEN 10K			00:53:55	00:56:15
691	840	CHRIS	PRESTON	M OPEN 10K			00:55:17	00:56:18
692	1649	NICOLA	WHATLING	F OPEN 10K			00:55:41	00:56:20
693	616	MARK	LEWIS	TEAM 10K	G I FITNESS	G I FITNESS	00:55:32	00:56:22
694	194	ANNE	HULLY	F VET 10K		DAVID LLOYD REDWAY RUNNERS	00:56:26	00:56:26
695	1815	KIM	KAVANAGH	F OPEN 10K			00:55:52	00:56:26
696	1816	JAMES	O' NEILL	M OPEN 10K			00:56:26	00:56:26
697	769	TRACEY	FISHER	F OPEN 10K			00:55:48	00:56:28
698	1610	CHARLES	NUNN	M VET 10K			00:55:54	00:56:28
699	790	HELEN	VAN	F OPEN 10K			00:55:07	00:56:29
700	917	REBECCA	RANGE	F OPEN 10K			00:55:51	00:56:29
701	1501	ALAN	ANDREWS	M VET 10K			00:55:42	00:56:29
702	74	RUTH	HOWARD	F OPEN 10K			00:56:02	00:56:32
703	1059	STEPHEN	INGRAM	TEAM 10K	PINK PURPLE & PROUD	WOOTTON ROAD RUNNERS	00:56:33	00:56:33
704	1633	NOEL	CONROY	M VET 10K			00:56:19	00:56:33
705	544	JAMES	WILLIAMS	M VET 10K			00:55:22	00:56:34
706	562	CARROL	WESTON	TEAM 10K	BBC RADIO NORTHAMPTON	BBC RADIO NORTHAMPTON	00:55:23	00:56:34
707	1057	ANDREW	MUMFORD	TEAM 10K	PINK PURPLE & PROUD	WOOTTON ROAD RUNNERS	00:55:52	00:56:34
708	408	MIKE	WILLIS	M OPEN 10K			00:55:20	00:56:36
709	399	CHRISTOPHER	WEBB	M OPEN 10K			00:56:38	00:56:38
710	546	IAN	WILLIAMSON	M VET 10K			00:55:33	00:56:40
711	1857	TRICIA	ROGERS	F OPEN 10K			00:56:11	00:56:40
712	850	MARK	CROSBY-EMERY	M VET 10K			00:54:28	00:56:42
713	854	MARK	FROST	M VET 10K			00:55:39	00:56:42
714	980	CARL	HORTON	M OPEN 10K			00:56:27	00:56:42
715	1216	DAVID	KEEVASH	M VET 10K			00:55:44	00:56:42
716	557	CHERYL	WESTWOOD	TEAM 10K	ABBEYFIELD SCHOOL		00:56:00	00:56:43
717	831	JAMES	HARRIS	M OPEN 10K			00:55:45	00:56:43
718	1631	RICHARD	JOHNSON	M VET 10K			00:55:20	00:56:44
719	308	NICK	HOOPER	M OPEN 10K			00:54:49	00:56:46
720	41	NICOLA	DODSWORTH	F OPEN 10K			00:55:34	00:56:47
721	541	ROBERT	WARD	M VET 10K			00:55:17	00:56:47
722	127	JULIE	SMITH	F OPEN 10K		CORBY AC	00:56:10	00:56:52
723	185	HAZEL	FORD	F VET 10K			00:56:09	00:56:52
724	315	MARK	JOHNSON	M OPEN 10K			00:56:19	00:56:54
725	1847	DAVE	PARKER	M OPEN 10K			00:56:45	00:56:55
726	221	USANS	RAMSDALE	F VET 10K			00:55:54	00:56:56
727	1032	ANDREW	MAGUIRE	M VET 10K			00:56:05	00:56:57
728	1559	LISA	JOHNSON	F VET 10K		RUGBY & NORTHANTS AC	00:55:52	00:56:59
729	1054	ZEGAN	LINFOOT	TEAM 10K	NISSAN DK3-4	NISSAN DK3	00:55:34	00:57:01
730	312	PHILIP	JAMES	M OPEN 10K			00:56:09	00:57:03
731	355	ANDREW	PEEL	M OPEN 10K			00:55:26	00:57:03
732	288	BEN	FROST	M OPEN 10K			00:56:37	00:57:05
733	29	STEPHANIE	CHETTLE	F OPEN 10K		RUGBY AND NORTHAMPTON AC	00:56:26	00:57:06
734	1169	JEFF	CLARKE	M OPEN 10K			00:57:04	00:57:08
735	343	DEAN	MUMFORD	M OPEN 10K			00:56:21	00:57:09
736	501	LEE	MOONEY	M VET 10K			00:57:09	00:57:09
737	244	DANIEL	APPS	M OPEN 10K			00:57:00	00:57:12
738	657	TBC	TBC	TEAM 10K	MANOR SCHOOL SPORTS COLLEGE	MANOR SCHOOL SPORTS COLLEGE	00:56:17	00:57:13
739	357	KIRK	PENDER	M OPEN 10K			00:56:10	00:57:14
740	950	ANDREW	ATKINS	M OPEN 10K			00:55:59	00:57:14
741	1798	JOHN	MAHER	M VET 10K			00:56:07	00:57:14
742	376	JUSTIN	SAW	M OPEN 10K			00:56:44	00:57:16
743	1006	CHRIS	WALLACE	M OPEN 10K			00:54:54	00:57:16
744	1253	MICHELLE	CLARIDGE	F OPEN 10K			00:55:55	00:57:16
745	883	ALICE	BRAWN	F OPEN 10K			00:57:13	00:57:17
746	937	SARAH	COWARD	F VET 10K		WELLINGBOROUGH & DISTRICT AC	00:57:17	00:57:17
747	957	IAN	CAREY	M OPEN 10K			00:56:49	00:57:17
748	1489	ANDREW	JOHNSON	M OPEN 10K			00:55:08	00:57:17
749	359	KEVIN	PERRINA	M OPEN 10K			00:56:37	00:57:20
750	102	LAUREN	MOSELEY	F OPEN 10K			00:56:28	00:57:22
751	554	MICHAEL	MPIERI	TEAM 10K	ABBEYFIELD AMBLERS	ABBEYFIELD SCHOOL	00:57:22	00:57:22
752	1848	MARK	GREATREX	M OPEN 10K			00:56:53	00:57:22
753	692	JENNY	BALLINGER	TEAM 10K	PLANNING & REGENERATION NBC	NORTHAMPTON BOROUGH COUNCIL	00:57:23	00:57:23
754	744	TRACY	WATTS	TEAM 10K	TEAM CUMMINS		00:54:52	00:57:23
755	1132	ALISON	ATTRILL	F VET 10K		HINCKLEY RUNNING CLUB	00:57:14	00:57:24
756	1488	STEVEN	EDWARDS	M OPEN 10K			00:57:24	00:57:24
757	1824	PAUL	BURROWS	M VET 10K			00:56:08	00:57:24
758	1011	ALISTER	WILLIS	M OPEN 10K			00:56:21	00:57:27
759	1666	TARAS	MELNIK	M OPEN 10K			00:56:57	00:57:27
760	325	HON	LAM	M OPEN 10K			00:56:22	00:57:29
761	600	COLIN	TOAL	TEAM 10K	FAR COTTON BOXING CLUB		00:55:51	00:57:30
762	602	OLIVER	AVILL	TEAM 10K	FAR COTTON BOXING CLUB		00:55:49	00:57:31
763	349	ANDY	NIGHTINGALE	M OPEN 10K			00:56:30	00:57:33
764	1452	DARREN	ATTWOOD	TEAM 10K	FIRE AND RESCUE (3)	FIRE AND RESCUE (3)	00:56:35	00:57:33
765	182	CHRIS	FARREN	F VET 10K			00:57:34	00:57:34
766	1532	ZEA	MARENGHI	F OPEN 10K			00:56:30	00:57:37
767	1797	JAMES	MAHER	M OPEN 10K			00:56:32	00:57:38
768	164	FELICITY	ARIES	F VET 10K			00:56:34	00:57:39
769	530	JASON	SMITH	M VET 10K			00:56:13	00:57:40
770	1378	JOHN	WILLIAMS	M VET 10K		NISSAN RUNNERS	00:57:25	00:57:41
771	1184	ALAN	KNIGHT	M OPEN 10K			00:56:45	00:57:42
772	362	CHRIS	PILGRIM	M OPEN 10K			00:56:28	00:57:43
773	394	PAUL	TRUMAN	M OPEN 10K		PPCKD	00:57:07	00:57:43



THE RUN 11 - 10K FINAL RESULTS

774	1835	JASON	LLOYD	M OPEN 10K			00:57:01	00:57:44
775	346	CONRAD	NANCARROW	M OPEN 10K		NORTHAMPTON LEISURE TRUST	00:57:18	00:57:45
776	1047	PAUL	TWAMLEY	M VET 10K		BROOKE WESTON ROAD RUNNERS	00:56:55	00:57:46
777	1822	DONNA	CUMBERS	F VET 10K			00:56:28	00:57:46
778	656	ROB	ALEXANDER	TEAM 10K	MANOR SCHOOL SPORTS COLLEGE	MANOR SCHOOL SPORTS COLLEGE	00:56:51	00:57:47
779	1063	KAREN	MILLSOP	TEAM 10K	TEAM HANCOCK		00:56:02	00:57:50
780	1172	DARREN	TSE	M OPEN 10K			00:55:53	00:57:50
781	1223	JAMES	BUSWELL	M VET 10K			00:55:22	00:57:50
782	463	JAMES	HOLLOWELL	M VET 10K			00:56:43	00:57:51
783	773	KELLY	HOGAN	F OPEN 10K			00:57:51	00:57:51
784	827	JIM	FINNEGAN	M OPEN 10K			00:55:33	00:57:52
785	1731	DAVE	WARD	M VET 10K			00:57:53	00:57:53
786	282	JONATHAN	DEMANUEL	M OPEN 10K			00:55:33	00:57:54
787	591	MARIE	BAXTER	TEAM 10K	DFA LAW LLP		00:57:54	00:57:54
788	361	ALAN	PHILLIPS	M OPEN 10K			00:57:28	00:57:56
789	678	JASON	SPENCE	TEAM 10K	OPUS ENERGY CREDIT CARD		00:56:05	00:57:56
790	1279	JOANNA	CUMMINGS	F OPEN 10K		NORTHAMPTON ROAD RUNNERS	00:56:28	00:57:57
791	549	PERRY	JORDON	M VET 10K			00:57:54	00:58:04
792	374	STEVEN	ROURKE	M OPEN 10K			00:57:03	00:58:05
793	438	NIGEL	CARTER	M VET 10K			00:56:51	00:58:05
794	1053	LUKE	BURNDRED	TEAM 10K	NISSAN DK3-4	NISSAN DK3	00:57:25	00:58:05
795	280	NIK	DAVEY	M OPEN 10K			00:57:37	00:58:07
796	547	MARK	WRIGHT	M VET 10K			00:57:09	00:58:07
797	762	STEPHANIE	CARTER	F OPEN 10K			00:58:08	00:58:08
798	878	SIOBHAN	BEANLAND	F OPEN 10K			00:57:09	00:58:09
799	1706	SAM	GREEN	F OPEN 10K			00:57:09	00:58:09
800	652	RICHARD	MARTIN	TEAM 10K	LIVINGWELL HEALTH CLUB		00:56:31	00:58:10
801	1221	MICK	WOOD	M VET 10K		WOOTTON ROAD RUNNERS	00:57:33	00:58:10
802	786	CHANTELLE	RUSSELL	F OPEN 10K			00:57:23	00:58:11
803	1648	SAM	WOODWARD	F OPEN 10K		WELLINGBOROUGH & DISTRICTS ATHLETIC CLUB	00:57:12	00:58:13
804	954	MATTHEW	BERRY	M OPEN 10K			00:57:13	00:58:14
805	1628	TONY	LUCK	M VET 10K			00:56:51	00:58:15
806	306	JONATHAN	HODDLE	M OPEN 10K			00:57:12	00:58:16
807	1555	CARMEN	LUCK	F VET 10K			00:56:52	00:58:16
808	1721	SIMON	ADDISON	M OPEN 10K			00:57:28	00:58:16
809	1354	ROBERT	TITE	M OPEN 10K			00:56:07	00:58:17
810	1526	CLAIRE	FRY	TEAM 10K	GRANGE PARK JOGGERS	GRANGE PARK JOGGERS	00:57:46	00:58:19
811	1528	EMMA	DEMEO	TEAM 10K	GRANGE PARK JOGGERS	GRANGE PARK JOGGERS	00:57:47	00:58:19
812	1484	RICHARD	DUNN	M OPEN 10K			00:57:17	00:58:20
813	1550	LOUISE	ADAMS	F VET 10K		NRR	00:56:52	00:58:20
814	1278	DEBORAH	HOLMES	F OPEN 10K			00:57:14	00:58:21
815	1646	CHLOE	TROUGHTON	F OPEN 10K			00:58:21	00:58:21
816	1268	INGE	FLOWERS	F OPEN 10K			00:56:55	00:58:22
817	123	MICHELLE	SIMMONS	F OPEN 10K		WOOTON ROAD RUNNERS	00:57:22	00:58:25
818	213	ROSEMARY	MCMAHON	F VET 10K			00:56:22	00:58:27
819	1558	SANDRA	COOKSON	F VET 10K			00:57:40	00:58:27
820	469	JONATHAN	HUGHES	M VET 10K			00:56:58	00:58:28
821	420	LAWRENCE	ARBOS	M VET 10K			00:57:08	00:58:29
822	429	MILES	BILLINGHAM	M VET 10K		NORTHAMPTON ROAD RUNNERS	00:57:01	00:58:29
823	1861	EDWARD	DOYLE	M OPEN 10K			00:58:32	00:58:32
824	1294	LINDA	KENSLEY	F VET 10K			00:56:34	00:58:33
825	1199	KEVIN	CHAPMAN	M VET 10K			00:56:03	00:58:35
826	580	EVONNE	CARR	TEAM 10K	DAVENTRY DISTRICT COUNCIL 1	DAVENTRY DISTRICT COUNCIL RUNNING CLUB	00:57:45	00:58:38
827	1759	KATE	MCGRATH	F OPEN 10K			00:58:04	00:58:39
828	687	TOM	BROWN	TEAM 10K	OPUS SALES 2		00:56:20	00:58:42
829	402	RICHARD	WEST	M OPEN 10K			00:57:01	00:58:43
830	1545	WENDY	PERCIVAL	F OPEN 10K			00:57:38	00:58:43
831	1776	SAU	PHAM	M OPEN 10K			00:56:12	00:58:43
832	360	JAMES	PETRIE	M OPEN 10K			00:58:47	00:58:47
833	1	LAURA	AISTON	F OPEN 10K			00:57:19	00:58:48
834	859	EAMON	KENNEDY	M VET 10K		WELLINGBOROUGH & DISTRICT AC	00:57:20	00:58:50
835	1507	FERN	FARMER	TEAM 10K	KINGSTHORPE JOGGERS	UK ATHLETICS	00:57:12	00:58:51
836	1508	JENNY	FLUDE	TEAM 10K	KINGSTHORPE JOGGERS	UK ATHLETICS	00:57:13	00:58:51
837	1726	SAU	PHAM	M OPEN 10K			00:56:20	00:58:51
838	1597	JOHN	JEFFREYS	M OPEN 10K		WOOTTON ROAD RUNNERS	00:56:28	00:58:54
839	135	FIONA	THOMSON	F OPEN 10K			00:58:03	00:58:57
840	1155	TOM	WOODHOUSE	M OPEN 10K			00:57:30	00:58:57
841	534	PHIL	TOWNSEND	M VET 10K			00:58:12	00:59:00
842	1603	LEE	HODDER	M OPEN 10K			00:58:21	00:59:00
843	289	MARK	GALLARD	M OPEN 10K			00:58:13	00:59:01
844	1809	BECKY	OLIVER	F OPEN 10K			00:58:32	00:59:02
845	928	LAURA	WILLS	F OPEN 10K			00:57:47	00:59:05
846	1486	MIKE	DECHENU	M OPEN 10K			00:56:59	00:59:05
847	1730	CHRISTIAN	SAMUELS	M VET 10K			00:57:00	00:59:05
848	1640	SUSAN	THOMPSON	F VET 10K			00:58:17	00:59:09
849	1112	LOU	ATHERTON	F OPEN 10K			00:58:24	00:59:10
850	650	CHARLOTTE	YATES	TEAM 10K	LIVINGWELL HEALTH CLUB		00:57:30	00:59:11
851	1465	LAURA	PECK	TEAM 10K	ALWAYS A CHANCE		00:59:04	00:59:16
852	1527	NICKY	NORTON	TEAM 10K	GRANGE PARK JOGGERS	GRANGE PARK JOGGERS	00:58:48	00:59:21
853	1138	THERESA	FERGUSON	TEAM 10K	RACECOURSE RUNNERS DREAM TEAM		00:58:55	00:59:23
854	752	DR. Y	EVANS	TEAM 10K	TEAM HALLAM		00:57:59	00:59:26
855	780	GUADALUPE	MORERA	F OPEN 10K			00:58:37	00:59:26
856	1180	TERRY	EAGLEN	M OPEN 10K			00:57:51	00:59:26
857	1609	MARK	FRANKLIN	M VET 10K			00:58:16	00:59:26
858	1366	DANIEL	MATTHEWS	M OPEN 10K			00:58:19	00:59:28
859	1829	CAROLINE	PRINCEP	F VET 10K			00:59:12	00:59:28



THE RUN 11 - 10K FINAL RESULTS

860	87	NICKY	LLOYD	F OPEN 10K			00:59:19	00:59:29
861	180	AMANDA	EDWARDS	F VET 10K			00:59:09	00:59:30
862	367	BEN	REANEY	M OPEN 10K			00:58:23	00:59:30
863	584	KIRSTY	WALTERS	TEAM 10K	DAVENTRY DISTRICT COUNCIL 1	DAVENTRY DISTRICT COUNCIL RUNNING CLUB	00:59:31	00:59:31
864	1055	MARK	GILBERT	TEAM 10K	NISSAN DK3-4	NISSAN DK3	00:58:52	00:59:33
865	1525	LOLA	ADEKANMBI	TEAM 10K	GRANGE PARK JOGGERS	GRANGE PARK JOGGERS	00:59:03	00:59:34
866	1524	JOANNA	GAMBLE	TEAM 10K	GRANGE PARK JOGGERS	GRANGE PARK JOGGERS	00:59:03	00:59:35
867	382	DOUG	SMITH	M OPEN 10K			00:58:43	00:59:38
868	1209	COLIN	GYUE	M VET 10K			00:58:16	00:59:38
869	1259	CAROLINE	FERGUSON	F OPEN 10K			00:58:02	00:59:38
870	693	COLIN	STAVES	TEAM 10K	PLANNING & REGENERATION NBC	NORTHAMPTON BOROUGH COUNCIL	00:58:51	00:59:39
871	1678	WAYNE	MUIR	M OPEN 10K			00:59:13	00:59:40
872	749	IAN	EDWARDS	TEAM 10K	TEAM GOLDMAN		00:57:39	00:59:42
873	1330	JAMES	TIMS	M OPEN 10K			00:59:43	00:59:43
874	1079	LUCIE	MURPHY	F OPEN 10K			00:58:50	00:59:45
875	1100	LUCY	HIGGINS	F OPEN 10K			00:58:29	00:59:45
876	133	HOLLY	TAYLOR	F OPEN 10K			00:57:42	00:59:46
877	388	JOHN	TAYLOR	M OPEN 10K			00:57:42	00:59:46
878	1019	IAN	BELL	M VET 10K			00:59:31	00:59:46
879	959	PAUL	CHAPLIN	M OPEN 10K			00:58:29	00:59:48
880	1204	JAMES	NEWMAN	M VET 10K			00:57:17	00:59:49
881	1672	NEIL	MCKENZIE	M OPEN 10K		RUSHDEN RUNNERS	00:58:48	00:59:51
882	283	RICHARD	DEWHIRST	M OPEN 10K			00:58:00	00:59:52
883	578	RUTH	MAHER	TEAM 10K	COPS ON THE RUN		00:58:38	00:59:53
884	921	MICHELLE	SHARP	F OPEN 10K			00:58:34	00:59:53
885	1442	GARETH	HUMPHREY	TEAM 10K	FIRE AND RESCUE (2)	FIRE AND RESCUE 2	00:59:53	00:59:53
886	1469	CAROLINE	COPE	F OPEN 10K		NORTHAMPTON ROAD RUNNERS	00:58:26	00:59:54
887	350	AIDAN	ORDIDGE	M OPEN 10K			00:58:54	00:59:55
888	414	JACK	ALTHORPE	M VET 10K			00:58:46	00:59:55
889	1505	MATT	HAMMON	TEAM 10K	KINGSTHORPE JOGGERS	UK ATHLETICS	00:59:11	00:59:57
890	1563	TRUDI	BALL	F VET 10K			00:59:05	00:59:57
891	73	KATIE	HOLMES	F OPEN 10K			00:59:19	00:59:58
892	326	DARREN	LESLIE	M OPEN 10K			00:57:53	00:59:58
893	497	TONY	MCDERMOTT	M VET 10K			00:58:49	00:59:58
894	1299	VICTORIA	WATSON	F VET 10K			00:59:02	00:59:59
895	170	LIZ	CAHILL	F VET 10K			00:59:23	01:00:01
896	423	PAUL	BARNBY	M VET 10K			00:58:48	01:00:04
897	1652	TAMSIN	LEIGH	F OPEN 10K			01:00:02	01:00:04
898	960	SAMUEL	CHARLTON	M OPEN 10K			00:58:09	01:00:06
899	113	HAYLEY	REED	F OPEN 10K			00:58:35	01:00:08
900	268	STEVEN	CARSTAIRS	M OPEN 10K			00:59:13	01:00:08
901	1691	PHILIP	MIDDLETON	M VET 10K			00:58:52	01:00:10
902	920	JULIE	SAYERS	F OPEN 10K			01:00:02	01:00:13
903	1043	CHRIS	SAYERS	M VET 10K			01:00:02	01:00:13
904	965	DAVE	COSFORD	M OPEN 10K			00:59:19	01:00:18
905	522	CLIFFORD	PUNTER	M VET 10K			00:59:13	01:00:19
906	125	EMMA	SMITH	F OPEN 10K			00:58:52	01:00:22
907	896	TINA	HAZLE	F OPEN 10K			00:59:53	01:00:23
908	898	JODIE	JOHNSON	F OPEN 10K		RUGBY AND NORTHAMPTON AC	00:58:19	01:00:28
909	136	CLARE	TOLMIE-JACKSON	F OPEN 10K			00:59:12	01:00:29
910	218	CAROLINE	PEACH	F VET 10K			00:59:13	01:00:29
911	162	ELIZABETH	ABBIS	F VET 10K			01:00:33	01:00:33
912	379	FRASER	SELLAR	M OPEN 10K			00:59:54	01:00:33
913	1246	JESSICA	BROADHURST	F OPEN 10K			00:59:31	01:00:35
914	855	MICHAEL	HARRIS	M VET 10K			00:58:54	01:00:39
915	1233	DAVID	SZREIDER	TEAM 10K	B-TEAM LOWDOWN		00:59:33	01:00:39
916	961	DIMMOL	CHERRY	M OPEN 10K			00:58:40	01:00:41
917	1064	GARY	MCQUADE	M OPEN 10K			00:58:54	01:00:41
918	1807	CAROL	HOLMES	F VET 10K			00:59:12	01:00:48
919	300	JASON	HALL	M OPEN 10K			00:58:46	01:00:49
920	1519	MARK	O'CALLAGHAN	TEAM 10K	TEAM SHENTON	DALLINGTON PARK	00:59:14	01:00:50
921	387	JAY	TAYLOR	M OPEN 10K			00:59:46	01:00:51
922	1026	IAN	GLYNN	M VET 10K			00:58:52	01:00:51
923	43	CHARLEANE	EASTAFF	F OPEN 10K			00:59:48	01:00:53
924	449	JOHN	FITZHUGH	M VET 10K		ROYAL MAIL	00:59:09	01:00:54
925	1080	KIMBERLEY	ROBERTS	F OPEN 10K			00:59:27	01:00:54
926	264	STEPHEN	BURDEN	M OPEN 10K			00:59:40	01:00:56
927	184	CHRISTINA	FISHLOCK	F VET 10K			01:00:04	01:00:57
928	448	MIKE	FISHLOCK	M VET 10K			01:00:04	01:00:57
929	1400	MARK	CRILLEY	M VET 10K			00:59:19	01:00:57
930	707	GEMMA	CASSIDY	TEAM 10K	SAMARITANS	SAMARITANS	01:00:29	01:01:01
931	1495	WAYNE	EVANS	M VET 10K			00:59:32	01:01:01
932	257	CAMERON	BRADBURY	M OPEN 10K			01:00:10	01:01:04
933	1637	PAUL	DUMPLETON	M VET 10K			00:59:50	01:01:05
934	318	GUS	KEDIZOR	M OPEN 10K			00:59:59	01:01:06
935	1083	LYDIA	BURTON	F OPEN 10K			00:59:39	01:01:06
936	1472	HELEN	FLANAGAN	F VET 10K			00:59:50	01:01:09
937	1667	GRANT	LUCAS	M OPEN 10K			01:00:17	01:01:09
938	702	MICHELLE	MILNE	TEAM 10K	RUNNING FOR BLISS		01:00:01	01:01:10
939	703	STEVE	MILNE	TEAM 10K	RUNNING FOR BLISS		01:01:10	01:01:10
940	1101	NICHOLA	SMITH	F OPEN 10K			00:59:55	01:01:10
941	189	ANGELA	GRAY	F VET 10K			01:00:12	01:01:12
942	1471	SARAH	GROVE	F OPEN 10K		WELLINGBOROUGH & DISTRICT AC	00:59:05	01:01:13
943	492	PAUL	MALPASS	M VET 10K			00:59:57	01:01:14
944	1015	DEAN	ABRAHAM	M VET 10K			01:00:05	01:01:15
945	1220	STEVE	BUSSEY	M VET 10K		WOOTTON ROAD RUNNERS	01:00:32	01:01:15



THE RUN 11 - 10K FINAL RESULTS

946	1742	NICK	HAYTON	M VET 10K			00:59:39	01:01:15
947	62	TRACY	GRUNWELL	F OPEN 10K			01:00:39	01:01:16
948	431	GEOFF	BRAND	M VET 10K			00:59:36	01:01:16
949	1110	HAYLEY	COLE	F OPEN 10K			01:00:19	01:01:18
950	106	JO	O'GRADY	F OPEN 10K			01:00:20	01:01:19
951	933	LINDA	BRITTAN	F VET 10K			01:00:07	01:01:20
952	1210	STUART	LEE	M VET 10K			00:59:30	01:01:20
953	1677	DANIEL	POLLARD	M OPEN 10K			00:59:06	01:01:21
954	330	LEE	MARTIN	M OPEN 10K			01:01:22	01:01:22
955	1122	CALLY	BERKSHIRE	F VET 10K			01:00:13	01:01:25
956	1280	JULIE	WALTER	F OPEN 10K			00:59:38	01:01:25
957	1301	JANE	ATKINSON	F VET 10K			00:59:37	01:01:25
958	1812	EMMA	JANE	F OPEN 10K			01:01:09	01:01:25
959	1813	SHARON	WRIGHT	F VET 10K			01:01:09	01:01:25
960	410	PHILIP	WILSON	M OPEN 10K			00:59:25	01:01:26
961	966	ALEX	COYLE	M OPEN 10K			00:59:09	01:01:28
962	422	BOB	ATHROLL	M VET 10K			01:00:22	01:01:29
963	1117	NIKKI	REEVES	F OPEN 10K			01:00:44	01:01:30
964	1281	SAMANTHA	REYNOLDS	F OPEN 10K			01:00:14	01:01:31
965	1395	WARREN	GIBBINS	M VET 10K			00:59:57	01:01:32
966	1570	SALLY	HEWITT	F VET 10K		WELLINGBOROUGH & DISTRICT ATHLETICS CLUB	01:00:48	01:01:34
967	141	GABRIELLA	VENTURA	F OPEN 10K			01:00:14	01:01:36
968	345	GREGORY	MYLES	M OPEN 10K			01:00:38	01:01:36
969	130	RACHEL	SNOOK	F OPEN 10K			00:59:44	01:01:37
970	1313	JANE	GRIFFIN	F VET 10K			01:00:43	01:01:37
971	672	NEIL	WALKER	TEAM 10K	NCC FINANCE		01:00:06	01:01:42
972	1625	PAUL	ROSS	M VET 10K			01:00:30	01:01:42
973	668	ANGIE	PACKWOOD	TEAM 10K	NASEBY NITRO		01:00:39	01:01:44
974	669	CATHY	LEE	TEAM 10K	NASEBY NITRO		01:00:39	01:01:44
975	1420	MIKE	GALE	M VET 10K			00:59:45	01:01:44
976	1438	DAVID	PRESCOTT	TEAM 10K	THE STROKE STRIDERS		01:00:47	01:01:45
977	619	ASHLEY	RILEY	TEAM 10K	G I FITNESS	G I FITNESS	01:01:46	01:01:46
978	458	PAUL	HARDWICK	M VET 10K			01:00:53	01:01:47
979	1584	NEALE	GREER	M OPEN 10K			01:00:44	01:01:47
980	1590	DARREN	RYLAND	M OPEN 10K			01:00:43	01:01:47
981	768	LUCY	FISHER	F OPEN 10K			00:59:43	01:01:48
982	610	EMILY	TAYLOR	TEAM 10K	FINANCE TEAM OF THE YEAR	NORTHAMPTONSHIRE COUNTY COUNCIL	01:00:17	01:01:53
983	867	KEVIN	POTTS	M VET 10K		ROAD RUNNERS CLUB	01:00:34	01:01:53
984	1582	SAM	POTTS	M OPEN 10K			01:00:35	01:01:53
985	710	STEVEN	HICKEY	TEAM 10K	TEAM HICKEY		01:00:36	01:01:57
986	1445	ALAN	BECKETT	TEAM 10K	FIRE AND RESCUE (2)	FIRE AND RESCUE 2	01:00:00	01:01:57
987	804	HAYLEY	LEADBEATER	F VET 10K			01:00:47	01:01:58
988	1745	MICHAEL	HAYWARD	M VET 10K			01:01:43	01:01:58
989	588	GEORGE	ADAMSON	TEAM 10K	DAVENTRY DISTRICT COUNCIL 2		01:00:40	01:02:00
990	585	KATIE	ARNOLD	TEAM 10K	DAVENTRY DISTRICT COUNCIL 2		01:00:41	01:02:01
991	1277	LISA	ANDERTON	F OPEN 10K			01:00:09	01:02:01
992	1748	DENNIS	WEINBERG	M VET 10K			00:59:34	01:02:04
993	187	LINDSAY	GALLO	F VET 10K			01:00:29	01:02:05
994	1569	SUSAN	ROSS	F VET 10K			01:00:53	01:02:05
995	148	DAISY	WELLER	F OPEN 10K			01:00:52	01:02:06
996	400	SAM	WELLER	M OPEN 10K			01:00:51	01:02:06
997	222	MANDY	ROSIER	F VET 10K			01:00:33	01:02:07
998	788	KEELEY	THOMAS	F OPEN 10K			01:01:06	01:02:07
999	1001	VICKY	SMITH	F OPEN 10K			01:00:58	01:02:07
1000	1245	LORNA	HODGSON	F OPEN 10K			01:01:05	01:02:09
1001	1832	LOUISE	OKE	F VET 10K			01:01:18	01:02:09
1002	309	KARL	HUMPHREY	M OPEN 10K			01:00:34	01:02:10
1003	502	BRIAN	MOORE	M VET 10K			01:02:02	01:02:10
1004	647	SUZANNE	PHIPPS	TEAM 10K	LIVINGWELL 1		01:00:52	01:02:10
1005	169	AMANDA	BURROWS	F VET 10K			01:01:24	01:02:12
1006	435	PAUL	BURROWS	M VET 10K			01:01:23	01:02:12
1007	690	AMANDA-JANE	GRAY	TEAM 10K	PLANNING & REGENERATION NBC	NORTHAMPTON BOROUGH COUNCIL	01:01:26	01:02:14
1008	709	JACQUE	HAMPTON	TEAM 10K	SAMARITANS	SAMARITANS	01:00:05	01:02:15
1009	798	JANIE	CHESTERTON	F VET 10K			01:01:08	01:02:15
1010	1115	JOANNE	MACGREGOR	F OPEN 10K			01:00:56	01:02:15
1011	1839	DAVID	MOORE	M VET 10K			01:01:08	01:02:15
1012	846	SIMON	BELL	M VET 10K			01:01:11	01:02:17
1013	681	CRAIG	GREEN	TEAM 10K	OPUS SALES 1	OPUS ENERGY	00:59:56	01:02:18
1014	796	HELEN	CAMPBELL	F VET 10K		RUGBY AND NORTHAMPTON AC	01:00:46	01:02:19
1015	1174	NEIL	PENDREY	M OPEN 10K		ALWAYS A CHANCE TRUST	01:00:59	01:02:19
1016	1534	CLARE	HOPE	F OPEN 10K			01:00:45	01:02:19
1017	21	VERONIQUE	BRADBURY	F OPEN 10K			01:01:26	01:02:20
1018	745	CHERYL	GOLDMAN	TEAM 10K	TEAM GOLDMAN		01:00:33	01:02:21
1019	1315	ANN	DICKSON	F VET 10K		NORTHAMPTON ROAD RUNNERS	01:01:29	01:02:21
1020	837	ALEX	MACINDOE	M OPEN 10K			01:01:41	01:02:22
1021	725	JIM	HILL	TEAM 10K	THE HILLS	MILTON KEYNES	01:00:24	01:02:23
1022	1009	ROBERT	WEISSENBERGER	M OPEN 10K			01:01:15	01:02:23
1023	1710	MARISSA	THORNHILL	F OPEN 10K			01:01:27	01:02:29
1024	979	CHRISTOPHER	HARRIS	M OPEN 10K			01:01:01	01:02:31
1025	208	JULIE	MCALLISTER	F VET 10K			01:01:10	01:02:32
1026	915	EMMA	PHILLIPSON	F OPEN 10K			01:00:20	01:02:34
1027	978	SIMON	HALL	M OPEN 10K			01:00:19	01:02:34
1028	1146	LEONE	MCCARTHY	M OPEN 10K			01:02:07	01:02:37
1029	27	VANESSA	CAMMELL	F OPEN 10K			01:00:58	01:02:40
1030	292	PETE	GILL	M OPEN 10K			01:01:54	01:02:40
1031	53	ANDREA	GILL	F OPEN 10K			01:01:56	01:02:42



THE RUN 11 - 10K FINAL RESULTS

1032	353	TIM	OZDEMIR	M OPEN 10K			01:00:14	01:02:42
1033	738	NICK	FROST	TEAM 10K	PARK INN 1	PARK INN	01:00:20	01:02:42
1034	1530	STEPH	CARPENTER	F OPEN 10K			01:01:00	01:02:42
1035	645	JAMES	STURDY	TEAM 10K	LIVINGWELL 1		01:01:25	01:02:43
1036	646	PIPPA	GOLLOP	TEAM 10K	LIVINGWELL 1		01:01:26	01:02:43
1037	1577	ARRAN	TILLEY	M OPEN 10K			01:01:00	01:02:43
1038	50	FIONA	GALBRAITH	F OPEN 10K			01:00:16	01:02:44
1039	1035	ROGER	MENDONCA	M VET 10K			01:00:36	01:02:44
1040	193	JULIE	HOWES	F VET 10K			01:01:50	01:02:47
1041	1516	DEBBIE	GROOM	TEAM 10K	TEAM COLES		01:01:12	01:02:48
1042	301	DARYL	HANCOCK	M OPEN 10K			01:01:48	01:02:49
1043	1654	TINA	WALPOLE	F OPEN 10K			01:01:11	01:02:50
1044	1487	RICHARD	BROUGHTON	M OPEN 10K			01:02:23	01:02:51
1045	46	MICHELLE	FARMER	F OPEN 10K			01:01:29	01:02:55
1046	1042	RICHARD	ROSE	M VET 10K			01:01:26	01:02:55
1047	642	ANTHONY	OXLEY	TEAM 10K	LIVINGWELL		01:01:38	01:02:56
1048	1264	JEANETTE	CASEY	F OPEN 10K			01:02:36	01:02:58
1049	705	BEN	BRETT	TEAM 10K	SAMARITANS	SAMARITANS	01:00:47	01:02:59
1050	307	JACK	HOEDEMAKER	M OPEN 10K			01:01:59	01:03:03
1051	1673	MARK	WINTERS	M OPEN 10K			01:00:47	01:03:03
1052	581	SUSAN	ELLIOTT	TEAM 10K	DAVENTRY DISTRICT COUNCIL 1	DAVENTRY DISTRICT COUNCIL RUNNING CLUB	01:02:12	01:03:06
1053	1422	LEONIE	HEARD	TEAM 10K	BUTCHERS CLASSIC		01:02:18	01:03:07
1054	1424	EMMA	BAKER	TEAM 10K	BUTCHERS CLASSIC		01:03:07	01:03:07
1055	614	STEVE	GRESHAM	TEAM 10K	FINANCE TEAM OF THE YEAR	NORTHAMPTONSHIRE COUNTY COUNCIL	01:01:32	01:03:08
1056	1046	TONY	THORPE	M VET 10K			01:01:46	01:03:08
1057	1099	ELIZABETH	GOULDING	F OPEN 10K		MK LAKESIDE RUNNERS	01:01:13	01:03:08
1058	34	REBECCA	COLLINS	F OPEN 10K			01:00:59	01:03:09
1059	512	MARTIN	O'TOOLE	M VET 10K			01:02:12	01:03:10
1060	884	HEATHER	BROWN	F OPEN 10K			01:00:57	01:03:10
1061	494	ROBERT	MAY	M VET 10K			01:00:46	01:03:11
1062	1473	FIONA	KELSALL	F VET 10K			01:01:01	01:03:11
1063	629	ALAN	MACDONALD	TEAM 10K	HCW 2		01:02:29	01:03:12
1064	518	GARY	PIKE	M VET 10K			01:01:09	01:03:13
1065	747	SAM	DINEEN	TEAM 10K	TEAM GOLDMAN		01:01:25	01:03:13
1066	777	CATHERINE	MARKS	F OPEN 10K			01:01:40	01:03:13
1067	1703	SARWAT	ASLAM	F OPEN 10K			01:02:27	01:03:14
1068	760	JULES	BUCHANAN	F OPEN 10K		SAMARITANS	01:01:12	01:03:22
1069	7	SAMANTHA	BATHA	F OPEN 10K			01:01:09	01:03:25
1070	16	KAREN	BLACKSHAW	F OPEN 10K			01:01:11	01:03:27
1071	111	GILLIAN	PRICE	F OPEN 10K			01:02:12	01:03:27
1072	161	MIRANDA	WRIGHT	F OPEN 10K			01:01:11	01:03:27
1073	446	ANDREW	EASTMENT	M VET 10K			01:02:45	01:03:28
1074	1244	REBEKAH	SMITH	F OPEN 10K			01:01:54	01:03:28
1075	1656	JO	YARNALL	F VET 10K			01:01:37	01:03:29
1076	1778	SYLVIA	BENTLEY	M OPEN 10K			01:02:03	01:03:33
1077	1782	KARL	EDWIN	M VET 10K			01:02:03	01:03:33
1078	1567	JUDE	O'SHEA	F VET 10K			01:02:40	01:03:35
1079	1660	RACHEL	RICHARDS	F VET 10K			01:01:37	01:03:39
1080	265	RICHARD	BURNETT	M OPEN 10K			01:02:42	01:03:40
1081	1744	GRAHAM	WILKINSON	M VET 10K			01:01:54	01:03:40
1082	613	BEN	BARLOW	TEAM 10K	FINANCE TEAM OF THE YEAR	NORTHAMPTONSHIRE COUNTY COUNCIL	01:03:01	01:03:41
1083	515	ALAN	PATERSON	M VET 10K			01:02:28	01:03:43
1084	1358	MICHAEL	BROOKS	M OPEN 10K			01:01:26	01:03:44
1085	1862	GEMMA	DOYLE	F OPEN 10K			01:02:49	01:03:45
1086	797	TRACEY	CARSTAIRS	F VET 10K			01:02:51	01:03:46
1087	981	ADAM	JOESBURY	M OPEN 10K		MK LAKESIDE RUNNERS	01:01:53	01:03:48
1088	477	CHRISTOPHER	KEACH	M VET 10K			01:02:10	01:03:50
1089	1121	LISA	WOOD	F VET 10K		WELLINGBOROUGH & DISTRICT AC	01:03:05	01:03:51
1090	1762	CARRIE	ROLFE	F OPEN 10K			01:02:22	01:03:51
1091	1499	DARREN	BROCKWELL	M VET 10K			01:02:24	01:03:52
1092	820	DAMON	BOUGHEN	M OPEN 10K			01:02:37	01:03:53
1093	159	SARA	WILSON	F OPEN 10K		NORTHAMPTONSHIRE COUNTY COUNCIL	01:01:45	01:03:55
1094	676	TANYA	TUCK	TEAM 10K	OPUS ENERGY CREDIT CARD		01:01:34	01:03:56
1095	1704	KATE	KNAPP	F OPEN 10K			01:01:54	01:03:56
1096	114	CAROLINE	RIDDING	F OPEN 10K			01:02:41	01:03:57
1097	1643	MIKAELLA	REES	F OPEN 10K		THE LOW DOWN	01:02:59	01:04:00
1098	742	GARY	BROUGHTON	TEAM 10K	TEAM CUMMINS		01:01:34	01:04:04
1099	351	DAVE	OSBORNE	M OPEN 10K			01:03:03	01:04:05
1100	545	TIM	WILLIAMS	M VET 10K			01:02:19	01:04:09
1101	944	JAN	RANDLE	F VET 10K			01:02:22	01:04:10
1102	941	TONI	MURRAY	F VET 10K		BARCLAYCARD	01:02:29	01:04:17
1103	192	PAULINE	HORNE	F VET 10K		NORTHAMPTON ROAD RUNNERS	01:03:29	01:04:21
1104	1638	IAN	HAYNES	M VET 10K			01:01:56	01:04:24
1105	1175	SCOTT	FREEMAN	M OPEN 10K			01:02:08	01:04:26
1106	573	SUE	LEWIS	TEAM 10K	BRIXWORTH BOOT CAMP	BRIXWORTH BOOT CAMP	01:03:36	01:04:29
1107	1271	SANDRA	SMITH	F OPEN 10K			01:03:33	01:04:33
1108	1295	LYNDA	BEAUMONT	F VET 10K			01:03:21	01:04:34
1109	972	WILLIAM	FROGLEY	M OPEN 10K			01:03:45	01:04:35
1110	261	SHANE	BROWN	M OPEN 10K			01:02:16	01:04:38
1111	811	NINA	WILBY	F VET 10K			01:03:01	01:04:39
1112	926	LOUISE	WARR	F OPEN 10K		RUGBY & NORTHAMPTON AC	01:03:02	01:04:40
1113	327	STEVE	LUCAS	M OPEN 10K			01:02:24	01:04:41
1114	1541	LIBBY	BOWNESS	F OPEN 10K			01:03:27	01:04:42
1115	1548	JULIE	MURRAY	F OPEN 10K			01:03:28	01:04:42
1116	1562	FIONA	SWAN	F VET 10K			01:03:27	01:04:42
1117	1325	GARETH	BROWN	M OPEN 10K			01:02:54	01:04:45



THE RUN 11 - 10K FINAL RESULTS

1118	799	JO	DANIELS	F VET 10K			01:03:47	01:04:46
1119	1306	KATHRINE	DAVIES	F VET 10K			01:03:23	01:04:46
1120	1164	GEORGE	MCCUTCHEON	M OPEN 10K			01:02:50	01:04:51
1121	174	ALISON	COOPER	F VET 10K			01:03:23	01:04:57
1122	1024	PAUL	FROST	M VET 10K			01:04:57	01:04:57
1123	314	DAVID	JENNINGS	M OPEN 10K			01:03:00	01:04:58
1124	661	MICHAEL	SMITH	TEAM 10K	MONDAY NIGHT BEER CLUB		01:02:38	01:04:59
1125	1725	KELVIN	ROBINSON	M OPEN 10K			01:02:50	01:04:59
1126	1137	JULIE	GALKOWSKI	F VET 10K			01:03:43	01:05:00
1127	510	DAVID	O'NEIL	M VET 10K			01:05:01	01:05:01
1128	890	LISA	CRAIG	F OPEN 10K			01:05:01	01:05:01
1129	1247	HEATHER	BURROW	F OPEN 10K			01:03:31	01:05:01
1130	1270	SARAH	SCOTT	F OPEN 10K			01:03:38	01:05:02
1131	787	NATALIE	SEARS	F OPEN 10K			01:03:43	01:05:03
1132	675	MEL	CARTER	TEAM 10K	OPUS ENERGY CREDIT CARD		01:03:07	01:05:05
1133	679	ANDREW	HINDE	TEAM 10K	OPUS ENERGY CREDIT CARD		01:03:07	01:05:05
1134	1010	WILLIAM	WILLIAMS	M OPEN 10K			01:04:06	01:05:09
1135	586	GAIL	EVERETT	TEAM 10K	DAVENTRY DISTRICT COUNCIL 2		01:03:51	01:05:12
1136	587	KELLY	WHEELER	TEAM 10K	DAVENTRY DISTRICT COUNCIL 2		01:03:51	01:05:12
1137	1255	SARA	BROOKS	F OPEN 10K			01:03:27	01:05:15
1138	418	RICHARD	APPLEBY	M VET 10K			01:03:39	01:05:18
1139	934	HEATHER	BURGESS	F VET 10K		WELLINGBOROUGH & DISTRICT AC	01:04:19	01:05:18
1140	1231	ANTHEA	SPENCE	TEAM 10K	B-TEAM LOWDOWN		01:03:06	01:05:19
1141	1820	ANDREW	LANGFORD	M VET 10K			01:04:28	01:05:19
1142	1414	ALAN	BROWN	M VET 10K			01:03:27	01:05:20
1143	1288	HELEN	PERKIN	F VET 10K			01:05:21	01:05:21
1144	635	JACINTA	MAGILL	TEAM 10K	HCW 4		01:04:35	01:05:24
1145	1005	MARK	WALKER	M OPEN 10K			01:03:17	01:05:24
1146	1008	MICHAEL	WARNER	M OPEN 10K			01:03:18	01:05:25
1147	1344	PHILIP	WINCHESTER	M OPEN 10K			01:03:09	01:05:25
1148	1818	HELEN	VEIRA	F OPEN 10K			01:03:11	01:05:25
1149	1819	NICHOLAS	REYNOLDS	M OPEN 10K			01:03:11	01:05:25
1150	38	CLAIRE	DAVIS	F OPEN 10K			01:05:26	01:05:26
1151	163	SYLVIA	ALLEN	F VET 10K			01:02:52	01:05:26
1152	220	JANE	PRITCHARD	F VET 10K		BUGBROOKE	01:04:15	01:05:28
1153	1531	ASHA	MOTEE	F OPEN 10K			01:04:06	01:05:29
1154	1593	MATT	INWOOD	M OPEN 10K			01:04:06	01:05:29
1155	1538	HELEN	ANGELL	F OPEN 10K		RUGBY & NORTHAMPTON ATHLETICS CLUB	01:03:58	01:05:31
1156	870	MARK	THOMAS	M VET 10K			01:03:38	01:05:34
1157	1261	GEMMA	MALTBY	F OPEN 10K			01:05:10	01:05:38
1158	147	NICOLA	WEBB	F OPEN 10K			01:04:21	01:05:39
1159	1262	HANNAH	MALTBY	F OPEN 10K			01:05:10	01:05:39
1160	76	JOANNE	ICKE	F OPEN 10K			01:03:24	01:05:40
1161	1084	ANIKA	STEFANOVIC	F OPEN 10K			01:04:00	01:05:40
1162	1464	HELEN	HELMSLEY	TEAM 10K	ALWAYS A CHANCE		01:04:00	01:05:40
1163	801	SUSAN	HARRIS	F VET 10K			01:03:56	01:05:41
1164	199	HELEN	JUKES	F VET 10K			01:04:42	01:05:48
1165	513	PETER	OWEN	M VET 10K			01:05:48	01:05:48
1166	913	SEEMA	PARMAR	F OPEN 10K			01:04:54	01:05:49
1167	532	MIKE	STEPHENSON	M VET 10K		WAITROSE 682	01:04:18	01:05:50
1168	1421	ANDREA	WARD	TEAM 10K	BUTCHERS CLASSIC		01:05:01	01:05:50
1169	356	JONATHAN	PEEL	M OPEN 10K			01:04:13	01:05:51
1170	496	PHIL	MCCUE	M VET 10K			01:04:07	01:05:51
1171	1428	CHRIS	ALGER	TEAM 10K	BUTCHERS SUPERIOR		01:05:02	01:05:51
1172	914	RACHEL	PERKINS	F OPEN 10K			01:04:13	01:05:52
1173	947	JULIE	TITE	F VET 10K			01:04:43	01:05:52
1174	11	SARAH	BETTS	F OPEN 10K			01:04:54	01:05:53
1175	157	ROSAMUND	WILLIAMS	F OPEN 10K			01:03:47	01:05:53
1176	1016	ALAN	ARMSTRONG	M VET 10K			01:03:37	01:05:53
1177	779	NICKY	MILFORD	F OPEN 10K			01:03:35	01:05:54
1178	875	FAYE	ARMSTRONG	F OPEN 10K			01:03:38	01:05:54
1179	653	KATY	MARTIN	TEAM 10K	LIVINGWELL HEALTH CLUB		01:04:14	01:05:55
1180	746	TRACEY	FRANCIS	TEAM 10K	TEAM GOLDMAN		01:04:07	01:05:55
1181	905	LEANNE	LOVELL	F OPEN 10K		TOWCESTER JOGGERS	01:04:07	01:05:55
1182	177	HILARY	DOMINY	F VET 10K			01:04:35	01:05:56
1183	1551	LYNDSAY	JENKISON	F VET 10K		MK LAKESIDE RUNNERS	01:05:15	01:05:56
1184	955	PAUL	BURROWS	M OPEN 10K			01:04:24	01:05:58
1185	995	DAVID	PIPE	M OPEN 10K			01:06:01	01:06:01
1186	595	PETER	EDGLEY	TEAM 10K	EBENEZER'S RUNNER'S		01:06:02	01:06:02
1187	552	CONRAD	SMITH	TEAM 10K	ABBEYFIELD AMBLERS	ABBEYFIELD SCHOOL	01:03:56	01:06:04
1188	1838	WALEED	MONTASSER	M OPEN 10K			01:03:41	01:06:07
1189	1708	JUSTINE	SCARVACI	F OPEN 10K			01:05:02	01:06:11
1190	1737	JACK	SUMMERFIELD	M VET 10K			01:05:44	01:06:11
1191	680	GEORGINA	CHAPMAN	TEAM 10K	OPUS SALES 1	OPUS ENERGY	01:03:51	01:06:12
1192	1251	CLAIRE	INGRAM	F OPEN 10K		STANLEY RUNNERS	01:04:33	01:06:15
1193	1533	KERRY	STEWART	F OPEN 10K			01:04:29	01:06:18
1194	143	RUTH	WALKER	F OPEN 10K			01:04:16	01:06:24
1195	708	GRAHAM	SMITH	TEAM 10K	SAMARITANS	SAMARITANS	01:04:14	01:06:26
1196	550	CHRIS	ROBINSON	TEAM 10K	ABBEYFIELD AMBLERS	ABBEYFIELD SCHOOL	01:06:14	01:06:29
1197	1335	NICK	HILLIARD	M OPEN 10K		STANLEY RUNNERS	01:04:47	01:06:29
1198	413	DAVID	ALLEN	M VET 10K			01:05:03	01:06:30
1199	1453	DAVE	ARTHUR	TEAM 10K	FIRE AND RESCUE (3)	FIRE AND RESCUE (3)	01:04:14	01:06:32
1200	1089	SAMANTHA	BAINES	F OPEN 10K		STAMFORD STRIDERS	01:04:45	01:06:33
1201	227	LOUISA	STONEHEWER	F VET 10K			01:05:05	01:06:35
1202	1553	DEBBIE	PAVEY	F VET 10K			01:05:31	01:06:36
1203	1701	COURTNEY	MCKEOWN	F OPEN 10K			01:05:52	01:06:36



THE RUN 11 - 10K FINAL RESULTS

1204	245	JAMIE	APPS	M OPEN 10K			01:06:38	01:06:38
1205	767	SALLY	FINNEY	F OPEN 10K			01:05:03	01:06:38
1206	47	LORRAINE	FOSTER	F OPEN 10K			01:05:23	01:06:39
1207	1230	MARK	HARRIS	TEAM 10K	B-TEAM LOWDOWN		01:04:53	01:06:41
1208	1796	STEPHEN	WALKER	M VET 10K			01:04:50	01:06:41
1209	1040	STEPHEN	QUIRKE	M VET 10K			01:04:51	01:06:42
1210	1267	JULIE	CLARK	F VET 10K			01:05:00	01:06:42
1211	1826	JOANNE	CLAYTON	F VET 10K			01:04:35	01:06:42
1212	830	JAMES	HANNELLY	M OPEN 10K			01:05:01	01:06:43
1213	1520	NICOLA	CODNER	TEAM 10K	TEAM SHENTON		01:04:18	01:06:43
1214	25	JOANNA	BURNETT	F OPEN 10K			01:05:46	01:06:44
1215	952	JAMES	BARNES	M OPEN 10K			01:05:54	01:06:45
1216	468	GEOFF	HOWES	M VET 10K			01:04:45	01:06:46
1217	761	LAURA	BULL	F OPEN 10K		READY STEADY RUN	01:05:14	01:06:47
1218	1283	JAC	DEMPSTER	F VET 10K			01:05:15	01:06:49
1219	1291	SARAH	BUTTER	F VET 10K			01:05:15	01:06:49
1220	571	HELEN	IRONS	TEAM 10K	BRIXWORTH BOOT CAMP	BRIXWORTH BOOT CAMP	01:05:58	01:06:51
1221	1249	RACHEL	STRETTON	F OPEN 10K			01:04:52	01:06:56
1222	372	DAVID	RODHOUSE	M OPEN 10K			01:04:37	01:06:58
1223	1804	SOFIA	PUGH	F VET 10K			01:05:48	01:07:02
1224	206	SUZANNE	LINNELL	F VET 10K			01:07:04	01:07:04
1225	871	STEVE	TONKS	M VET 10K			01:07:04	01:07:04
1226	323	CHRISTOPHER	LAW	M OPEN 10K			01:05:40	01:07:06
1227	377	BOB	SCORE	M OPEN 10K			01:05:42	01:07:06
1228	945	GERI	RUTGERS	F VET 10K			01:05:50	01:07:07
1229	28	LISA	CHAPMAN	F OPEN 10K			01:05:39	01:07:10
1230	633	CHANG	LEE	TEAM 10K	HCW 3		01:05:17	01:07:11
1231	785	MARIA	ROWE	F OPEN 10K			01:05:38	01:07:12
1232	789	LEE-ANNE	THORBURN	F OPEN 10K			01:05:24	01:07:12
1233	1116	LOUISE	MUSSON	F OPEN 10K			01:04:51	01:07:12
1234	805	FRAN	LEWIS	F VET 10K			01:05:40	01:07:14
1235	764	EMILY	CLARK	F OPEN 10K			01:04:56	01:07:16
1236	396	DAVE	WALTON	M OPEN 10K			01:05:36	01:07:17
1237	1494	STEVE	COOPER	M VET 10K			01:05:19	01:07:18
1238	1608	GLENN	BOURNE	M OPEN 10K			01:05:45	01:07:18
1239	117	CHERYL	ROCHFORD	F OPEN 10K			01:05:53	01:07:20
1240	565	STEPHANIE	GILLINGHAM	TEAM 10K	BLOCKBUSTER		01:05:31	01:07:24
1241	567	IAN	FRYER	TEAM 10K	BLOCKBUSTER		01:05:31	01:07:24
1242	1700	NEIL	PRITCHARD	M VET 10K			01:05:30	01:07:29
1243	589	MARK	REED	TEAM 10K	DAVENTRY DISTRICT COUNCIL 2		01:07:31	01:07:31
1244	821	JAMES	BUTCHER	M OPEN 10K			01:07:06	01:07:31
1245	996	SIMON	PYGAL	M OPEN 10K			01:06:30	01:07:31
1246	711	SALLY	FURNISS	TEAM 10K	TEAM HICKEY		01:06:12	01:07:35
1247	712	EMMA	RYAN	TEAM 10K	TEAM HICKEY		01:06:12	01:07:35
1248	713	JENNIE	KEECH	TEAM 10K	TEAM HICKEY		01:06:13	01:07:35
1249	1612	ALEX	LEUGS	M VET 10K			01:06:53	01:07:36
1250	204	SUE	LANGUILLE	F VET 10K			01:05:42	01:07:39
1251	888	LIZ	CLARKE	F OPEN 10K			01:06:08	01:07:41
1252	1263	CAROLINE	FRETTER	F OPEN 10K		A AND E CLINICAL STUDENT	01:05:56	01:07:41
1253	572	HELEN	LITTLEBURY	TEAM 10K	BRIXWORTH BOOT CAMP	BRIXWORTH BOOT CAMP	01:05:20	01:07:42
1254	1561	HELEN	SELLERS	F VET 10K			01:06:19	01:07:46
1255	1683	JAY	ROGERS	M OPEN 10K			01:05:19	01:07:47
1256	1755	SHERALYN	BOOKER	F OPEN 10K			01:05:38	01:07:48
1257	1549	AMANDA	JOHN	F VET 10K			01:06:16	01:07:49
1258	95	SHARON	MAYNE	F OPEN 10K			01:05:40	01:07:51
1259	1274	NIKKI	HOBBS	F OPEN 10K			01:05:39	01:07:51
1260	1196	DEAN	COOK	M OPEN 10K			01:05:54	01:07:59
1261	1282	JACQUELINE	COOK	F OPEN 10K			01:05:53	01:07:59
1262	1789	NICOLE	LEMARIE	TEAM 10K	BUCKINGHAM		01:07:59	01:07:59
1263	1788	HELEN	BUCKINGHAM	TEAM 10K	BUCKINGHAM		01:08:00	01:08:00
1264	689	STEVE	HODGES	TEAM 10K	OPUS SALES 2		01:05:40	01:08:01
1265	37	LAURA	CRONIN	F OPEN 10K			01:06:57	01:08:05
1266	101	REBECCA	MILTON	F OPEN 10K			01:05:50	01:08:06
1267	1113	KATE	ROBERTS	F OPEN 10K			01:05:49	01:08:06
1268	908	MEGAN	MILLER	F OPEN 10K			01:07:34	01:08:13
1269	793	JOSIE	BISHTON	F VET 10K			01:06:57	01:08:14
1270	1556	EMMA	ROLFE	F VET 10K		RUGBY & NORTHAMPTON READY STEADY RUNNERS	01:06:45	01:08:15
1271	1273	SIOBHAN	HARMON	F OPEN 10K			01:06:54	01:08:18
1272	1398	DAVID	NEWELL	M VET 10K			01:06:53	01:08:18
1273	1423	JEFF	MARTINS	TEAM 10K	BUTCHERS CLASSIC		01:07:31	01:08:19
1274	1855	TERRI	CHESHIRE	F OPEN 10K			01:05:52	01:08:19
1275	237	MELANIE	WHITTON	F VET 10K			01:06:35	01:08:21
1276	139	NATALIE	TOWNING	F OPEN 10K			01:06:11	01:08:22
1277	877	HELEN	BALLARD	F OPEN 10K			01:06:09	01:08:22
1278	1711	TARA	SARGEANT	F VET 10K			01:06:25	01:08:28
1279	200	GRACE	KEMPSTER	F VET 10K			01:07:29	01:08:29
1280	36	MICHELLE	COTTERILL	F OPEN 10K			01:07:28	01:08:34
1281	1062	KATIE	LE	TEAM 10K	TEAM HANCOCK		01:06:57	01:08:36
1282	234	ANDREA	WALDRON	F VET 10K		CRICK CRACKERS	01:06:29	01:08:38
1283	236	SUE	WHITLING	F VET 10K		JOG ON GIRLS	01:06:28	01:08:38
1284	825	DAVID	CROSS	M OPEN 10K			01:06:58	01:08:40
1285	1094	HAYLEY	WILSON	F OPEN 10K			01:06:49	01:08:42
1286	1088	KYLIE	BENNETT	F OPEN 10K			01:06:50	01:08:43
1287	1254	ALEX	WILSON	F OPEN 10K		IPSWICH JAFFA	01:07:44	01:08:46
1288	1552	LOUISE	PASSAM	F VET 10K			01:06:38	01:08:48
1289	743	IAN	GILLESPIE	TEAM 10K	TEAM CUMMINS		01:06:23	01:08:54



THE RUN 11 - 10K FINAL RESULTS

1290	757	NICOLE	BODDINGTON	F OPEN 10K			01:06:36	01:08:56
1291	1103	MICHELLE	MERRICK	F OPEN 10K			01:07:38	01:08:56
1292	126	JENAYA	SMITH	F OPEN 10K			01:06:44	01:08:58
1293	381	DEAN	SHEARS	M OPEN 10K			01:08:58	01:08:58
1294	962	JAMES	CLARKE	M OPEN 10K			01:08:35	01:08:58
1295	64	ANGELA	HARVEY	F OPEN 10K			01:07:09	01:08:59
1296	663	PETE	DAVIES	TEAM 10K	MONDAY NIGHT BEER CLUB		01:06:35	01:08:59
1297	63	DONNA	HALL	F OPEN 10K			01:07:01	01:09:00
1298	274	PAUL	CORCORAN	M OPEN 10K			01:07:01	01:09:00
1299	149	SARAH	WEST	F OPEN 10K			01:07:19	01:09:01
1300	771	MADELINE	GARTON	F OPEN 10K			01:07:33	01:09:03
1301	826	JON	DUNCKLEY	M OPEN 10K			01:07:33	01:09:04
1302	1676	GLENN	TARRY	M OPEN 10K			01:08:01	01:09:10
1303	197	JULIE	JOHNSON	F VET 10K		RUGBY AND NORTHAMPTON AC	01:07:52	01:09:12
1304	772	EMMELINE	HANNELLY	F OPEN 10K			01:07:30	01:09:12
1305	195	KEREN	IRVING	F VET 10K		NORTHAMPTON ROAD RUNNERS	01:08:29	01:09:14
1306	1195	ROB	WATTS	M OPEN 10K			01:07:21	01:09:16
1307	916	KERRI	PITTAM	F OPEN 10K			01:07:07	01:09:20
1308	1248	KATE	GREEN	F OPEN 10K			01:07:16	01:09:20
1309	1523	KIRSTY	FRIOR	TEAM 10K	TEAM SHENTON		01:07:01	01:09:23
1310	570	MARY	RATCLIFFE	TEAM 10K	BRIXWORTH BOOT CAMP	BRIXWORTH BOOT CAMP	01:07:01	01:09:25
1311	849	JEFF	CLARK	M VET 10K			01:08:10	01:09:27
1312	748	MEL	GAMBRILL	TEAM 10K	TEAM GOLDMAN		01:07:39	01:09:29
1313	643	JO	OXLEY	TEAM 10K	LIVINGWELL		01:08:15	01:09:33
1314	1478	DANIEL	HOLLAND	M OPEN 10K			01:08:20	01:09:35
1315	291	CHRIS	GIBB	M OPEN 10K			01:08:00	01:09:42
1316	1293	JOANNE	NOCTOR	F VET 10K			01:08:05	01:09:42
1317	1123	ANN	AKERMAN	F VET 10K			01:07:48	01:09:44
1318	1837	EMILIA	SHEPPARD	F VET 10K			01:07:19	01:09:45
1319	1514	SARAH	COLES	TEAM 10K	TEAM COLES		01:09:50	01:09:50
1320	132	JEMMA	STEPHENSON	F OPEN 10K			01:08:20	01:09:53
1321	167	MELANIE	BRETNALL	F VET 10K		WAITROSE 682	01:08:21	01:09:53
1322	740	LOUISE	CUMMINS	TEAM 10K	TEAM CUMMINS		01:07:20	01:09:53
1323	1118	NILA	PATEL	F OPEN 10K			01:08:17	01:09:53
1324	1440	STACEY	READ	TEAM 10K	THE STROKE STRIDERS		01:08:54	01:09:54
1325	1234	SUSAN	GUNN	TEAM 10K	B-TEAM LOWDOWN		01:08:08	01:09:57
1326	1846	MATT	GOODMAN	M VET 10K			01:07:55	01:10:02
1327	535	JOHN	TURNBULL	M VET 10K			01:08:43	01:10:11
1328	886	HAYLEY	BURKE	F OPEN 10K			01:08:29	01:10:11
1329	906	CHERYL	MCCULLOCH	F OPEN 10K		BARCLAYCARD	01:08:23	01:10:11
1330	2	ANDREA	ATKINSON	F OPEN 10K			01:09:06	01:10:15
1331	1705	VICTORIA	ROGERS	F OPEN 10K			01:08:07	01:10:15
1332	1243	EMILY	COOK	F OPEN 10K			01:09:12	01:10:16
1333	1518	NATALIE	JENNINGS	TEAM 10K	TEAM COLES		01:08:40	01:10:16
1334	71	JODIE	HOLLAND	F OPEN 10K			01:08:08	01:10:17
1335	366	PHILIP	RATCLIFFE	M OPEN 10K			01:08:09	01:10:17
1336	1095	DONNA	BILLING	F OPEN 10K			01:08:34	01:10:21
1337	1290	RACHAEL	LEWIS	F VET 10K			01:08:46	01:10:22
1338	540	VERNON	WALDRON	M VET 10K			01:07:51	01:10:24
1339	66	SAMANTHA	HERRING	F OPEN 10K			01:09:00	01:10:28
1340	685	JOHN	TINSTON	TEAM 10K	OPUS SALES 2		01:08:05	01:10:30
1341	686	ADAM	BRITNELL	TEAM 10K	OPUS SALES 2		01:08:08	01:10:30
1342	812	ALEXANDRA	WRIGHT	F VET 10K			01:08:07	01:10:33
1343	1039	STEVE	PITTAM	M VET 10K			01:10:34	01:10:34
1344	1206	JOHN	WOOD	M VET 10K			01:08:09	01:10:41
1345	1437	LAURA	LAW	TEAM 10K	THE STROKE STRIDERS		01:08:47	01:10:46
1346	480	MARK	KETTLE	M VET 10K			01:08:19	01:10:49
1347	1114	SARAH	BULL	F OPEN 10K			01:09:15	01:10:51
1348	551	MIKE	ROUND	TEAM 10K	ABBEYFIELD AMBLERS	ABBEYFIELD SCHOOL	01:08:26	01:10:52
1349	879	CLARISSA	BELLAMY	F OPEN 10K			01:09:26	01:10:52
1350	80	ROSANNE	JONES	F OPEN 10K			01:08:38	01:10:55
1351	1381	TOBY	WILLIAMS	M VET 10K			01:08:57	01:11:02
1352	1124	BEVERLEY	CHAPMAN	F VET 10K			01:08:13	01:11:04
1353	1136	SUSAN	BORRETT	F VET 10K			01:08:15	01:11:04
1354	1821	VICKY	CLARK	F OPEN 10K			01:10:17	01:11:08
1355	1566	CAROLE	POWELL	F VET 10K			01:09:40	01:11:10
1356	109	ELIZABETH	POOLE	F OPEN 10K			01:09:29	01:11:16
1357	225	DI	SPOONER	F VET 10K			01:09:58	01:11:19
1358	1106	ANNA-MARIE	STANLEY	F OPEN 10K			01:09:43	01:11:28
1359	1521	LAURA	BARUCH	TEAM 10K	TEAM SHENTON		01:09:06	01:11:31
1360	897	KATE	JAMES	F OPEN 10K			01:09:55	01:11:37
1361	226	LEIGH	STEERE	F VET 10K		DAVID LLOYD REDWAY RUNNERS	01:10:06	01:11:38
1362	1111	LUCY	GYLES	F OPEN 10K			01:09:33	01:11:38
1363	61	HELEN	GREENBANK	F OPEN 10K			01:10:09	01:11:39
1364	776	VICTORIA	LESCHENKO	F OPEN 10K			01:11:16	01:11:39
1365	559	LAURA	WILKINSON	TEAM 10K	ABBEYFIELD SCHOOL		01:10:29	01:11:41
1366	1709	DAWN	MAYSEY	F OPEN 10K			01:11:41	01:11:41
1367	1764	JO	CHAMBERS	F OPEN 10K			01:09:38	01:11:41
1368	1517	AMY	CHAMBERLAIN	TEAM 10K	TEAM COLES		01:09:22	01:11:42
1369	868	DAVE	SALMONS	M VET 10K			01:10:49	01:11:45
1370	1436	CLAIRE	OLIVER	TEAM 10K	THE STROKE STRIDERS		01:10:53	01:11:51
1371	700	MARK	BIDWELL	TEAM 10K	RUNNING FOR BLISS		01:10:44	01:11:52
1372	1390	JOHN	OLIVER	M VET 10K		NORTHAMPTON ROAD RUNNERS	01:11:08	01:11:59
1373	1630	GRAHAM	SMITH	M VET 10K			01:09:30	01:12:04
1374	67	DEBORAH	HICKS	F OPEN 10K			01:09:45	01:12:17
1375	648	VICKY	MARTIN	TEAM 10K	LIVINGWELL 1		01:10:59	01:12:17



THE RUN 11 - 10K FINAL RESULTS

1376	124	LORI	SIMPSON	F OPEN 10K			01:10:28	01:12:22
1377	1743	SUSAN	HEALEY	F VET 10K		MK LAKESIDE RUNNERS	01:10:12	01:12:24
1378	813	CELIA	WYKES	F VET 10K			01:10:18	01:12:37
1379	527	JOHN	ROURKE	M VET 10K			01:11:19	01:12:40
1380	68	SARAH	HOBBS	F OPEN 10K			01:10:41	01:12:51
1381	1139	HELEN	LIFFORD	F VET 10K		RUGBY AND NORTHAMPTON AC	01:10:38	01:12:57
1382	18	SUKEALLIA	BLOUNT	F OPEN 10K		RUNBRITIAN	01:11:05	01:12:58
1383	146	EMMA	WARD	F OPEN 10K		WAITROSE 682	01:11:30	01:13:02
1384	56	BRIDGET	GODFREY	F OPEN 10K			01:12:03	01:13:17
1385	294	TIM	GODFREY	M OPEN 10K			01:12:03	01:13:17
1386	1466	STEPH	DAVIES	F OPEN 10K			01:12:25	01:13:34
1387	247	ALAN	ARCHER	M OPEN 10K			01:12:19	01:13:37
1388	1082	GEMMA	BLORE	F OPEN 10K			01:11:27	01:13:42
1389	885	SHARON	BRYAN	F OPEN 10K		WRN - CRICK CRACKERS	01:11:34	01:13:45
1390	499	PAUL	MILLIGAN	M VET 10K			01:11:42	01:13:46
1391	880	EVONNE	BIRCH	F OPEN 10K			01:12:28	01:14:04
1392	1257	FIONA	SEAL	F OPEN 10K		RUGBY READY STEADY RUN	01:12:28	01:14:04
1393	108	VIV	PLANAS	F OPEN 10K			01:11:52	01:14:08
1394	566	LISA	LEWIS	TEAM 10K	BLOCKBUSTER		01:12:21	01:14:14
1395	75	SARAH	HOWARD	F OPEN 10K			01:12:35	01:14:16
1396	83	JULIE	LAW	F OPEN 10K			01:12:35	01:14:16
1397	1626	JOHN	OLDERSAHW	M VET 10K			01:12:03	01:14:18
1398	537	RICHARD	TWINER	M VET 10K			01:13:00	01:14:23
1399	104	CLAUDY	NEAL	F OPEN 10K			01:12:08	01:14:29
1400	809	JACKIE	SKIPP	F VET 10K			01:12:55	01:14:30
1401	688	CHRIS	SWAIN	TEAM 10K	OPUS SALES 2		01:12:15	01:14:39
1402	582	SIMON	FRENCH	TEAM 10K	DAVENTRY DISTRICT COUNCIL 1	DAVENTRY DISTRICT COUNCIL RUNNING CLUB	01:13:11	01:14:43
1403	845	COLIN	ANDREWS	M VET 10K			01:13:11	01:14:43
1404	892	FIONA	DILLON	F OPEN 10K			01:13:13	01:14:43
1405	781	CLAIRE	PARRY	F OPEN 10K			01:13:58	01:14:46
1406	490	ANDY	LORNE	M VET 10K			01:13:21	01:14:47
1407	536	PETER	TURNER	M VET 10K			01:12:23	01:14:51
1408	371	LEE	ROBERTSON	M OPEN 10K			01:12:23	01:14:52
1409	1468	AMY	DUB	F OPEN 10K			01:14:03	01:14:54
1410	321	CHRIS	LACK	M OPEN 10K			01:14:23	01:14:55
1411	15	TANYA	BLACK	F OPEN 10K			01:14:15	01:15:09
1412	869	GURNAM	SINGH	M VET 10K			01:13:03	01:15:17
1413	1128	JULIE	SPRAYSON	F VET 10K			01:13:17	01:15:27
1414	699	MARK	JOHNSON	TEAM 10K	RICHIE LONG STOCKINGS & THE DNF'S		01:14:38	01:15:28
1415	795	ANNE-MARIE	BURKE	F VET 10K			01:14:04	01:15:30
1416	48	SAMANTHA	FOWARD	F OPEN 10K			01:13:59	01:15:38
1417	6	STEPHANIE	BARNARD	F OPEN 10K			01:14:29	01:15:39
1418	85	MICHELLE	LEWIS	F OPEN 10K			01:14:13	01:15:41
1419	737	DEAN	KNOTT	TEAM 10K	PARK INN 1	PARK INN	01:13:14	01:15:41
1420	606	SIMON	SNEDDON	TEAM 10K	FAWSLEY VELOCITY	THE UNIVERSITY OF NORTHAMPTON	01:15:55	01:15:55
1421	607	KATIE	SNEDDON	TEAM 10K	FAWSLEY VELOCITY	THE UNIVERSITY OF NORTHAMPTON	01:13:57	01:15:56
1422	608	KIRSTIE	BEST	TEAM 10K	FAWSLEY VELOCITY	THE UNIVERSITY OF NORTHAMPTON	01:13:57	01:15:56
1423	556	JO	SILVESTRE	TEAM 10K	ABBEYFIELD SCHOOL		01:16:10	01:16:10
1424	1242	EMILY	WESTON	F OPEN 10K			01:15:22	01:16:26
1425	79	NICOLA	JONES	F OPEN 10K			01:15:22	01:16:33
1426	238	CHRISTINE	WILLIAMS	F VET 10K			01:15:22	01:16:33
1427	1546	EMMA	BISHOP	F OPEN 10K			01:15:01	01:16:35
1428	209	DEBBIE	MCAULAY	F VET 10K			01:14:32	01:16:43
1429	3	CAREN	AYRES	F OPEN 10K			01:14:33	01:16:44
1430	665	NATALIE	JONES	TEAM 10K	NASEBY NITRO		01:14:48	01:16:51
1431	666	NICK	HARTOP	TEAM 10K	NASEBY NITRO		01:14:48	01:16:51
1432	1854	RHEA	KEEHN	F OPEN 10K		WEST NORTHAMPTONSHIRE DEVELOPMENT CORPORATION	01:14:44	01:16:53
1433	119	KAMA	ROGOSZ	F OPEN 10K			01:15:46	01:17:04
1434	467	STEVE	HOWELL	M VET 10K			01:15:16	01:17:04
1435	57	CARLY	GOODMAN	F OPEN 10K			01:15:29	01:17:10
1436	144	CAITLIN	WARBURTON	F OPEN 10K			01:16:53	01:17:18
1437	802	JOAN	INGRAM	F VET 10K			01:15:23	01:17:21
1438	930	MAUREEN	ADAMS	F VET 10K			01:15:23	01:17:21
1439	151	BRIDGET	WHALE	F OPEN 10K			01:15:56	01:17:38
1440	1719	IAN	WINTER	M OPEN 10K			01:15:57	01:17:47
1441	1077	BECKI	KNIGHT	F OPEN 10K			01:15:34	01:17:49
1442	1087	KAYLEIGH	ROBERTS	F OPEN 10K			01:15:36	01:17:51
1443	1130	JO	BAYES	F VET 10K			01:15:37	01:17:51
1444	1586	DEAN	LEIGHTON	M OPEN 10K		EPT RUSHDEN	01:16:05	01:17:55
1445	1515	HELEN	CHAPMAN	TEAM 10K	TEAM COLES		01:15:49	01:18:10
1446	1036	STEVE	MOBLEY	M VET 10K			01:16:10	01:18:17
1447	1447	CARLA	WILLIAMS	TEAM 10K	FIRE AND RESCUE (4)		01:18:20	01:18:24
1448	181	LINN	ENTICOTT	F VET 10K			01:16:28	01:18:27
1449	1129	DANA	HANNON	F VET 10K			01:16:17	01:18:30
1450	1419	ANTHONY	SOUTHGATE	M VET 10K			01:16:29	01:18:36
1451	577	EMMA	ANDERSON	TEAM 10K	COPS ON THE RUN		01:16:48	01:18:53
1452	12	CLARE	BILLSON	F OPEN 10K			01:18:54	01:18:54
1453	1237	CLAIRE	SPOKES	TEAM 10K	ALWAYS A CHANCE TRUST	ALWAYS A CHANCE TRUST	01:17:00	01:19:02
1454	904	ELLEN	LINNETT	F OPEN 10K			01:17:07	01:19:10
1455	1663	CAROLINE	MCCOWEN	F VET 10K		BLISWORTH	01:17:07	01:19:11
1456	1097	TAMSIN	ALSBUY	F OPEN 10K			01:17:29	01:19:16
1457	1240	ABIGAIL	BEADLE	F OPEN 10K			01:16:45	01:19:19
1458	1401	MALCOLM	WIDGER	M VET 10K			01:16:45	01:19:19
1459	1109	EMMA	AGG	F OPEN 10K			01:17:02	01:19:29
1460	1192	GLENN	WILLIS	M OPEN 10K			01:17:02	01:19:29
1461	1411	DANNY	WEISENBERGER	M VET 10K			01:17:29	01:19:30



THE RUN 11 - 10K FINAL RESULTS

1462	219	HELEN	PIKE	F VET 10K			01:17:53	01:19:39
1463	82	DIVYA	LAD	F OPEN 10K			01:17:41	01:19:49
1464	803	ROSEMARY	KENNEDY	F VET 10K			01:17:57	01:19:56
1465	1767	MATTHEW	MILLER	M OPEN 10K			01:17:51	01:20:00
1466	1266	JODEAN	BEILBY	F OPEN 10K			01:18:09	01:20:01
1467	224	SHIRLEY	SMEATON	F VET 10K			01:18:09	01:20:08
1468	1463	KATIE	EGAN	TEAM 10K	ALWAYS A CHANCE		01:19:57	01:20:09
1469	1756	ALISON	COWLARD	F OPEN 10K			01:17:51	01:20:14
1470	1833	RACHAEL	COLLETT	F OPEN 10K			01:17:52	01:20:14
1471	677	CLAIRE	KALLMEIER	TEAM 10K	OPUS ENERGY CREDIT CARD		01:18:04	01:20:27
1472	791	LIZ	WRIGHT	F OPEN 10K			01:19:14	01:20:32
1473	728	MAXINE	HILL	TEAM 10K	THE HILLS	MILTON KEYNES	01:20:38	01:20:38
1474	924	LAURA	SZREIDER	F OPEN 10K			01:19:18	01:20:42
1475	1547	CLARE	WHITEHEAD	F OPEN 10K			01:19:09	01:20:43
1476	714	LYNN	BURGESS	TEAM 10K	TEAM HICKEY		01:19:40	01:21:03
1477	1794	GARETH	GRYLLS	M OPEN 10K			01:19:59	01:21:15
1478	694	CHRIS	WILLIAMS	TEAM 10K	PLANNING & REGENERATION NBC	NORTHAMPTON BOROUGH COUNCIL	01:20:08	01:21:30
1479	1037	DAVID	MURRAY	M VET 10K			01:20:07	01:21:42
1480	1347	MICHAEL	SHANNON	M OPEN 10K			01:19:40	01:21:45
1481	1258	VICTORIA	SHANNON	F OPEN 10K			01:19:41	01:21:46
1482	1265	LUCY	LUKINS	F OPEN 10K			01:19:35	01:21:47
1483	882	KATH	BRAUNSTON	F OPEN 10K			01:20:18	01:21:48
1484	1085	AISHA	SARNEY-ALEXANDER	F OPEN 10K			01:22:28	01:22:28
1485	907	DONNA	MCLEAN	F OPEN 10K			01:21:12	01:22:36
1486	611	ALYSON	SPRING	TEAM 10K	FINANCE TEAM OF THE YEAR	NORTHAMPTONSHIRE COUNTY COUNCIL	01:21:15	01:22:53
1487	628	JACK	ROBINSON	TEAM 10K	HCW 2		01:22:00	01:24:05
1488	637	SABINA	NICHOLLS	TEAM 10K	HCW 4		01:23:17	01:24:05
1489	910	FRAN	NEAL	F OPEN 10K			01:23:11	01:24:39
1490	598	IAIN	JENKINS	TEAM 10K	EBENEZER'S RUNNER'S		01:23:14	01:24:53
1491	1522	RUTH	ALEXANDER	TEAM 10K	TEAM SHENTON		01:22:38	01:25:00
1492	207	JACQUELINE	MAY	F VET 10K			01:22:37	01:25:03
1493	1684	GILES	MURPHY	M OPEN 10K			01:22:55	01:25:03
1494	277	MARK	CRONIN	M OPEN 10K			01:23:57	01:25:05
1495	210	ANNE	MCCUE	F VET 10K			01:23:58	01:25:42
1496	909	TEJAL	MISTRY	F OPEN 10K			01:24:35	01:26:10
1497	940	JAYSHREE	MISTRY	F VET 10K			01:24:39	01:26:14
1498	129	RHIANNON	SMITH	F OPEN 10K			01:24:21	01:26:15
1499	1030	LANCE	KEIGHTLEY	M VET 10K			01:24:11	01:26:25
1500	942	LUCY	PERKINS	F VET 10K			01:25:17	01:26:27
1501	627	MARTIN	WALKER	TEAM 10K	HCW 2		01:24:56	01:26:52
1502	1795	CHARLOTTE	TULLOCH	F OPEN 10K			01:24:38	01:26:54
1503	1800	HANNAH	HAYES	F OPEN 10K			01:24:38	01:26:54
1504	736	JULIE	WILSON	TEAM 10K	PARK INN 1	PARK INN	01:24:38	01:27:05
1505	112	PARUL	RAVALIA	F OPEN 10K		WAITROSE 682	01:25:42	01:27:14
1506	1187	BRIAN	CHRISTIE	M OPEN 10K			01:25:01	01:27:32
1507	1119	CLARE	CHRISTIE	F OPEN 10K			01:25:07	01:27:38
1508	1311	SUE	DAWKINS	F VET 10K			01:26:07	01:27:45
1509	932	JANET	BRAUNSTON	F VET 10K			01:28:06	01:29:36
1510	636	CHARLOTTE	DUNKLEY	TEAM 10K	HCW 4		01:28:53	01:29:44
1511	639	SARAH	STEWART	TEAM 10K	HCW 4		01:28:54	01:29:44
1512	1076	LISA	PURCELL	F OPEN 10K			01:29:29	01:29:49
1513	145	LAUREN	WARBURTON	F OPEN 10K			01:30:23	01:30:48
1514	634	JAMES	MCCLELLAND	TEAM 10K	HCW 3		01:29:03	01:30:59
1515	912	RACHEL	OTTEN	F OPEN 10K			01:30:48	01:32:18
1516	241	JACK	ALLEN	M OPEN 10K			01:33:58	01:34:23
1517	753	MR G	ROWE	TEAM 10K	TEAM HALLAM		01:32:26	01:34:38
1518	1851	KATHERINE	YOULE	F OPEN 10K			01:32:57	01:35:13
1519	1470	BERNADETTE	FLECK	F OPEN 10K			01:32:58	01:35:14
1520	59	MYRA	GOWEN	F OPEN 10K		WAITROSE 682	01:34:49	01:36:19
1521	555	MICHELE	DUBB	TEAM 10K	ABBEYFIELD SCHOOL		01:35:42	01:36:54
1522	750	MICHAEL	HALLAM	TEAM 10K	TEAM HALLAM		01:35:17	01:37:30
1523	1078	DIONNE	CUSDEN	F OPEN 10K			01:35:39	01:37:55
1524	1135	THERESA	ROSE	F VET 10K			01:35:39	01:37:55
1525	90	KATE	LUCK	F OPEN 10K			01:36:07	01:38:05
1526	22	CARLY	BRAYBROOK	F OPEN 10K			01:36:08	01:38:06
1527	751	MRS D	HALLAM	TEAM 10K	TEAM HALLAM		01:36:41	01:38:54
1528	754	MRS J	ROWE	TEAM 10K	TEAM HALLAM		01:36:43	01:38:54
1529	1120	BERNADETTE	BAINES	TEAM 10K		STAMFORD STRIDERS	01:39:20	01:39:20
1530	1308	KAREN	TIMSON	F VET 10K			01:38:53	01:40:40
1531	1314	JEAN	SMITH	F VET 10K			01:38:58	01:40:40
1532	239	VAL	WINGROVE	F VET 10K			01:43:51	01:45:42
1533	734	GLENDA	HERBERT	TEAM 10K	YALINI'S TEAM		01:43:56	01:45:55
1534	730	JACKIE	BROME	TEAM 10K	YALINI'S TEAM		01:50:35	01:52:34
1535	731	YALINI	GUNARAJAH	TEAM 10K	YALINI'S TEAM		01:50:39	01:52:38
1536	1218	NICK	DZYDZA	M VET 10K			01:53:04	01:55:26
1537	1134	VERENA	DZYDZA	F VET 10K			01:53:07	01:55:29
1538	1141	PAULINE	JOHNSON	F VET 10K			01:53:08	01:55:30
1539	1575	TERRY	DAVIS	M OPEN 10K			01:55:58	01:58:36
1540	1539	ALI	WILSON	F OPEN 10K			01:56:26	01:59:05
1541	1596	PAUL	CAMPBELL	M OPEN 10K			01:56:36	01:59:09
1542	1573	AARON	CROPP	M OPEN 10K			01:56:43	01:59:19
1543	1592	JON	LASHLEY	M OPEN 10K			01:56:50	01:59:29
1544	1830	JEMMA	HUDSON	F OPEN 10K			01:56:53	01:59:30
1545	1733	LINDSAY	SHENTON	TEAM 10K	TEAM SHENTON		02:14:24	02:14:24